

THE NAMES FAMILY FOUNDATION GYMNASIUM



SEPT 11TH

SEPT 12TH

SEPT 13TH

SEPT 14TH SEPT 15TH

SEPT 16TH

SEPT 17TH

MON

DROP-IN*

PICKLEBALL

8:30-11:30AM

DROP-IN*

BASKETBALL

12-2PM

16&UNDER

OPEN GYM

2-4PM

SKYHAWKS

BASKETBALL

4-7PM

N

TUE

WFD

THU

FRI

SAT

SUN

8AM

9AM

10AM

11AM

12PM

1PM

2PM

3PM

4PM

5PM

6PM

7PM

8PM

9PM

DROP-IN PING-PONG 8:30-10:30AM

TOT GYM 11-1:30PM

16&UNDER OPEN GYM 2-5PM DROP-IN*
PICKLEBALL
8:30-11:30AM

DROP-IN* Basketball 12-2pm

> 16&UNDER OPEN GYM 2-4PM

SKYHAWKS SOCCER 4-6PM

WEDNESDAY WORKOUTS 6-8PM DROP-IN PING-PONG 8:30-10:30AM

TOT GYM 11-1:30PM

16&UNDER OPEN GYM 2-5PM

DROP-IN VOLLEYBALL 5:30-8PM DROP-IN*
PICKLEBALL
8:30-11:30AM

DROP-IN* BASKETBALL 12-2PM

16&UNDER OPEN GYM 2-5PM BEGINNER & FAMILY PICKLEBALL 9:30-12PM

DROP-IN VOLLEYBALL 9:30-12PM

CLOSED FOR RENTAL 2-4PM



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM



9PM

MULTI-PURPOSE ROOM



SEPT 11TH SEPT 12TH SEPT 13TH SEPT 14TH SEPT 15TH SFPT 16TH SEPT 17TH MON THU SUN TUE WED FRI SAT 8AM YOGA GENTLE HATHA
YOGA GENTLE HATHA
YOGA 9AM 9-10AM **10AM** CHAIR YOGA **11AM** 10:30-11:30AM 10:30-11:30AM **12PM** 1PM 2PM **CLOSED FOR** 3PM **RENTAL** 1:30-4PM 4PM **DROP-IN** PING-PONG 5PM 3-7PM 6PM **CHESS CLUB** 7PM 6-8PM 8PM

FREE COMMUNITY PROGRAM

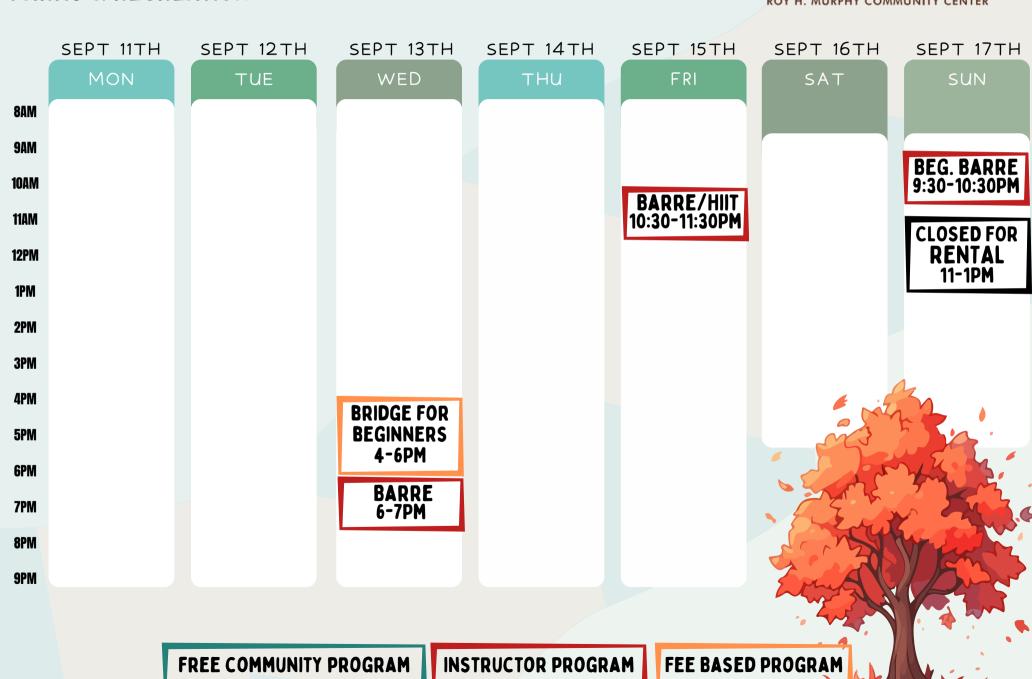
INSTRUCTOR PROGRAM

FEE BASED PROGRAM



THE NAMES FAMILY FOUNDATION FITNESS ROOM







GATHERING



SEPT 12TH SEPT 13TH SEPT 16TH SEPT 11TH SEPT 14TH SEPT 15TH SEPT 17TH MON TUE WED THU FRI SUN SAT 8AM 9AM **SENIOR SENIOR SENIOR 10AM MORNINGS MORNINGS MORNINGS** 9-11AM 9-11AM 9-11AM **11AM 12PM** 1PM **PINOCHLE** 2PM **GROUP** 12-4PM 3PM 4PM 5PM 6PM 7PM 8PM 9PM **INSTRUCTOR PROGRAM** FREE COMMUNITY PROGRAM **FEE BASED PROGRAM**



YOUTH ROOM



	SEPT 11TH	SEPT 12TH	SEPT 13TH	SEPT 14TH	SEPT 15TH	SEPT 16TH	SEPT 17TH
	MON	TUE	WED	THU	FRI	SAT	SUN
8AM						_	
9AM							
10AM							
11AM							
12PM							
1PM							
2PM							
3РМ							
4PM							
5PM							
6PM						9/1	
7PM							
8PM						• 0/3)	13
9PM							
							1300

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM