



The City of Fircrest

# PARKS & RECREATION

**SPORTS  
EVENTS  
ACTIVITIES**

Fall / Winter Catalog  
2019



# Introduction

Greetings,

As we welcome the fall weather it's a great time to reflect on how wonderful our 2019 summer was here at the City of Fircrest Parks & Recreation Department. We are so grateful to serve such a vibrant and active community. The City of Fircrest's Parks and Recreation department maintains the community's park system of 26 acres including two multi-use parks that contain six competition size tennis courts, three outdoor basketball courts, seven soccer fields, two playgrounds, four baseball fields, one swimming pool, a wading pool and a 10,000 sq. ft. Community Center with gym, four meeting rooms, restrooms and offices. The Recreation Department uses these facilities to provide social, physical and personal recreation activities for all ages during their leisure time.

With the help of several volunteers and under the leadership of our Community Events Specialist, the Recreation Department implemented many changes to our Community Events line up this summer. A few highlights from this past summer:

- Revitalized Fircrest Fun Days and moved to a new date in July
- Hosted two new Concert & Market in the Park
- Added a second Movie in the Park
- Installed new sprinkler system at Whittier Park
- Installed a new bench at Fircrest Park11
- Began construction of the new Fircrest Pool and Bathhouse

It is our privilege to serve the citizens of this wonderful community and hope visitors to our City can also take part and enjoy our wide variety of programs, events, parks, and facilities. We welcome your feedback and input. If you have any information to share or any concerns, please feel free to contact me. For up to date information continue to check the City website at [www.cityoffircrest.net](http://www.cityoffircrest.net) .

Jeff Grover, Director

## City Officials

### Fircrest City Council

Mayor Hunter T. George

Mayor Pro Tempore Denny Waltier

David M. Viafore

Shannon Reynolds

Brett L. Wittner

Blake J. Surina

Jamie Nixon

## Recreation Staff

2 5 3 - 5 6 4 - 8 1 7 7

### Parks & Recreation Director

Email: [jgrover@cityoffircrest.net](mailto:jgrover@cityoffircrest.net)

### Recreation Coordinator

Email: [cwells@cityoffircrest.net](mailto:cwells@cityoffircrest.net)

### Office Coordinator

Email: [jhuntsman@cityoffircrest.net](mailto:jhuntsman@cityoffircrest.net)

### Parks Supervisor

Andy Piercy 253-238-4163

### Community Events Specialist

Email: [jschmidtke@cityoffircrest.net](mailto:jschmidtke@cityoffircrest.net)

### Fall Hours

Monday-Thursday	8 AM - 9 PM
Friday	8 AM - 10 PM
Saturday	9 AM - 5 PM



### Cover Photo Contest

If you have a photo of a Fircrest event you'd like to see featured on the cover of our brochure, please submit a high resolution file to [jgrover@cityoffircrest.net](mailto:jgrover@cityoffircrest.net) For more information contact Jeff Grover at (253) 238-4160.

### Important Numbers

City Hall	253-564-8901
Public Works	253-564-8900
Police Non-Emergency	253-565-1198
Fire Non-Emergency	253-564-2581
Municipal Court	253-564-8922
Community Center	253-564-8177

# Community Events

## *Haunted Trails*

**October 24, 7:00 - 8:30PM**

Join us for a spooky walk down the trails at Thelma Gilmur Park. Volunteers are needed to haunt the trails. If your school or community group is interested please contact the Community Center for more information. \$3 suggested donation.

## *Pumpkin Patch*

**October 31, 6:00 - 8:00PM**

Celebrate Halloween at the Community Center, play carnival games and win candy. This event is for children ages 10 and under. Receive a grab bag with \$1.00 donation.

## *Holiday Bazaar*

**November 23-24**

The Community Center gym will be full of original craft and gift items. Event hours are Saturday, November 23, 10 AM - 4 PM, and Sunday, November 24, 10 AM - 4 PM .

## *Tree Lighting Ceremony*

**December 1, 7:00PM**

Tree lighting will take place at Alice Peers Park. Refreshments, entertainment, and a visit with Santa to follow at the Community Center.

## *Support your Community*

### **Fircrest Kiwanis**

Join us every 2nd Thursday of the month at the Fircrest Recreation Center at 6:00 PM.

### **Instructors Wanted!**

Here is your opportunity to teach youth/adult/senior classes in arts & crafts, dance, science, health, fitness, sports & hobbies at our Community Center. If you have an idea, please send your resume & brief course description to Chris Wells, [cwells@cityoffircrest.net](mailto:cwells@cityoffircrest.net).

### **VOLUNTEER**

If you are interested in becoming a volunteer for the City of Fircrest, please contact the staff at the Community Center, 253-564-8177 or fill out the volunteer application located on the Parks and Recreation Departments webpage.

