

	SEPT 25TH MON	SEPT 26TH TUE	SEPT 27TH WED	SEPT 28TH THU	SEPT 29TH FRI	SEPT 30TH SAT	OCT 1ST SUN
8AM							
9AM	<b>DROP-IN* PICKLEBALL 8:30-11:30AM</b>	<b>DROP-IN PING-PONG 8:30-10:30AM</b>	<b>DROP-IN* PICKLEBALL 8:30-11:30AM</b>	<b>DROP-IN PING-PONG 8:30-10:30AM</b>	<b>DROP-IN* PICKLEBALL 8:30-11:30AM</b>	<b>BEGINNER &amp; FAMILY PICKLEBALL 9:30-12PM</b>	<b>DROP-IN VOLLEYBALL 9:30-12PM</b>
10AM							
11AM							
12PM	<b>DROP-IN* BASKETBALL 12-2PM</b>	<b>TOT GYM 11-1:30PM</b>	<b>DROP-IN* BASKETBALL 12-2PM</b>	<b>TOT GYM 11-1:30PM</b>	<b>DROP-IN* BASKETBALL 12-2PM</b>		
1PM							
2PM	<b>16&amp;UNDER OPEN GYM 2-4PM</b>	<b>16&amp;UNDER OPEN GYM 2-5PM</b>	<b>16&amp;UNDER OPEN GYM 2-4PM</b>	<b>16&amp;UNDER OPEN GYM 2-5PM</b>	<b>16&amp;UNDER OPEN GYM 2-5PM</b>		<b>CLOSED FOR RENTAL 2-4PM</b>
3PM							
4PM							
5PM	<b>SKYHAWKS BASKETBALL 4-7PM</b>		<b>SKYHAWKS SOCCER 4-6PM</b>				
6PM			<b>WED. WORKOUTS 6-7PM</b>	<b>DROP-IN VOLLEYBALL 5:30-8PM</b>			
7PM	<b>BASKETBALL LEAGUE ADLT 7-9PM</b>	<b>BASKETBALL LEAGUE ADLT 6-9PM</b>	<b>CLOSED 7-8:30PM</b>		<b>CLOSED 7-8:30PM</b>		
8PM							
9PM							

**FREE COMMUNITY PROGRAM**

**INSTRUCTOR PROGRAM**

**FEE BASED PROGRAM**



# THE TOM & MEG NAMES FAMILY FOUNDATION MULTI-PURPOSE ROOM

	SEPT 25TH MON	SEPT 26TH TUE	SEPT 27TH WED	SEPT 28TH THU	SEPT 29TH FRI	SEPT 30TH SAT	OCT 1ST SUN
8AM							
9AM	<b>GENTLE HATHA YOGA 9-10AM</b>		<b>GENTLE HATHA YOGA 9-10AM</b>		<b>GENTLE HATHA YOGA 9-10AM</b>		
10AM							
11AM	<b>GENTLE HATHA CHAIR YOGA 10:30-11:30AM</b>	<b>TOT STORY TIME 10:30-11AM</b>	<b>GENTLE HATHA CHAIR YOGA 10:30-11:30AM</b>				
12PM							
1PM							
2PM							
3PM							
4PM							
5PM			<b>DROP-IN PING-PONG 3-7PM</b>				
6PM		<b>CHESS CLUB 6-8PM</b>					
7PM							
8PM				<b>CLOSED FOR RENTAL 6-9PM</b>			
9PM							



**FREE COMMUNITY PROGRAM**

**INSTRUCTOR PROGRAM**

**FEE BASED PROGRAM**

# THE NAMES FAMILY FOUNDATION FITNESS ROOM

	SEPT 25TH MON	SEPT 26TH TUE	SEPT 27TH WED	SEPT 28TH THU	SEPT 29TH FRI	SEPT 30TH SAT	OCT 1ST SUN
8AM							
9AM							
10AM					<b>STRETCH/STRENGTHEN 9:30-10:30PM</b>		<b>BEG. BARRE 9:30-10:30PM</b>
11AM				<b>CREATIVE MOVEMENT BALLET 10:30-11:15PM</b>	<b>BARRE/HIIT 10:30-11:30PM</b>		
12PM							
1PM							
2PM				<b>CREATIVE MOVEMENT BALLET 1-1:45PM</b>			
3PM							
4PM							
5PM			<b>BRIDGE FOR BEGINNERS 4-6PM</b>				
6PM							
7PM			<b>BARRE 6-7PM</b>	<b>YIN YOGA 6:15-7:30PM</b>			
8PM							
9PM							

**FREE COMMUNITY PROGRAM**

**INSTRUCTOR PROGRAM**

**FEE BASED PROGRAM**



	SEPT 25TH MON	SEPT 26TH TUE	SEPT 27TH WED	SEPT 28TH THU	SEPT 29TH FRI	SEPT 30TH SAT	OCT 1ST SUN
8AM							
9AM	<b>SENIOR MORNINGS 9-11AM</b>		<b>SENIOR MORNINGS 9-11AM</b>	<b>CLOSED FOR RENTAL 10:15-12:15PM</b>	<b>SENIOR MORNINGS 9-11AM</b>		
10AM							
11AM							
12PM							
1PM					<b>PINOCHLE GROUP 12-4PM</b>		
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							

**FREE COMMUNITY PROGRAM**

**INSTRUCTOR PROGRAM**

**FEE BASED PROGRAM**



# YOUTH ROOM

	SEPT 25TH MON	SEPT 26TH TUE	SEPT 27TH WED	SEPT 28TH THU	SEPT 29TH FRI	SEPT 30TH SAT	OCT 1ST SUN
8AM							
9AM							
10AM						<b>SNAPOLOGY 10-11:15AM</b>	
11AM							
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							



**FREE COMMUNITY PROGRAM**

**INSTRUCTOR PROGRAM**

**FEE BASED PROGRAM**