



ACTIVITY GUIDE



PARKS & RECREATION

OCTOBER-DECEMBER 2018

Introduction

I hope you had a chance to attend our summer activities and events. Every year we look forward to our annual line up of the Fircrest Pool Party, Strawberry Feed and Band Concert, Movie in the Park, Classic Car Show, and Fircrest Fun Days. This year was our first year planning and running the Annual Car Show without the Cruzaders Car Club. The car club had planned and run the show for over 20 years and had set the bar extremely high. We could not have done it without our sponsors. Thank you!

Congratulations to the Fircrest Amateur Swim Team for winning the 2018 South Sound Summer Swim League championships this year.

As you may have noticed, we have completed some great work in the parks this summer with the resurfacing of the Whittier Tennis Courts, and the installation of the new Fircrest Park Playground.

City Staff, the Pool and Community Center Steering Committee, and the City Council have been busy working with ARC Architects on the Pool and Community Center schematic design. The response to the online survey was excellent, with over 580 completed surveys. The Steering Committee has reviewed the survey results, discussed proposed options, and will present a recommendation to the City Council on what pool design to move forward with, and whether or not to proceed to the next phase with the Pool and Community Center, or just the Pool. The steering committee met on October 10th to finalize recommendations. ARC's presentation to Council and the recommendation from the Steering Committee will take place at the regularly scheduled City Council Meeting, October 23rd at 7:00pm.

It is a pleasure serving this great community.

Hope to see you in the parks!

Jeff Grover

City Officials

Fircrest City Council

Mayor Hunter T. George

Mayor Pro Tempore Denny Waltier

David M. Viafore

Shannon Reynolds

Brett L. Wittner

Blake J. Surina

Jamie Nixon

Recreation Staff

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Parks & Recreation Director

Email: jgrover@cityoffircrest.net

Recreation Coordinator

Email: cwells@cityoffircrest.net

Office Coordinator

Email: jhuntsman@cityoffircrest.net

Parks Supervisor

Andy Piercy 253-238-4163

Community Events Specialist

Email: kkubitza@cityoffircrest.net

Fall Hours

Monday-Thursday	8 AM - 9 PM
Friday	8 AM - 10 PM
Saturday	9 AM - 5 PM



Cover Photo Contest

If you have a photo of a Fircrest event you'd like to see featured on the cover of our brochure, please submit a high resolution file to jgrover@cityoffircrest.net For more information contact Jeff Grover at (253) 238-4160.

Important Numbers

City Hall	253-564-8901
Public Works	253-564-8900
Police Non-Emergency	253-565-1198
Fire Non-Emergency	253-564-2581
Municipal Court	253-564-8922
Community Center	253-564-8177

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Community Events

Haunted Trails

October 25, 7:00 - 8:30 PM

Join us for a spooky walk down the trails at Thelma Gilmur Park. Volunteers are needed to haunt the trails. If your school or community group is interested please contact the Community Center for more information. \$3 suggested donation.

Pumpkin Patch

October 31, 6:00 - 8:00 PM

Celebrate Halloween at the Community Center, play carnival games and win candy. This event is for children ages 10 and under. Receive a grab bag with \$1.00 donation.

Holiday Bazaar

November 17-18

The Community Center gym will be full of original craft and gift items. Event hours are Saturday, November 17, 10 AM - 5 PM, and Sunday, November 18, 10 AM - 4 PM.

Tree Lighting Ceremony

December 2, 7:00 PM

Tree lighting will take place at Alice Peers Park. Refreshments, entertainment, and a visit with Santa to follow at the Community Center.

Youth Night

Join us for music, snacks, fun and games the first Friday of each month. Bring a friend and enthusiasm and be ready for a good time from 6:00 to 9:00pm.

October 5 Video Game Challenge

November 2 Basketball Extravaganza

Support your Community

FIRCREST KIWANIS

Join us every 2nd Thursday of the month at the Fircrest Recreation Center at 6:00 PM.

INSTRUCTORS WANTED!

Here is your opportunity to teach youth/adult/senior classes in arts & crafts, dance, science, health, fitness, sports & hobbies at our Community Center. If you have an idea, please send your resume & brief course description to Chris Wells, cwells@cityoffircrest.net.

VOLUNTEER

If you are interested in volunteering for any or all of these upcoming special events, please contact the staff at the Community Center, 253-564-8177 or fill out the volunteer application located on the Parks and Recreation Departments webpage.

PARKS PROJECTS

The Parks Department recently completed the installation of a new playground structure at Fircrest Park. This project was partially funded by the generous donations from the Friends of Fircrest Golf Tournament created and organized by Optimum Physical Therapy.



FACILITY RENTALS

Facility	Daily Rental Rates	Deposit	After Hours Fee
o Gym	\$350 Res / \$575 Non-Res	\$250 Res / \$500 Non-Res	\$15 hour
o Sr. Rm.	\$55 Res/ \$80 Non-Res	\$100 Non-Res	NA
o Rm. B	\$55 Res/ \$80 Non-Res	\$100 Non-Res	NA
o Rm. C	\$55 Res/ \$80 Non-Res	\$100 Non-Res	NA
o Pavilion	\$57 Res/ \$115 Non-Res	\$100 Non-Res	NA
o Whittier	\$115 Res/ \$212 Non-Res	\$100 Non-Res	NA

Youth Activities

Fircrest Youth Basketball

Join our popular recreation basketball league which concentrates on teaching the basic skills of basketball through practice and games. Practice is once or twice a week with games once a week. Players will improve their skills in a safe and positive environment while learning valuable life skills. Volunteer coaches will determine practice days, times, and location. Practices will begin early December and games will start in early January.

The 4th and 5th grade leagues will be scheduled in cooperation with Metro Parks Tacoma and games can be played on Monday-Saturday. The K/1st and 2/3rd grade leagues will be played at Fircrest Community Center on Saturdays.

Priority registration dates for Fircrest residents only October 8 - 19.
Non-Residents can register beginning October 20.

Registration Dates: October 8 - November 9
Co-Ed Leagues: K/1st and 2/3rd Grade
Boys Leagues: 4th and 5th Grade
Girls Leagues: 4th/5th Grade
Fee: \$40/Residents \$70/Non-residents



2/3rd Grade Boys Basketball Tournament

Come out and play in our 2/3rd grade post season youth basketball tournament at the Fircrest Community Center. Teams will be guaranteed (3) games and we will award 1st, 2nd, and 3rd place team trophies and individual T-shirts for championship team players. There will also be individual all-star awards handed out to players who were chosen by opposing coaches that show skill, leadership, teamwork, and hard work. Contact Chris Wells for more information at (253) 238-4161 or by email at cwells@cityoffircrest.net.

Date: March 1 - 2, 2019
Grade: 2/3rd grade
Fee: \$125 per team

Fircrest Fall Basketball Training

Training sessions are designed to help student athletes improve their skill, raise their basketball IQ, and get a good basketball workout! Trainings will cover: footwork, ball handling, scoring options, passing and receiving, setting and using screens, cutting and court spacing, basketball IQ/strategy, strength and conditioning. Our sessions feature motivational/educational talks from local coaches, trainers and mentors, individual skill development, team skill development and competition.

Day: Mondays
Ages: 8 - 12 years old
Time: 6:00 - 7:00 PM

Fee: \$80 per session

Session 1: October 1 - 22



Creative Movement

Taught by Damaris Caughlan-Artistic Director, Metropolitan Ballet of Tacoma. Her approach and style with teaching young dancers is to help them express their inner joy of movement. Ms. Caughlan introduces disciplines such as self control, listening skills, and patience along with basic ballet fun in this wonderfully creative class. MBT is accredited through Columbia Virtual Academy and home school class may count as one PE credit.

Session 1: September - December 13
Session 2: January 10 - March 28

Day: Thursdays
Ages: 3.5 - 5 years old
Time: 9:00 - 9:45AM
Fee: \$108 per session

Toddler Sports Time

The gym will be reserved for toddlers only. We will have toddler sized sports equipment for children. *Child must be accompanied by an adult at all times.*

Days: Mondays & Wednesdays
Time: 10:30- 11:30 AM



WHY SHOULD KIDS PLAY SPORTS?

Sports, whether team-based or individual, are a great activity for children that provide a variety of benefits other than physical activity. Participation in sports can help build self-esteem and confidence, can motivate children to excel academically and can help build social skills. Participation also can teach children the benefits of goal setting and practice.

Children today spend less time outdoors than any other generation, devoting only four to seven minutes to unstructured outdoor play per day while spending an average of seven and a half hours in front of electronic media. As a result, child obesity has reached unprecedented levels.

It is imperative that we implement innovative strategies to reconnect our children and adults with the natural world, connect communities with green space, provide opportunities for outdoor recreation and play, and educate parents and caregivers about the important role the natural world plays in the life and development of us all.

Youth and Adult Activities

Ski & Snowboard with Alpine West

Winter is just around the corner and the City of Fircrest Parks and Recreation department is pleased to bring to you the Alpine West Ski & Snowboard School. With a great snow season expected, this is the perfect opportunity for first timers to learn how to ski and snowboard or for experienced skiers and snowboarders to fine tune their skills. Alpine West provides quality Ski and Snowboard instruction for the entire family, ages 5 and up.

Contact Ron Matilla to register or for questions at (253) 318-3342.



Lessons are located at the Summit at Snoqualmie. Transportation bus pick-up is at the 6th Avenue Safeway in Tacoma at 7:30am.

SATURDAY EARLY RISER

January 12 - February 16

6 week session

SKI & SNOWBOARD

10:30 AM - 12:30 PM

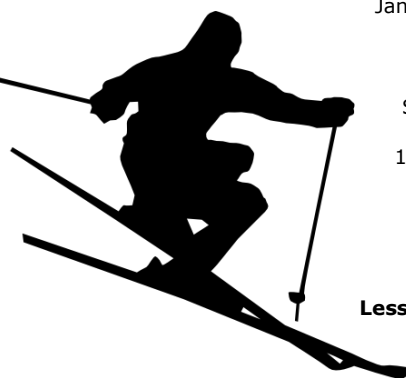
Lessons Only

\$186

Lessons & Transportation

\$288

(Pre-registration is required)



SUNDAY FAMILY DAY

January 13 - February 17

6 week session

SKI & SNOWBOARD

10:30 AM - 12:30 PM

Lessons Only

\$186

Lessons & Transportation

\$288

(Pre-registration is required)

Adult Activities

Ukulele & Singing

Come join us at the community center on the fourth Tuesday of the month to play the ukulele, sing and meet some new friends.

This group requires participants to have experience playing the ukulele and is not an instructor lead class.

Day: Fourth Tuesday of each month
Time: 6:30-8:30 PM
Fee: Free

Gentle Yoga

The class is designed for you to develop strength, improve balance, and increase flexibility while learning and practicing basic Hatha yoga poses. The class follows a typical Hatha format with relaxation and breathing, warm up, learning and practicing asanas, sun salutation, and closing with relaxation and meditation.

Days: Monday, Wednesdays, Fridays
Time: 9:00 AM - 10:00 AM
Fee: \$30 per month or \$3 Drop-in
Instructor: Cynthia Endicott

Flex Chair Yoga

Class includes chair and standing poses only. For those adults who prefer to focus on developing balance and strength while seated or standing but prefer not to work on the floor, we designed a fun and challenging Hatha Yoga based class that will give you an understanding of yogic breathing, and poses while increasing overall fitness.

Day: Fridays
Time: 10:30 AM - 11:30 AM
Price: \$10 per month or \$3 drop-in

Instructor: Cynthia Endicott

Belly Dancing

This popular Middle Eastern dance form will be offered for all levels from beginning to advanced.

Day: Wednesdays
Time: Beginner-6:00 PM
Intermediate-7:00 PM
Advanced-8:00 PM
Fee: \$50 per session



ALL AGES CHESS CLUB



Come join the Fircrest Kiwanis Community Chess Club from 3:00-4:00 pm at the Fircrest Rec. Center (Room B). All ages are welcomed but we do ask that children under the age of 12 be accompanied by an adult. We will meet twice a month on the even Saturdays of the month. Our club is free to join and all levels of experience are encouraged to come. From beginners to lifelong learners please join us!

Adult Activities

Clubs & Meetings

We host a variety of clubs and meetings such as the Dahlia Society, the Facetors (rock hounds), the Railroad Club, Sumi water color painting classes, Haiku, Al-Anon, plus many more.

Come check us out!

Pinochle

Do you enjoy playing cards and meeting new people? We have a friendly group that plays every Monday and Thursday from 10AM - 2PM at the community center. Bring a sack lunch. Everyone is welcome.

Cost: \$1.00

Senior Foot Care

Foot care is available each month at the Community Center. Includes soaking, cleaning, clipping and filing of nails, removing top layer of calluses or small corns and applying foot lotion. Foot care services take 20 minutes. Bring your own towel.

Call (253) 848-9625 for an appointment

Open Gym Volleyball

If you need some practice, want to meet new people, or just can't get enough of a great game...then come down and join us on Wednesday nights at the Fircrest Community Center for open gym volleyball.

Days: Mondays in Oct.
Time: 6:30 - 8:30 PM
Ages: 16 years old and up
Cost: Free residents / \$1 Non-residents



Hand and Foot Canasta

Active senior singles group meets Monday mornings at 11:00 AM to play this fun and interesting card game. Beginners are welcomed. Bring a snack to share. Join anytime!

Cost: FREE!!



Friday Night Crafter

Let's Craft & Color !

It's a social event, it's a party, it's a blast! Bring your coloring books, craft projects, scrapbooking, knitting, painting or your choice. Of activity.

Date: 2nd Friday of the Month
Time: 5:00 - 9:00 PM
Ages: 16 years and up
Cost: Free



CPR Class

Free CPR classes are taught by the Tacoma Fire Department for citizens living within the City of limits of Fircrest, Fife, or Tacoma. These classes are taught with funds from the EMS levy. All classes are taught by firefighters who bring real life experience to the classroom. Other CPR classes are available at other locations. **You must pre-register for these classes by calling (253) 594-7979**

Date: Saturday, November 17, 2018

Time: 9:00am

Location: Fircrest Community Center

Men's 4X4 Basketball League

This self-officiated league is for men 25 years and over. Space is limited to first 12 teams. Eight (8) league games and a single elimination end of season tournament are included. Teams are to provide their own uniforms. Call for information on future leagues. You may have one player that is 18-25yrs old on your roster.

Days: Tuesdays and/or Thursdays
Fee: \$100 per team
Additional \$10 for each Non-resident player

Noon Hoops

Come join us for some noon basketball on Mondays, Wednesdays and Fridays from 12 (noon) -3pm.

All ages are welcome!

Days: Mondays, Wednesdays & Fridays
Time: 12-2PM on Mon/Wed /Fri
Fee: Free residents / \$1 Non-residents



Table Tennis

Join us for table tennis every Tuesday from 8 AM to 11 AM. There are lots of men and women playing Table Tennis and you can join in the fun!

Fee: \$1.00

Sponsorship opportunities are available for local businesses and/or families. Our Gym Banner program is a great way to get your logo seen. We are always looking for event sponsors. This is a great way to connect with your community.

Active Adult Activities (55+)

Join us for our exciting senior trips!

Our Senior Trips are a great way to meet people in our community and save money on gas. **All trips cost \$20.00 which is due at registration and is non-refundable.** There may be additional fees for some trips due to entrance fees or ticket costs. You may pre-register for up to three trips.

Red Wind Casino

Wednesday October 24th

9:00 AM – 3:30 PM

Fun is the name of the Game! Play on over 800 slot machines or on their gaming tables. Come hungry and enjoy their dining specials! **Lunch on your own.**

Pike Place Market

Wednesday November 7th

9:00 AM – 3:30 PM

Shop Seattle's market . **Lunch on your own.**

Poulsbo

Wednesday November 28th

9:00 AM – 3:30 PM

Enjoy a day exploring in beautiful Poulsbo. Explore the arts and craft galleries, antiques, specialty shops, gifts, bakery and bookstore. **Lunch on your own.**

Molbak's Nursery & Redmond Town Center

Wednesday, December 12th

9:00 AM – 3:30 PM

This is a must see nursery during the holidays! A colorful array of flowers and garden supplies too tempting to resist. Then off to the Redmond Town Center for some shopping and lunch. **Lunch on your own.**

Snoqualmie Casino

Wednesday, January 9th

9:00 AM – 4:30 PM

GET YOUR GAME ON! Enjoy true casino gaming at it's best! You'll find a tempting selection of eats around every corner! **Lunch on your own.**

Kirkland Shores & Shops

Wednesday, January 23rd

9:00 AM – 3:30 PM

There is plenty to do! Visit boutique shops and art galleries or walk along the beautiful shores of Lake Washington! **Lunch on your own.**





City of Fircrest Parks and Addresses

Alice Peers: 601 San Juan

Fircrest Park: 555 Contra Costa

Masko Park: 805 San Juan Ave

Thelma Gilmur Park: 1404 Evergreen Drive

Tot-Lot: 611 Contra Costa

Whittier Park: 921 Contra Costa