

THE NAMES FAMILY FOUNDATION GYMNASIUM



SEPT 25TH

SEPT 26TH

SEPT 27TH

SEPT 28TH

SEPT 30TH

OCT 1ST

MON

WFD

THU

FRI

SEPT 29TH

SAT

SUN

8AM

9AM

10AM

11**Δ**M

12PM

1PM

2PM

3PM

4PM

5PM

6PM

7PM

8PM

9PM

DROP-IN* PICKLEBALL

8:30-11:30AM

DROP-IN* BASKETBALL 12-2PM

16&UNDER **OPEN GYM** 2-4PM

SKYHAWKS BASKETBALL 4-7PM

BASKETBALL LEAGUE ADLT 7-9PM

TUE

DROP-IN PING-PONG 8:30-10:30AM

TOT GYM 11-1:30PM

16&UNDER **OPEN GYM** 2-5PM

BASKETBALL **LEAGUE ADLT** 6-9PM

DROP-IN* PICKLEBALL 8:30-11:30AM

DROP-IN* BASKETBALL 12-2PM

> 16&UNDER **OPEN GYM** 2-4PM

> > SKYHAWKS **SOCCER** 4-6PM

WED. WORKOUTS 6-7PM

> **CLOSED** 7-8:30PM

DROP-IN PING-PONG 8:30-10:30AM

TOT GYM 11-1:30PM

16&UNDER **OPEN GYM** 2-5PM

DROP-IN VOLLEYBALL 5:30-8PM

DROP-IN* PICKLEBALL 8:30-11:30AM

DROP-IN* BASKETBALL 12-2PM

16&UNDER **OPEN GYM** 2-5PM

CLOSED 7-8:30PM

BEGINNER & FAMILY **PICKLEBALL** 9:30-12PM

DROP-IN VOLLEYBALL 9:30-12PM

CLOSED FOR RENTAL 2-4PM



FREE COMMUNITY PROGRAM

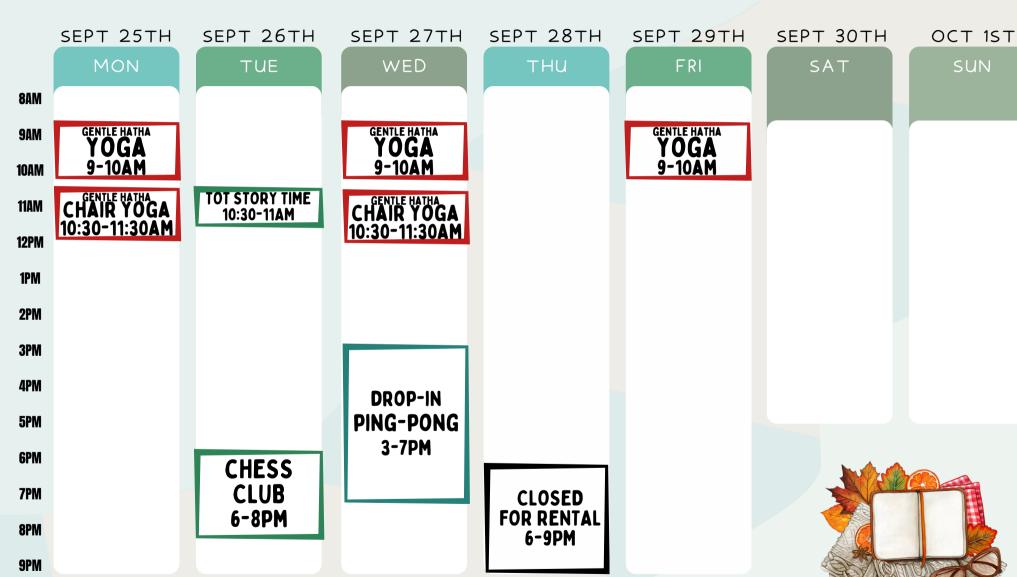
INSTRUCTOR PROGRAM

FEE BASED PROGRAM.



MULTI-PURPOSE ROOM





FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM



THE NAMES FAMILY FOUNDATION FITNESS ROOM



SEPT 26TH SEPT 25TH SFPT 27TH SEPT 28TH SEPT 29TH SEPT 30TH OCT 1ST MON THU TUE WED FRI SAT SUN 8AM 9AM BEG. BARRE 9:30-10:30PM stretch/strengthen 9:30-10:30PM **10AM** CREATIVE MOVEMENT **BALLET 11AM** 10:30-11:15PM 10:30-11:30PM **12PM** 1PM CREATIVE MOVEMENT **BALLET** 2PM 1-1:45PM 3PM 4PM **BRIDGE FOR BEGINNERS** 5PM 4-6PM 6PM BARRE YIN YOGA 6:15-7:30PM 7PM 6-7PM 8PM 9PM FREE COMMUNITY PROGRAM **INSTRUCTOR PROGRAM FEE BASED PROGRAM**



GATHERING SPACE



SEPT 25TH SEPT 26TH SEPT 27TH SEPT 28TH SEPT 29TH SEPT 30TH OCT 1ST MON WED THU SUN TUE FRI SAT 8AM 9AM **SENIOR SENIOR SENIOR 10AM MORNINGS MORNINGS MORNINGS** 9-11AM **CLOSED** 9-11AM 9-11AM **11AM FOR RENTAL** 10:15-12:15PM **12PM** 1PM **PINOCHLE** 2PM **GROUP** 12-4PM 3PM 4PM 5PM 6PM 7PM 8PM 9PM FREE COMMUNITY PROGRAM **INSTRUCTOR PROGRAM FEE BASED PROGRAM**



YOUTH ROOM



SEPT 25TH SEPT 26TH SEPT 27TH SEPT 28TH SEPT 29TH SEPT 30TH OCT 1ST MON TUE WED THU FRI SUN SAT 8AM 9AM 10AM SNAPOLOGY 10-11:15AM 11AM **12PM** 1PM 2PM 3PM 4PM 5PM 6PM 7PM 8PM 9PM

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM