



CITY OF FIRCREST

# **PARKS & RECREATION**

**SUMMER PROGRAMS & ACTIVITIES 2018**

**[WWW.CITYOFFIRCREST.NET](http://WWW.CITYOFFIRCREST.NET)**

# Introduction

The Summer is upon us, the pool is open and our events are underway. We have a variety of great programs to participate in this summer, along with all of our great community events. We are also in the midst of one of the most important design processes the Parks and Recreation Department has gone through since 1960.

The Roy H. Murphy Community Center and Community Pool complex was built between 1960-1962. After decades of service, the pool has reached the end of its lifespan and limps along with a number of issues: unlevel deck and skimmers, leaking pipes, aged mechanical equipment, and a design that does not account for the high-water table of the site. The cost of renovating the pool approaches the cost of a new pool that would fix these problems and provide more current amenities.

Issues with the Community Center are similar. The facility is aged and continually more difficult to maintain. The building is inefficient in both its physical operation as well as its layout. The basketball floor is in need of replacement and most of the facility does not meet ADA requirements.

These parks and recreation facilities provide unmatched social equity, and are a place for youth and families to come learn, play, and grow together. For several years now, the City has been working towards replacement of the Community Pool as well as the Community Center. I encourage you to attend the public meetings and join this exciting process! You can also find detailed information on our webpage at <https://www.cityoffircrest.net/community-center-pool-project/>

Sincerely,  
Jeff Grover, Director  
Fircrest Parks and Recreation Department

## City Officials

### Fircrest City Council

Mayor Hunter T. George

Mayor Pro Tempore Denny Waltier

David M. Viafore

Shannon Reynolds

Brett L. Wittner

Blake J. Surina

Jamie Nixon

## Parks & Recreation Staff

### Parks & Recreation Director

Jeff Grover

Email: [jgrover@cityoffircrest.net](mailto:jgrover@cityoffircrest.net)

### Recreation Coordinator

Chris Wells

Email: [cwells@cityoffircrest.net](mailto:cwells@cityoffircrest.net)

### Recreation Office Coordinator

Jenny Huntsman

Email: [jhuntsman@cityoffircrest.net](mailto:jhuntsman@cityoffircrest.net)

### Community Event Specialist

Kristen Kubitza

Email: [kkubitza@cityoffircrest.net](mailto:kkubitza@cityoffircrest.net)

### Parks Supervisor

Andy Piercy

## Cover Photo Contest



If you have a photo of a Fircrest event you'd like to see featured on the cover of the fall brochure, submit a high resolution file to Recreation Coordinator Wells.

## Community Center Summer Hours

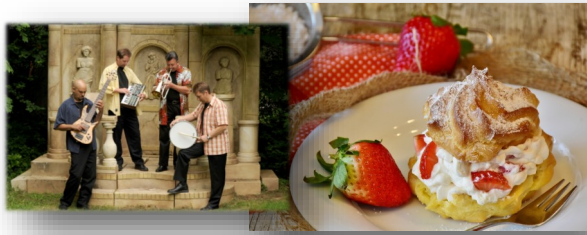
Monday-Thursday	8 AM - 9 PM
Friday	8 AM - 10 PM
Saturday	9 AM - 5 PM
*Sunday	9 AM - 5 PM

*\*June 4- August 27*

## Important Numbers

City Hall	253-564-8901
Public Works	253-564-8900
Police Non-Emergency	253-565-1198
Fire Non-Emergency	253-564-2581
Municipal Court	253-564-8922
Community Center	253-564-8177

# Community Events



## Strawberry Feed & Band Concert

June 24, 5:30PM

Listen to great music at the Ron Russo Pavilion at Fircrest Park while enjoying Strawberry Shortcake. Shortcake will be served at 5:30 PM and the band will begin at 6 PM. Cost is \$2.00 per shortcake.

## Fircrest Picnic and Rod Run

July 8, 10AM-3PM

A wonderful tradition is back again to showcase over 300 cars at Fircrest Park. The Fircrest Kiwanis will be serving a great breakfast and burgers for lunch..



## National Night Out

August 7, 6-9PM

Join the Fircrest Police Department at Fircrest Park for an array of emergency vehicles, police cars, fire trucks, ambulances, free giveaways, free rides, balloons and more! Finish off the evening with a fireworks show in memory of Rob Freeman.

## Fircrest Fun Days

August 10 & 11

Two days of fun you don't want to miss! Visit over 50 booths featuring local artists and businesses. Friday night festivities start with the Kiwanis Spaghetti Dinner and live music. Join us Saturday for the Kiwanis Pancake Breakfast followed by kid's performances, reptiles and three great bands. Close out the evening with our annual Fircrest Fun Days Fireworks Show.

## Movie & Picnic in the Park

July 20, 6PM

(Movie starts at 9:00PM)

Join us for this year's feature presentation of Star Wars, The Last Jedi. The event starts at 6 PM, so find your spot on the grass and have some fun playing frisbee, volleyball, and eating hot dogs prepared by the Fircrest Kiwanis. The movie is scheduled to start at 9:00 PM.

## Support your Community

### FIRCREST KIWANIS

Join us the 2nd Thursday of each month at the Fircrest Recreation Center at 6 PM.

### INSTRUCTORS WANTED!

Here is your opportunity to teach youth/adult/senior classes in arts & crafts, dance, science, health, fitness, sports and hobbies at our Community Center. If you have an idea, please send us your resume and brief course description to the Community Center.

555 Contra Costa Ave  
Fircrest WA 98466

### VOLUNTEER

If you are interested in volunteering for any or all of these upcoming special events contact the staff at the Community Center, 253-564-8177.

### GILMUR GRUBBERS

Join the Gilmur Grubbers, a group of volunteer Habitat Stewards taking care of Thelma Gilbur Park, they will be out at the Park the first Monday of every month from 9am -12pm and would love your help keeping the park maintained!

Email for more info: [belindap@pierccd.org](mailto:belindap@pierccd.org)

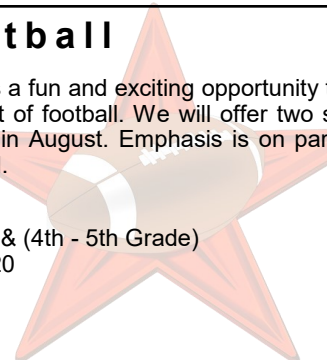


# Youth Activities

## Youth Flag Football

This league will provide participants a fun and exciting opportunity to engage in continuous action while introducing youth to the sport of football. We will offer two separate divisions and players will be notified of team placement in August. Emphasis is on participation, sportsmanship, and fun! Volunteer coaches are needed.

Divisions/Grades: (1st - 3rd Grade) & (4th - 5th Grade)  
 Registration Dates: June 25 - July 20  
 Fee: \$40 per player



## UK Elite Day Soccer Camp

Nobody can match our experience! The 1st Professional Youth Soccer Training organization in the USA. Everything we do is designed to maximize the sporting potential of individual players, teams, clubs & coaches. We believe in thinking creatively so our passion for the game can directly benefit youth soccer in your community.

**Register online at [ukelite.com](http://ukelite.com)**

Date: July 23 - 27  
 Ages: 5-14 years old  
 Time: 9 AM - Noon  
 Fee: \$155

Date: August 20 - 24  
 Ages: 5 - 14 years old  
 Time: 9AM - Noon  
 Fee: \$155

Ages: 3 - 5 years old  
 Time: 9-10:15AM or  
 10:30-11:45AM  
 Fee: \$110



## Pee Wee Basketball League

Pee Wee Basketball is an instructional league for Pre - Kindergarten kids ages 4-5 years old. All games and practices will be held on Wednesday nights from July 25 - August 29. Our Pee Wee sports programs are 6 weeks long and include 2 weeks of practice followed by 4 league games. Uniforms will be provided and only 40 spots are available, so sign-up now!

### COACHES ARE NEEDED!

Contact Chris Wells (253) 238-4161 for more information

Registration Dates: June 4 - July 6  
 Ages: 4 & 5 years old  
 Fee: \$40 per player

**NEW!**

## Skyhawks Sports Camps

Skyhawks camps are tailored specifically to each sport and provide quality instructors dedicated to the improvement of individual skills and development of personal excellence. The atmosphere of these camps is one of fun and sportsmanship. The following camps will be offered in Fircrest / U.P. this summer - Soccer, Basketball, Baseball, Flag Football, and Volleyball.

Please register online at [www.skyhawks.com](http://www.skyhawks.com)

### Mini-Hawk Camp (Soccer, Baseball & Basketball)

July 9- 12	Ages 4 - 6	9 AM - 12 PM	\$99	Fircrest Park
------------	------------	--------------	------	---------------

### Soccer Camps

July 9 - 12	Ages 6 - 8	9 AM - 12 PM	\$99	Whittier Park
July 9 - 12	Ages 8 - 12	9 AM - 3 PM	\$135	Whittier Park
August 13 - 16	Ages 5 - 8	9 AM - 12 PM	\$99	Fircrest Park
August 13 - 16	Ages 7 - 12	9 AM - 3 PM	\$135	Fircrest Park

### Tiny- Hawk Soccer Camp

July 9- 12	Ages 3 - 4	6 PM - 6:45 PM	\$39	Fircrest Park
------------	------------	----------------	------	---------------

### Flag Football Camp

July 16 - 19	Ages 7 - 12	9 AM - 12 PM	\$99	Fircrest Park
--------------	-------------	--------------	------	---------------

### Basketball Camp

August 6 - 9	Ages 5 - 7	9 AM - 12PM	\$99	Wainwright Intermediate
August 6 - 9	Ages 7 - 12	9 AM - 3PM	\$135	Wainwright Intermediate



## Benefits of Youth Sports

Youth team sports teach children how to work with and get along with peers and how to have positive interactions with coaches and other adults. A meaningful and influential relationship with a coach encourages children to seek out other beneficial mentorships throughout their life. Sports provide the opportunity to build new friendships and learn how to manage oneself in a social and group environment.

# Youth Activities-Continued

## Coach Dawson's Top Cat Tennis Camps

Top Cat Tennis has been conducting tennis camps in the Tacoma area for over a decade. Lessons will be taught by Chet Dawson, tennis coach at Curtis Senior High School. A positive atmosphere will allow young players to learn the game of tennis and have fun doing it! Classes are held Monday through Thursday at the Fircrest Park Tennis Courts.

Times: 9:00 AM - 12:00 PM  
Ages 5-12 years old  
Fee: \$90

Session 1: June 18 - 21  
Session 2: June 25 - 28  
Session 3: July 2 - 6 (no camp July 4th)  
Session 4: July 9 - 12  
Session 5: July 16 - 19  
Session 6: July 23 - 26

Session 7: July 30 - Aug 2  
Session 8: August 6 - 9  
Session 9: August 13 - 16  
Session 10: August 20 - 23



Early Bird Registration: \$85.00

## Summer Drop-In Program

Let our trained recreation staff help your children learn a wide variety of skills including outdoor games, arts & crafts, board games, and game room challenges to enhance their summer fun.

Dates: June 18 - August 17 (Monday - Thursday)

Ages: 6-12 years old

Time: 10 AM - 2 PM

Fee: FREE

# Fircrest Pool Schedule & Fees

## Open Swim, Days and Hours

**Weekday Open Swim Hours for May 26 through June 15:**  
Monday - Friday 3:30-6:30 PM

**Weekend and Holiday Hours:**  
Saturday & Sunday: 1:30-6:00 PM & 6:30-8:30 PM

**Weekday Open Swim Hours Starting June 18:**  
Daily: 1:30- 4:30 PM  
Monday/Wednesday/Friday 5:30- 8:30 PM

**Family Swim**  
Tuesday & Thursday  
June 19 - July 5 & Aug. 14 - 30 5:30- 8:30 PM  
July 10 - August 9 6:30- 8:30 PM

**Cost**  
Fircrest Residents \$3.00  
Non-Residents \$6.00

## Swim Lessons

Summer swim lessons are offered for children of all ages\* and levels. Half-hour lessons are every weekday morning for two-week sessions between 9 AM - 12 PM. Signups will be held on Thursday evenings, four days before the session begins. Don't forget to ask about our early bird sign ups.

**Cost & Sign up times:**  
Fircrest Residents \$40 6:30- 8:30 PM  
Non-Residents \$55 7:30- 8:30 PM

<u>Sessions:</u>	<u>Sign up date</u>
June 25 - July 6*	June 21
July 9 - July 20	July 5
July 23 - August 3	July 19
August 6 - August 17	August 2

\*Lessons will be held on July 4th\*  
**NO REFUNDS WILL BE GIVEN**  
\*Child must be 32" at the shoulder to be enrolled\*

## Swim Team

To join the swim team you must meet one of four requirements. For a list of the requirements, please call the pool office.

Fircrest Residents	\$60
Non-Residents	\$100
Monday - Friday	12:00 - 1:30 PM
Monday - Friday	4:30 - 5:30 PM

Dates: June 25 - August 11



## Night Swim Lessons

Night swim lessons will be offered on Tuesday and Thursday nights for five weeks in half-hour sessions.

**Session I:**  
July 10 - August 9 Sign up July 5  
5:30-6:00 PM or 6:00-6:30 PM

Pool Office Phone Number: (253) 564-8188

www.cityoffircrest.net

# Adult Activities

## Summer Men's 4 on 4 Basketball League

This self-officiated league is for men 25 years and over. Space is limited to first 12 teams. Team registrations are due no later than June 15th. Eight league games and a single elimination end of season tournament are included. Teams will need their own uniforms.

Days: Tuesdays and/or Thursdays

Fee: \$100 per team plus an additional \$10 for each non-resident player.

## Old School Basketball

Lost a step or just don't want to compete with the younger players? Then this is for you!! Come play with the veteran Fircrest basketball players to prove you still got game.

Days: Mondays, Wednesdays, Fridays

Time: Mon/Wed/Fri-12-2:30 PM

Fee: Residents-Free / Non-residents-\$1



## Pinochle

Do you enjoy playing cards and meeting new people? We have a friendly group that plays every Monday and Thursday from 10AM - 2PM at the community center. Bring a sack lunch. Everyone is welcome.

Fee: \$1.00

## Tennis Doubles

Meet for doubles tennis at the Whittier Courts. Join us for some good competition. Must bring a great attitude for fun. Starts on June 18

Days: Monday, Wednesday, Friday

Time: 9:00 - 10:30 AM

Fee: FREE!!

## Hand and Foot Canasta

Active senior singles group meets Monday mornings at 11 AM to play this fun and interesting card game. Beginners welcome. Bring a snack to share. Join anytime and its FREE!

Fee: FREE!!

## Gentle Yoga

Do you think your physical limitations or age would prevent you from doing yoga? Have you been curious about yoga but were concerned about feeling out of place in a class? This class is for you! Improve your posture, increase your flexibility, build strength, and reclaim your ability to balance. Practice standing, seated, and reclining yoga poses that meet your physical needs now while expanding your abilities over time, and enjoy breathing and relaxation techniques to invite inner calm. Please bring a yoga mat, a water bottle, and a blanket or towel to class.

Days: Mondays, Wednesdays, Fridays

Time: 9:00 - 10:00AM

Fee: \$30.00 per month / \$4.00 Drop-In / Free for Silver Sneakers

## Chair Yoga

Silver/Sneakers Flex Chair Yoga offers the many benefits of yoga without getting up and down off the floor. Challenging, yet easily modified to meet your needs. Your Gentle Hatha Yoga practice will include using the breath and pairing it to movement, stretching your central axis (spine) in all five directions, and improving your strength, flexibility, and balance through a series of gentle yoga poses and balance activities. Relax, warm up, use your bodyweight for strength building in common yoga poses, balance activities, and cool down. Finish with relaxation to integrate the practice. Bring a water bottle, a small blanket or towel, and your yoga mat. All adult beginners are welcome.

Days: Fridays

Time: 10:30-11:30AM

Fee: \$10 per month / \$4 Drop-in / Free for Silver Sneaker Members

## Topcat Tennis Adult Skills Drills & Fun

It has never been easier to get started or to rekindle your love for the sport of tennis! Sign up for lessons two nights per week at the Fircrest Park Tennis Courts.

Days: Tuesday & Thursday

Time: 6:30-8:00 PM

Fee: \$25 per person/week / \$15 Drop-in

**NEW!**

## Table Tennis

Join us for table tennis every Tuesday and Thursday from 8 to 11 AM. There are lots of men and women playing Table Tennis and you can join in the fun!

Days: Tuesdays & Thursdays

Time: 8:00 - 11:00 AM

Fee: \$1.00

## Adult Activities-Continued

# NEW!

### Adult Co-Ed Dodge Ball Tournament at Fun Days

It's time to play your favorite game from gym class...DODGEBALL!!!  
The Fircrest Parks & Recreation will hold a double elimination co-ed tournament on Saturday, August 11th at our annual Fun Days event and we are looking for some teams to come join us. There are 6 players on the court at a time (3 Male /3 Female) and matches will be 10 minutes long. The team that wins the most games in 10 minute match will be determined the winner.

**Teams must pre-register at the Fircrest Community Center  
Registration Dates: July 2 - August 1**

Event Date: Saturday, August 11, 2018  
Time: 11am - 3pm  
Age: 18 years old and up  
Fee: \$30 per team



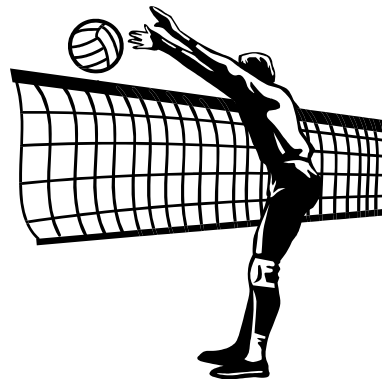
#### Senior Foot Care

Available each month at the community center. Includes: soaking feet for 5-10 minutes, cleaning around cuticles and under nails, clipping and filing of nails, removing top layers of calluses or small corns and applying lotion. Foot care service takes 20 minutes, by appointment only. Bring your own towel. \$30.00

**Call 253-848-9625 to make an appointment.**

#### Book Exchange Program

Do you like to read? We have a book shelf in our Sr. Room where a variety of books are traded. There are several to choose from, just bring an old book you are done with and take one off of our bookshelf.



#### Open Gym Volleyball

If you need some practice, want to meet new people, or just can't get enough of a great game...then come down and join us on Monday nights at the Fircrest Community Center for open gym volleyball. Open to ALL AGES.

#### Exciting senior / adult trips coming soon!

**Our trips are on hold while we await the delivery of our NEW BUS ! Watch our website for delivery updates and trip information.**

Our Senior Trips are a great way to meet people in our community and save money on gas. **All trips cost \$20.00 which is due at registration and is non-refundable.** There may be additional fees for some trips due to entrance fees or ticket costs. You may pre-register for up to three trips.



## Community Center Facility Rentals

<b>Facility</b>	<b>Daily Rental Rates</b>	<b>Deposit</b>	<b>After Hours Fee</b>
<b>Gym</b>	<b>\$ 350 Res / \$575 Non-Res</b>	<b>\$250 Res / \$500 Non-Res</b>	<b>\$15/hr</b>
<b>Sr. Rm.</b>	<b>\$ 55 Res/ \$80 Non-Res</b>	<b>\$100 Non-Res</b>	<b>N/A</b>
<b>Rm. B</b>	<b>\$ 55 Res/ \$80 Non-Res</b>	<b>\$100 Non-Res</b>	<b>N/A</b>
<b>Rm. C</b>	<b>\$ 55 Res/ \$80 Non-Res</b>	<b>\$100 Non-Res</b>	<b>N/A</b>
<b>Pavilion</b>	<b>\$ 57 Res/ \$115 Non-Res</b>	<b>\$100 Non-Res</b>	<b>N/A</b>
<b>Whittier</b>	<b>\$ 115 Res/ \$212 Non-Res</b>	<b>\$100 Non-Res</b>	<b>N/A</b>
<b>Pool</b>	<b>\$100 per hour Residents</b>	<b>N/A</b>	
	<b>\$150 per hour Non-Res</b>	<b>\$100 Non-Res</b>	
<b>Wading</b>	<b>\$75 per hour Residents</b>	<b>N/A</b>	
	<b>\$100 per hour Non-Res</b>	<b>\$100 Non-Res</b>	

*(The pool is available for rentals most Saturdays and Sundays 11 AM—1 PM, June - September)  
 (The wading pool is available for rentals 7 days a week 10 AM - Noon, June 3 - September 3)*

TACOMA  
 GROWING CITY  
 NORTHWEST  
 REGENTS PARK  
 Subdivided into lots and for sale by  
 BOWES-IRWIN CO.  
 FIDELITY BUILDING, TACOMA, WASH.