

THE NAMES FAMILY FOUNDATION GYMNASIUM

	MAY 15TH MON	MAY 16TH TUE	MAY 17TH WED	MAY 18TH THU	MAY 19TH FRI	MAY 20TH SAT	MAY 21ST SUN
8AM							
9AM	DROP-IN* PICKLEBALL 8:30-11:30AM	DROP-IN PING-PONG 8:30-10:30AM	DROP-IN* PICKLEBALL 8:30-11:30AM	DROP-IN PING-PONG 8:30-10:30AM	DROP-IN* PICKLEBALL 8:30-11:30AM		DROP-IN VOLLEYBALL 9:30-11:45AM
10AM							
11AM							
12PM	DROP-IN* BASKETBALL 12-2PM	TOT GYM 11-1:30PM	DROP-IN* BASKETBALL 12-2PM	TOT GYM 11-1:30PM	DROP-IN* BASKETBALL 12-2PM		CLOSED FOR RENTAL 2-4PM
1PM							
2PM	16&UNDER OPEN GYM 2-4PM	16&UNDER OPEN GYM 2-5PM	16&UNDER OPEN GYM 2-5PM	16&UNDER OPEN GYM 2-5PM	16&UNDER OPEN GYM 2-5PM	DROP-IN* PICKLEBALL 1-4PM	
3PM							
4PM							
5PM	SKYHAWKS BASKETBALL 4-7PM						
6PM		ADULT BASKETBALL LEAGUES 6-9PM	CLOSED FOR RENTAL 5:30-7:30PM	ADULT BASKETBALL LEAGUES 6-9PM			
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

**THE TOM & MEG NAMES FAMILY FOUNDATION
MULTI-PURPOSE
ROOM**

	MAY 15TH MON	MAY 16TH TUE	MAY 17TH WED	MAY 18TH THU	MAY 19TH FRI	MAY 20TH SAT	MAY 21ST SUN
8AM							
9AM	GENTLE HATHA YOGA 9-10AM		GENTLE HATHA YOGA 9-10AM		GENTLE HATHA YOGA 9-10AM		
10AM							
11AM	GENTLE HATHA CHAIR YOGA 10:30-11:30AM	TOT STORYTIME 10:30-11AM	GENTLE HATHA CHAIR YOGA 10:30-11:30AM				
12PM				CLOSED 8AM-5PM			SIDE A CLOSED 11-1PM
1PM							
2PM						CLOSED FOR RENTAL 12-4PM	SIDE B CLOSED FOR RENTAL 1-5PM
3PM							
4PM							
5PM							
6PM			CLOSED FOR RENTAL 5:30-7:30PM	CLOSED FOR RENTAL 5:30-8:30PM	CLOSED FOR RENTAL 5-9PM		
7PM		CLOSED FOR RENTAL 7-9PM					
8PM						CLOSED FOR RENTAL 6-11PM	
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM



THE NAMES FAMILY FOUNDATION FITNESS ROOM



	MAY 15TH MON	MAY 16TH TUE	MAY 17TH WED	MAY 18TH THU	MAY 19TH FRI	MAY 20TH SAT	MAY 21ST SUN
8AM							
9AM							
10AM							
11AM				CREATIVE MOVEMENT BALLET 10:30-11:15AM	BARRE/HIIT 10:30-11:30AM		
12PM							
1PM				CREATIVE MOVEMENT BALLET 1-1:45PM			
2PM							
3PM							
4PM							
5PM			BRIDGE FOR BEGINNERS 4-6PM				
6PM							
7PM			BARRE 7-8PM	YIN YOGA & MEDITATION 6:15-7:30PM			
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

GATHERING SPACE

	MAY 15TH MON	MAY 16TH TUE	MAY 17TH WED	MAY 18TH THU	MAY 19TH FRI	MAY 20TH SAT	MAY 21ST SUN
8AM							
9AM	SENIOR MORNINGS 9-11AM		SENIOR MORNINGS 9-11AM	CLOSED FOR RENTAL 10:15-12:15PM	SENIOR MORNINGS 9-11AM		
10AM							
11AM							
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM						CLOSED FOR RENTAL 6-11PM	
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM



YOUTH ROOM



	MAY 15TH MON	MAY 16TH TUE	MAY 17TH WED	MAY 18TH THU	MAY 19TH FRI	MAY 20TH SAT	MAY 21ST SUN
8AM							
9AM							
10AM							
11AM						SNAPOLOGY 10-11:15AM	
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM