



ROY H. MURPHY COMMUNITY CENTER

Hours:

Monday-Friday	8AM-9PM
Saturday-Sunday	9AM-5PM

253-564-8177

555 Contra Costa Ave,  
Fircrest, WA 98466

All programs & prices are  
subject to change. For the most  
up to date information please  
call or visit our website:

[cityoffircrest.net](http://cityoffircrest.net)  
[fircrest.recdesk.com](http://fircrest.recdesk.com)



## Little

### Tot Gym

Tu, Th 11-1:30PM

Free

Toys, games, sports, puzzles, activities, and more. YO-5

### Tot Story Time

Tu 10:30AM

Free

Stories and fun with Ms. Dorothy. Ltd Capacity. YO-5

### Snapology

Register @ snapology.com

\$60+

Hands-on, engaging, and interactive activities. Y4+

## Youth

### 16&Under Open Gym

M-F - 2PM-5PM

Free

Open gym with rotating activities.

### Cross Country

9/8-10/27 F 4-5PM

\$40-

\$70

All level runners, play games, learn drills and compete.

### Wed. Workouts K-4

W 6-6:50PM

\$100

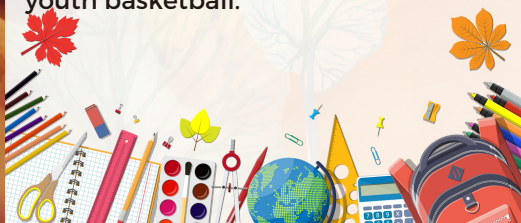
Introduce the game and develop basic basketball skills.

### Wed. Workouts 5-8

W 7-7:50PM

\$100

Interm-Adv. players, develop skills and strategies for competitive youth basketball.



## Adult Athletics

### Ping Pong Drop-In

Tu, Th 8:30-10:30AM

Free

Fun and competitive drop-in table tennis.

### Gentle & Chair Yoga

M, W, F 9AM | M, W 10:30AM

\$8-

\$45

Build strength, increase flexibility, & improve balance.

### Basketball

Adult Drop-In

M, W, F 12-2PM

\$2-4

or Pass

Drop-In competitive or independent for 18+

### Barre Classes

W, F, or Su

\$15-

\$60

Weekly barre classes, incl. Beginner, Barre, and Barre/HIIT.

### Yin Yoga + Meditation

9/28-11/2 Th 6:15-7:30PM

\$50/

6w

A six-week series of deep stretches and relaxation.

### Pickleball

M, W, F 8:30-11:30AM

\$2-4

or Pass

Drop-In pickleball, all experience levels welcome.

### Basketball Drop-In

Full Court Pickup Games

Tu 6:30-8:30PM

\$2-4

or Pass

Drop-In for fun, competitive Adult Basketball pickup games.



## Adult Basketball Fall League

Coming soon!

Registration at [fircrest.recdesk.com](http://fircrest.recdesk.com)

## Adult Activities

### Senior Mornings

M, W, F 9-11AM

Free

Rotating coffee, doughnuts, games, newspaper & community.

### Senior Day Trip

Once-A-Month

\$10

Visit our Community Center or website for up to date info.

### Pinochle Group

F 12-4PM

Free

Pinochle Group in the Gathering Space.

### Bridge for Beginners

W 4-6PM

Free

Weekly meetup for anyone new or returning to bridge.

## All-Ages

### Family Pickleball

Sa - 9:30-12PM

Free

Pickleball for kids, parents, and beginners.

### Drop-In Volleyball

Th 5:30-8PM | Su 9-12PM

Free

All-ages family friendly drop-in volleyball.

### Chess Club

Tu 6-8PM

Free

All-ages chess club