- **Event Volunteers**
- **Youth Sports Coaching**
- **Gilmur Grubbers**
- **Whittier Park Clean Ups**

## **FACILITY RENTALS**

<b>Facility</b>	<b>Daily Rental Rates</b>	<b>Deposit</b>	<b>After Hours Fee</b>
o Gym	\$350 Res /\$575 Non-Res	\$250 Res / \$500 Non-Res	\$15 hour
o Sr. Rm.	\$55 Res/ \$80 Non-Res	\$100 Non-Res	NA
o Rm. B	\$55 Res/ \$80 Non-Res	\$100 Non-Res	NA
o Rm. C	\$55 Res/ \$80 Non-Res	\$100 Non-Res	NA
o Pavilion	\$57 Res/ \$115 Non-Res	\$100 Non-Res	NA
o Whittier	\$115 Res/ \$212 Non-Res	\$100 Non-Res	NA

# Youth Activities

## *Fircrest Youth Basketball*

Join our popular recreation basketball league which concentrates on teaching the basic skills of basketball through practice and games. Practice is once or twice a week with games once a week. Players will improve their skills in a safe and positive environment while learning valuable life skills. Volunteer coaches will determine practice days, times, and location. Practices will begin early December and games will start in early January.

The 4th and 5th grade leagues will be scheduled in cooperation with Metro Parks Tacoma and games can be played on Monday-Saturday. The K/1st and 2/3rd grade leagues will be played at Fircrest Community Center on Saturdays.

**Priority registration dates for Fircrest residents only October 7 - 18.  
Non-Residents can register beginning October 19.**

**Registration Dates: October 7 - November 8**  
**Co-Ed Leagues: K/1st and 2/3rd Grade**  
**Boys Leagues: 4th and 5th Grade**  
**Girls Leagues: 4th/5th Grade**  
**Fee: \$40/Residents \$70/Non-residents**

## *2/3rd Grade Boys Basketball Tournament*

Come out and play in our 2/3rd grade post season youth basketball tournament at the Fircrest Community Center. Teams will be guaranteed (3) games and we will award 1st, 2nd, and 3rd place team trophies and individual T-shirts for championship team players. There will also be individual all-star awards handed out to players who were chosen by opposing coaches that show skill, leadership, teamwork, and hard work. Contact Chris Wells for more information at (253) 238-4161 or by email at cwells@cityoffircrest.net.

**Date: March 6 - 7, 2020**  
**Grade: 2/3rd grade**  
**Fee: \$125 per team**

## *Pee Wee Indoor Soccer*

Pee Wee Indoor Soccer is an instructional league for Pre-Kindergarten kids ages 4-5 years old. Most games and practices will be held on Saturdays. Pee Wee sports programs are 6 weeks long and include 2 weeks of practice followed by 4 league games. Uniforms will be provided.

### **Indoor Soccer**

First practice will be held on Saturday, March 14, 2020

**Registration Dates: January 6 - February 14**

**Fee: \$30/Residents**  
**\$50/Non-residents**

## *Creative Movement*

Taught by Damaris Caughlan-Artistic Director, Metropolitan Ballet of Tacoma. Her approach and style with teaching young dancers is to help them express their inner joy of movement. Ms. Caughlan introduces disciplines such as self control, listening skills, and patience along with basic ballet fun in this wonderfully creative class. MBT is accredited through Columbia Virtual Academy and home school class may count as one PE credit.

**Session: September 12 - December 5**

**Day: Thursdays**  
**Ages: 3.5 - 5 years old**  
**Time: 9:00 - 9:45AM**  
**Fee: \$108 per session**

## *Toddler Sports Time*

The gym will be reserved for toddlers only. We will have toddler sized sports equipment for children. *Child must be accompanied by an adult at all times.*

**Days: Mondays & Wednesdays**  
**Time: 10:30- 11:30 AM**



## **WHY SHOULD KIDS PLAY SPORTS?**

Sports, whether team-based or individual, are a great activity for children that provide a variety of benefits other than physical activity. Participation in sports can help build self-esteem and confidence, can motivate children to excel academically and can help build social skills. Participation also can teach children the benefits of goal setting and practice.

Children today spend less time outdoors than any other generation, devoting only four to seven minutes to unstructured outdoor play per day while spending an average of seven and a half hours in front of electronic media. As a result, child obesity has reached unprecedented levels.

It is imperative that we implement innovative strategies to reconnect our children and adults with the natural world, connect communities with green space, provide opportunities for outdoor recreation and play, and educate parents and caregivers about the important role the natural world plays in the life and development of us all.

**If interested in coaching a team, please call 253 564-8177**

# Youth and Adult Activities

## Amusement Park Engineering

We bet your child loves going to amusement parks to experience the variety of fast, dropping, and spinning rides, but have they ever thought about the science that goes into building those rides? In Snapology's Amusement Park Engineering class, students will become engineers of their own amusement park rides and will learn the core physics and engineering concepts used to make a ride thrilling!

**Session: Oct. 8 - Dec. 3**

**Day: Tuesdays**  
**Time: 6:00 - 7:00 PM**  
**Price: \$144**



[Register online: embed.snapology.com/licensee/100/events/location](http://embed.snapology.com/licensee/100/events/location)

## Planes, Trains & Automobiles, Jr

Transportation is all around us! Cars, buses, trains, and airplanes are all important for communities and the world to stay connected. In Snapology's Planes, Trains, and Automobiles, your young learner will explore the importance of transportation, build models of cars, trains, boats, and more. Most importantly, they will experience important social interactions while working with a partner and learning with the group.

**Session: Oct. 3 - Nov. 7**

**Day: Thursdays**  
**Time: 9:30 - 10:30 AM**  
**Price: \$96**



[Register online: embed.snapology.com/licensee/100/events/location](http://embed.snapology.com/licensee/100/events/location)

## ABC's & 123's

Learning the ABC's has never been so much fun! Each lesson, students will explore a new letter, practice their counting, play a game, and be introduced to writing letters. Through the use of LEGO Duplo blocks, little learners will be presented with a new learning opportunity, in a hands-on creative and safe classroom environment. This program is designed to provide students with a genuine classroom experience, which will be the first for many of our earliest explorers.

**\*This is a parent & child class\***



**Session: Oct. 8 - Nov. 12**

**Ages: 1 - 3 Years old**  
**Day: Tuesdays**  
**Time: 9:30 - 10:30 AM**  
**Price: \$96**

[Register online: embed.snapology.com/licensee/100/events/location](http://embed.snapology.com/licensee/100/events/location)

## Combat Robots

Do you think your child can build the strongest and most agile robot? Can their robot win a head to head combat mission? Your child will discover basic strategies for building sturdy structures and then apply that knowledge to build a robot for friendly competition. Be prepared to have tons of fun!

**Session: Oct. 9 - Nov. 13**

**Ages: 7 - 14 Years old**  
**Day: Wednesdays**  
**Time: 6:00 - 7:00 PM**  
**Price: \$96**

[Register online: embed.snapology.com/licensee/100/events/location](http://embed.snapology.com/licensee/100/events/location)



# Adult Activities

## Ukulele & Singing

Come join us at the community center on the fourth Tuesday of the month to play the ukulele, sing and meet some new friends. This group requires participants to have experience playing the ukulele and is not an instructor lead class.

**Day: Fourth Tuesday of each month**  
**Time: 6:30-8:30 PM**

## Gentle Hatha Yoga

The class is designed for you to develop strength, improve balance, and increase flexibility while learning and practicing basic Hatha yoga poses. The class follows a typical Hatha format with relaxation and breathing, warm up, learning and practicing asanas, sun salutation, and closing with relaxation and meditation. Class fees are covered by Silver & Fit, Active & Fit, and Renew Active insurances. Check with your insurance company.

**Days: Monday, Wednesdays, Fridays**  
**Time: 9:00 AM - 10:00 AM**  
**Fee: \$30 per month or \$4 Drop-in**  
**Instructor: Cynthia Endicott**

## All Ages Chess Club

Come join the Fircrest Kiwanis Community Chess Club from 3:00-4:00 pm at the Fircrest Rec. Center (Room B). All ages are welcomed but we do ask that children under the age of 12 be accompanied by an adult. We will meet twice a month on the even Saturdays of the month. Our club is free to join and all levels of experience are encouraged to come. From beginners to lifelong learners please join us!

## Flex Chair Yoga

Class includes chair and standing poses only. For those adults who prefer to focus on developing balance and strength while seated or standing but prefer not to work on the floor, we designed a fun and challenging Hatha Yoga based class that will give you an understanding of yogic breathing, and poses while increasing overall fitness. Class fees are covered by Silver & Fit, Active & Fit, and Renew Active insurances.

**Day: Fridays**  
**Time: 10:30 AM - 11:30 AM**  
**Fee: \$10 per month or \$4 drop-in**

## Belly Dancing

This popular Middle Eastern dance form will be offered for all levels from beginning to advanced.

**Day: Wednesdays**  
**Time: Beginner-6:00 PM**  
**Intermediate-7:00 PM**  
**Advanced-8:00 PM**  
**Fee: \$50 per session**

# Adult Activities

## Clubs & Meetings

We host a variety of clubs and meetings such as the Dahlia Society, the Facetors (rock hounds), the Railroad Club, Sumi water color painting classes, Haiku, Al-Anon, plus many more.

**Come check us out!**

## Pinochle

Do you enjoy playing cards and meeting new people? We have a friendly group that plays every Monday and Thursday from 10AM - 2PM at the community center. Bring a sack lunch. Everyone is welcome.

**Cost: \$1.00**

## Senior Foot Care

Foot care is available each month at the Community Center. Includes soaking, cleaning, clipping and filing of nails, removing top layer of calluses or small corns and applying foot lotion. Foot care services take 20 minutes. Bring your own towel.

**Call (253) 848-9625 for an appointment**

## Open Gym Volleyball

If you need some practice, want to meet new people, or just can't get enough of a great game...then come down and join us on Wednesday nights at the Fircrest Community Center for open gym volleyball.

**Days: Mondays in Oct.  
Time: 6:30 - 8:30 PM  
Ages: 16 years old and up  
Cost: Free residents / \$1 Non-residents**



## Hand and Foot Canasta

Active senior singles group meets Monday mornings at 11:00 AM to play this fun and interesting card game. Beginners are welcomed. Bring a snack to share. Join anytime!

**Cost: FREE!!**



## Friday Night Crafter

*Let's Craft & Color !*

It's a social event, it's a party, it's a blast! Bring your coloring books, craft projects, scrapbooking, knitting, painting or your choice. Of activity.

**Date: 2nd Friday of the Month  
Time: 5:00 - 9:00 PM  
Ages: 16 years and up  
Cost: Free**



## CPR Classes

Free CPR classes are taught by the Tacoma Fire Department for citizens living within the City of limits of Fircrest, Fife, or Tacoma. These classes are taught with funds from the EMS levy. All classes are taught by firefighters who bring real life experience to the classroom. Other CPR classes are available at other locations.

**To check locations and to pre-register for these classes , please call (253) 594-7979**

## Men's 4X4 Basketball League

This self-officiated league is for men 25 years and over. Space is limited to first 12 teams. Eight (8) league games and a single elimination end of season tournament are included. Teams are to provide their own uniforms. Call for information on future leagues. You may have one player that is 18-25yrs old on your roster.

**Days: Tuesdays and/or Thursdays  
Fee: \$100 per team  
Additional \$10 for each Non-resident player**

## Noon Hoops

Come join us for some noon basketball on Mondays, Wednesdays and Fridays from 12 (noon) -3pm.

All ages are welcome!

**Days: Mondays, Wednesdays & Fridays  
Time: 12-2PM on Mon/Wed /Fri  
Fee: Free residents / \$1 Non-residents**



## Table Tennis

Join us for table tennis every Tuesday and Thursday from 8:30 AM to 11 AM. There are lots of men and women playing Table Tennis and you can join in the fun!

**Fee: \$1.00**

Sponsorship opportunities are available for local businesses and/or families. Our Gym Banner program is a great way to get your logo seen. We are always looking for event sponsors. This is a great way to connect with your community.

# Active Adult Trips (50+)

**Senior Trips are a great way to meet people in our community and save money on gas. All trips cost \$20.00 which is due at registration and is non-refundable. There may be additional fees for some trips due to entrance fees or ticket costs. You may pre-register for up to three trips.**

### Clearwater Casino

**Wednesday, October 9th**

**9:00 AM – 3:30 PM**

This 22,500 sq ft casino is brimming with dice, wheel & card games and slots. Come hungry and enjoy their dining specials! Lunch on your own.

### Poulsbo

**Wednesday, October 23rd**

**9:00 AM – 3:30 PM**

Enjoy a day exploring in beautiful Poulsbo. Explore the arts and craft galleries, antiques, specialty shops, gifts, bakery and bookstore. Lunch on your own.

### Seattle Art Museum

**Friday, November 1st**

**9:00 AM – 4:30 PM**

Free Senior admission day (65+), global art collections, temporary installations, and special exhibitions from around the world bridge cultures and centuries. Lunch on your own.

### Bellevue Square Collection

**Wednesday, November 13th**

**9:00 AM – 3:30 PM**

Bellevue Square is a destination location. The complex, known as the "Bellevue Collection", offers the Lincoln Square shopping complex, a theater, the Bellevue Arts Museum, and Bellevue Square itself, a two story shopping mall containing 180 retail stores. Lunch on your own.

### Pike Place Market / Great Figgy Pudding Caroling Competition

**Friday December 6th**

**3:00 PM – 10:00 PM**

Shop Seattle's market then onto the 33<sup>rd</sup> annual Great Figgy Pudding Caroling competition. Teams will be singing their hearts out on Seattle street corners to raise money for the Pike Market Senior Center. Dinner on your own.

### Molbak's Nursery & Redmond Town Center

**Wednesday, December 18th**

**9:00 AM – 3:30 PM**

This is a must see nursery during the holidays! A colorful array of flowers and garden supplies too tempting to resist. Then off to the Redmond Town Center for some shopping and lunch. Lunch on your own.

555 Contra Costa Ave  
Fircrest WA 98466  
Phone: 253-564-8177  
Fax: 253-238-4173

