

THE NAMES FAMILY FOUNDATION GYMNASIUM

	AUG 28TH MON	AUG 29TH TUE	AUG 30 WED	AUG 31ST THU	SEPT 1ST FRI	SEPT 2ND SAT	SEPT 3RD SUN
8AM							
9AM	DROP-IN* PICKLEBALL 8:30-11:30AM	DROP-IN PING-PONG 8:30-10:30AM	DROP-IN* PICKLEBALL 8:30-11:30AM	DROP-IN PING-PONG 8:30-10:30AM	DROP-IN* PICKLEBALL 8:30-11:30AM	FAMILY/BEG PICKLEBALL 9:30-12:00PM	
10AM							
11AM							
12PM	DROP-IN* BASKETBALL 12-2PM	TOT GYM 11-1:30PM	DROP-IN* BASKETBALL 12-2PM	TOT GYM 11-1:30PM	DROP-IN* BASKETBALL 12-2PM		
1PM							
2PM							
3PM	16&UNDER OPEN GYM 2-5PM	16&UNDER OPEN GYM 2-5PM	16&UNDER OPEN GYM 2-5PM	16&UNDER OPEN GYM 2-5PM	16&UNDER OPEN GYM 2-5PM		
4PM							
5PM							
6PM				DROP-IN VOLLEYBALL 5-7PM			
7PM		ADULT BASKETBALL 6:30-8:30PM	WOMENS PICKLEBALL LEAGUE 6-9PM				
8PM							
9PM							



FREE COMMUNITY PROGRAM **INSTRUCTOR PROGRAM** **FEE BASED PROGRAM**

THE TOM & MEG NAMES FAMILY FOUNDATION
**MULTI-PURPOSE
ROOM**

	AUG 28TH MON	AUG 29TH TUE	AUG 30 WED	AUG 31ST THU	SEPT 1ST FRI	SEPT 2ND SAT	SEPT 3RD SUN
8AM							
9AM	GENTLE HATHA YOGA 9-10AM		GENTLE HATHA YOGA 9-10AM		GENTLE HATHA YOGA 9-10AM		
10AM							
11AM	GENTLE HATHA CHAIR YOGA 10:30-11:30AM		GENTLE HATHA CHAIR YOGA 10:30-11:30AM				
12PM							
1PM				CLOSED FOR MEETING 11-2PM			
2PM							
3PM						CLOSED FOR RENTAL 1-5PM	
4PM							
5PM			DROP-IN PING-PONG 3-7PM				
6PM		CHESS CLUB 6-8PM					
7PM							
8PM							
9PM							



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

THE NAMES FAMILY FOUNDATION FITNESS ROOM

	AUG 28TH MON	AUG 29TH TUE	AUG 30 WED	AUG 31ST THU	SEPT 1ST FRI	SEPT 2ND SAT	SEPT 3RD SUN
8AM							
9AM							
10AM							BEG. BARRE 9:30-10:30PM
11AM					BARRE/HIIT 10:30-11:30PM		
12PM							
1PM							
2PM							
3PM							
4PM		CLOSED FOR RENTAL 3-5PM					
5PM			BRIDGE FOR BEGINNERS 4-6PM				
6PM							
7PM							
8PM							
9PM							



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

GATHERING SPACE

	AUG 28TH MON	AUG 29TH TUE	AUG 30 WED	AUG 31ST THU	SEPT 1ST FRI	SEPT 2ND SAT	SEPT 3RD SUN
8AM							
9AM	SENIOR MORNINGS 9-11AM		SENIOR MORNINGS 9-11AM		SENIOR MORNINGS 9-11AM		
10AM							
11AM							
12PM					PINOCHLE GROUP 12-4PM		
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

YOUTH ROOM

	AUG 28TH MON	AUG 29TH TUE	AUG 30 WED	AUG 31ST THU	SEPT 1ST FRI	SEPT 2ND SAT	SEPT 3RD SUN
8AM							
9AM							
10AM							
11AM							
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM