

THE NAMES FAMILY FOUNDATION GYMNASIUM

	SEPT 18TH MON	SEPT 19TH TUE	SEPT 20TH WED	SEPT 21ST THU	SEPT 22ND FRI	SEPT 23RD SAT	SEPT 24TH SUN
8AM							
9AM	DROP-IN* PICKLEBALL 8:30-11:30AM	DROP-IN PING-PONG 8:30-10:30AM	DROP-IN* PICKLEBALL 8:30-11:30AM	DROP-IN PING-PONG 8:30-10:30AM	DROP-IN* PICKLEBALL 8:30-11:30AM	BEGINNER & FAMILY PICKLEBALL 9:30-12PM	CLOSED FOR RENTAL 9-5PM
10AM							
11AM							
12PM	DROP-IN* BASKETBALL 12-2PM	TOT GYM 11-1:30PM	DROP-IN* BASKETBALL 12-2PM	TOT GYM 11-1:30PM	DROP-IN* BASKETBALL 12-2PM		
1PM							
2PM	16&UNDER OPEN GYM 2-4PM	16&UNDER OPEN GYM 2-5PM	16&UNDER OPEN GYM 2-4PM	16&UNDER OPEN GYM 2-5PM	16&UNDER OPEN GYM 2-5PM		
3PM							
4PM	SKYHAWKS BASKETBALL 4-7PM	CLOSED FOR RENTAL 5:30-7:30PM	SKYHAWKS SOCCER 4-6PM	DROP-IN VOLLEYBALL 5:30-8PM			
5PM			WED. WORKOUTS 6-7PM		CLOSED 7-8:30PM		
6PM			CLOSED 7-8:30PM				
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM



THE TOM & MEG NAMES FAMILY FOUNDATION MULTI-PURPOSE ROOM

	SEPT 18TH MON	SEPT 19TH TUE	SEPT 20TH WED	SEPT 21ST THU	SEPT 22ND FRI	SEPT 23RD SAT	SEPT 24TH SUN
8AM							
9AM	GENTLE HATHA YOGA 9-10AM		GENTLE HATHA YOGA 9-10AM		GENTLE HATHA YOGA 9-10AM		
10AM							
11AM	GENTLE HATHA CHAIR YOGA 10:30-11:30AM	TOT STORY TIME 10:30-11AM	GENTLE HATHA CHAIR YOGA 10:30-11:30AM				
12PM							
1PM							
2PM							
3PM							
4PM							
5PM			DROP-IN PING-PONG 3-7PM				
6PM		CHESS CLUB 6-8PM					
7PM							
8PM							
9PM							
					CLOSED FOR RENTAL 5:30-8:30PM	CLOSED FOR RENTAL 11-5PM	CLOSED FOR RENTAL 9-5PM



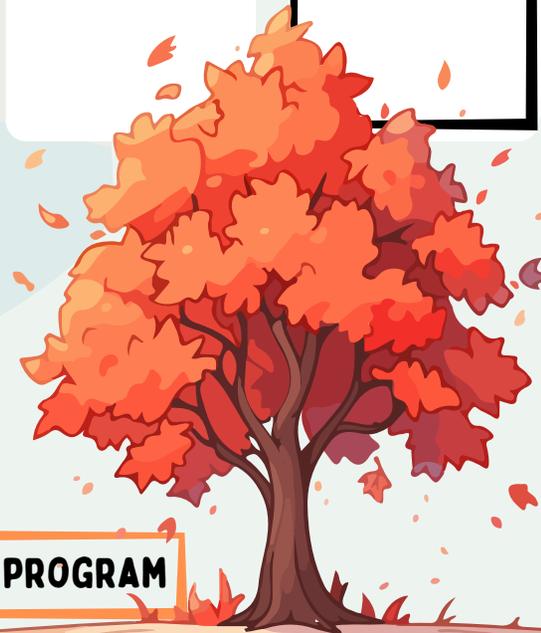
FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

THE NAMES FAMILY FOUNDATION FITNESS ROOM

	SEPT 18TH MON	SEPT 19TH TUE	SEPT 20TH WED	SEPT 21ST THU	SEPT 22ND FRI	SEPT 23RD SAT	SEPT 24TH SUN
8AM							
9AM							
10AM					STRETCH/STRENGTHEN 9:30-10:30PM		CLOSED FOR RENTAL 9-5PM
11AM				CREATIVE MOVEMENT BALLET 10:30-11:15PM	BARRE/HIIT 10:30-11:30PM		
12PM							
1PM				CREATIVE MOVEMENT BALLET 1-1:45PM			
2PM							
3PM							
4PM							
5PM			BRIDGE FOR BEGINNERS 4-6PM				
6PM			BARRE 6-7PM				
7PM							
8PM							
9PM							



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

GATHERING SPACE

	SEPT 18TH MON	SEPT 19TH TUE	SEPT 20TH WED	SEPT 21ST THU	SEPT 22ND FRI	SEPT 23RD SAT	SEPT 24TH SUN
8AM							
9AM	SENIOR MORNINGS 9-11AM		SENIOR MORNINGS 9-11AM		SENIOR MORNINGS 9-11AM		
10AM							
11AM				CLOSED FOR RENTAL 10:15-12:15PM			
12PM							
1PM					PINOCHLE GROUP 12-4PM		
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

YOUTH ROOM

	SEPT 18TH MON	SEPT 19TH TUE	SEPT 20TH WED	SEPT 21ST THU	SEPT 22ND FRI	SEPT 23RD SAT	SEPT 24TH SUN
8AM							
9AM							
10AM						SNAPOLOGY 10-11:15AM	
11AM							
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM