

# THE NAMES FAMILY FOUNDATION GYMNASIUM

	JULY 24TH MON	JULY 25TH TUE	JULY 26TH WED	JULY 27TH THU	JULY 28TH FRI	JULY 29TH SAT	JULY 30TH SUN
8AM							
9AM	<b>DROP-IN* PICKLEBALL 8:30-11:30AM</b>	<b>DROP-IN PING-PONG 8:30-10:30AM</b>	<b>DROP-IN* PICKLEBALL 8:30-11:30AM</b>	<b>DROP-IN PING-PONG 8:30-10:30AM</b>	<b>DROP-IN* PICKLEBALL 8:30-11:30AM</b>	<b>FAMILY/BEG PICKLEBALL 8:30-11:30AM</b>	
10AM							
11AM							
12PM	<b>DROP-IN* BASKETBALL 12-2PM</b>	<b>TOT GYM 12:15-1:30PM</b>	<b>DROP-IN* BASKETBALL 12-2PM</b>	<b>TOT GYM 12:15-1:30PM</b>	<b>DROP-IN* BASKETBALL 12-2PM</b>		
1PM							
2PM	<b>16&amp;UNDER OPEN GYM 2-4PM</b>	<b>16&amp;UNDER OPEN GYM 2-5PM</b>	<b>16&amp;UNDER OPEN GYM 2-5PM</b>	<b>16&amp;UNDER OPEN GYM 2-5PM</b>	<b>16&amp;UNDER OPEN GYM 2-5PM</b>		<b>CLOSED FOR RENTAL 2-4PM</b>
3PM							
4PM							
5PM							
6PM							
7PM		<b>ADULT BASKETBALL 6:30-8:30PM</b>	<b>WOMENS PICKLEBALL LEAGUE 6-9PM</b>	<b>ALL AGES VOLLEYBALL 6:30-8:30PM</b>	<b>CLOSED FOR RENTAL 6-8PM</b>		
8PM							
9PM							

**FREE COMMUNITY PROGRAM**

**INSTRUCTOR PROGRAM**

**FEE BASED PROGRAM**



# THE TOM & MEG NAMES FAMILY FOUNDATION MULTI-PURPOSE ROOM



	JULY 24TH MON	JULY 25TH TUE	JULY 26TH WED	JULY 27TH THU	JULY 28TH FRI	JULY 29TH SAT	JULY 30TH SUN
8AM							
9AM	<b>GENTLE HATHA YOGA 9-10AM</b>	<b>DROP-IN PING-PONG 8:30-10:30AM</b>	<b>GENTLE HATHA YOGA 9-10AM</b>		<b>GENTLE HATHA YOGA 9-10AM</b>		
10AM							
11AM	<b>GENTLE HATHA CHAIR YOGA 10:30-11:30AM</b>		<b>GENTLE HATHA CHAIR YOGA 10:30-11:30AM</b>				
12PM							
1PM							
2PM							
3PM							
4PM							
5PM			<b>DROP-IN PING-PONG 3-7PM</b>				
6PM							
7PM							
8PM		<b>CLOSED 7-9PM</b>					
9PM							
				<b>CLOSED 5:30-8:30PM</b>			
					<b>SNAPOLOGY CAMP 10-5PM</b>		
						<b>CLOSED FOR RENTAL 1-6PM</b>	
							<b>CLOSED FOR RENTAL 11-5PM</b>

**FREE COMMUNITY PROGRAM**

**INSTRUCTOR PROGRAM**

**FEE BASED PROGRAM**



# THE NAMES FAMILY FOUNDATION FITNESS ROOM



	JULY 24TH MON	JULY 25TH TUE	JULY 26TH WED	JULY 27TH THU	JULY 28TH FRI	JULY 29TH SAT	JULY 30TH SUN		
8AM									
9AM	<b>SNAPOLOGY CAMP 8-5PM</b>	<b>SNAPOLOGY CAMP 8-5PM</b>	<b>SNAPOLOGY CAMP 8-5PM</b>	<b>SNAPOLOGY CAMP 8-5PM</b>	<b>SNAPOLOGY CAMP 9-10AM</b>		<b>BEG. BARRE 9:30-10:30PM</b>		
10AM									
11AM									
12PM									
1PM									
2PM									
3PM									
4PM									
5PM									
6PM									
7PM									
8PM									
9PM									

**BARRE/HIIT  
10:30-11:30PM**

**FIRCREST  
DRUMLINE  
12-2PM**

**YIN YOGA &  
MEDITATION  
6:15-7:30PM**

**FREE COMMUNITY PROGRAM**

**INSTRUCTOR PROGRAM**

**FEE BASED PROGRAM**

# GATHERING SPACE

	JULY 24TH MON	JULY 25TH TUE	JULY 26TH WED	JULY 27TH THU	JULY 28TH FRI	JULY 29TH SAT	JULY 30TH SUN
8AM							
9AM	<b>SENIOR MORNINGS 9-11AM</b>		<b>SENIOR MORNINGS 9-11AM</b>		<b>SENIOR MORNINGS 9-11AM</b>		
10AM							
11AM							
12PM						<b>CHESS CLUB 11-1PM</b>	
1PM				<b>PINOCHLE GROUP 12-4PM</b>			
2PM							<b>CLOSED FOR RENTAL 2-PM</b>
3PM							
4PM							
5PM			<b>BRIDGE FOR BEGINNERS 4-6PM</b>				
6PM		<b>CHESS CLUB 6-8PM</b>					
7PM							
8PM							
9PM							

**FREE COMMUNITY PROGRAM**

**INSTRUCTOR PROGRAM**

**FEE BASED PROGRAM**

# YOUTH ROOM

	JULY 24TH MON	JULY 25TH TUE	JULY 26TH WED	JULY 27TH THU	JULY 28TH FRI	JULY 29TH SAT	JULY 30TH SUN
8AM							
9AM							
10AM							
11AM							
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							

**FREE COMMUNITY PROGRAM**

**INSTRUCTOR PROGRAM**

**FEE BASED PROGRAM**