

THE NAMES FAMILY FOUNDATION GYMNASIUM



MAY 15TH

MAY 16TH

MAY 17TH

MAY 18TH

MAY 20TH

MAY 21ST

MON

DROP-IN*

PICKLEBALL

8:30-11:30AM

DROP-IN*

BASKETBALL

12-2PM

16&UNDER

OPEN GYM

2-4PM

SKYHAWKS BASKETBALL

4-7PM

TUE

THU

FRI

MAY 19TH

SAT

SUN

DROP-IN

VOLLEYBALL

9:30-11:45AM

8AM

9AM

10AM

11AM

12PM

1PM

2PM

3PM

4PM

5PM

6PM

7PM

8PM

9PM

DROP-IN

PING-PONG 8:30-10:30AM

TOT GYM 11-1:30PM

16&UNDER **OPEN GYM** 2-5PM

ADULT BASKETBALL **LEAGUES** 6-9PM

WED

DROP-IN* PICKLEBALL 8:30-11:30AM

DROP-IN* BASKETBALL 12-2PM

> 16&UNDER **OPEN GYM** 2-5PM

CLOSED FOR RENTAL 5:30-7:30PM

DROP-IN PING-PONG 8:30-10:30AM

TOT GYM 11-1:30PM

16&UNDER **OPEN GYM** 2-5PM

ADULT BASKETBALL **LEAGUES** 6-9PM

DROP-IN* PICKLEBALL 8:30-11:30AM

DROP-IN* BASKETBALL 12-2PM

16&UNDER **OPEN GYM** 2-5PM

CLOSED FOR RENTAL 2-4PM

DROP-IN* PICKLEBALL 1-4PM

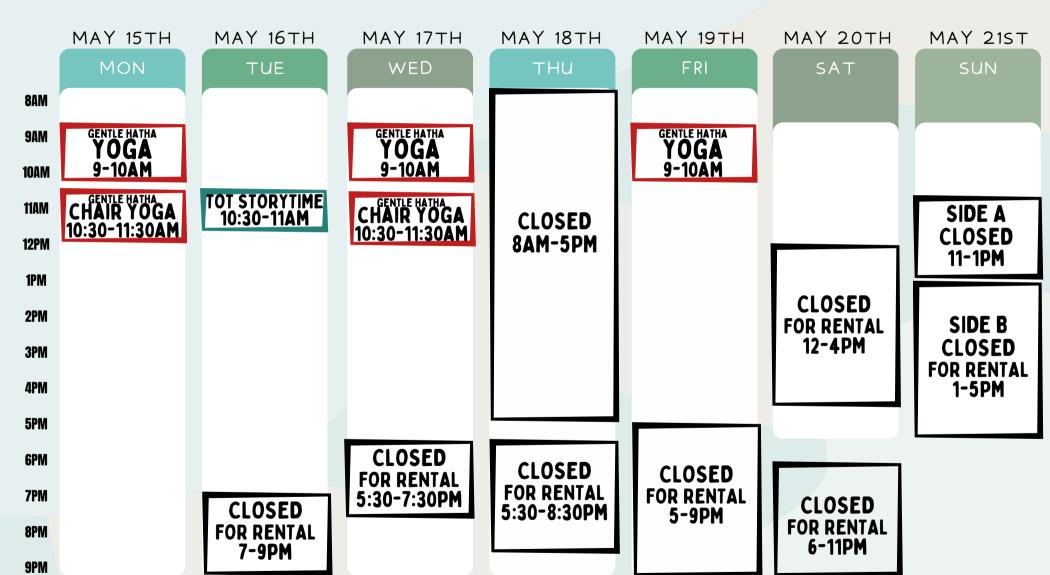
FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM



MULTI-PURPOSE ROOM





FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM



FITNESS ROOM



MAY 15TH MAY 16TH MAY 17TH MAY 18TH MAY 19TH MAY 20TH MAY 21ST MON THU SUN TUE WED FRI SAT 8AM 9AM **10AM** BARRE/HIIT 10:30-11:30AM **11AM** 10:30-11:15AM **12PM** 1PM CREATIVE MOVEMENT

BALLET 2PM 1-1:45PM 3PM 4PM BRIDGE 5PM **FOR BEGINNERS** 4-6PM 6PM YIN YOGA & MEDITATION 6:15-7:30PM 7PM BARRE 7-8PM 8PM 9PM

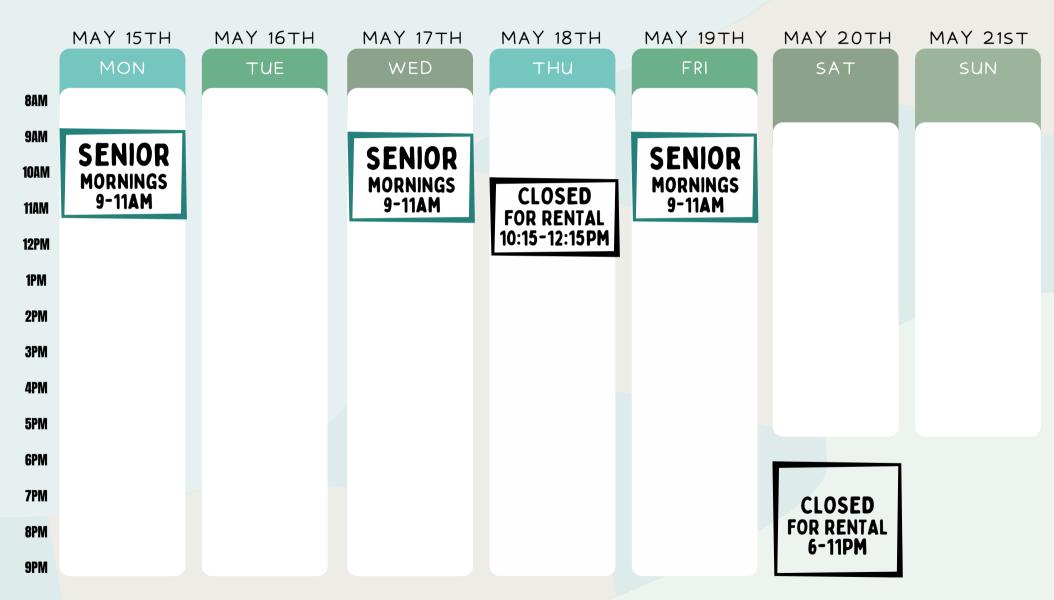
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GATHERING SPACE





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THE CITY OF FIRCREST YOUTH ROOM



	MAY 15TH	MAY 16TH	MAY 17TH	MAY 18TH	MAY 19TH	MAY 20TH	MAY 21ST
	MON	TUE	WED	THU	FRI	SAT	SUN
8AM							
9AM							
10AM						SNAPOLOGY	
11AM						SNAPOLOGY 10-11:15AM	
12PM							
1PM							
2PM							
ЗРМ							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM