

	OCT 2ND MON	OCT 3RD TUE	OCT 4TH WED	OCT 5TH THU	OCT 6TH FRI	OCT 7TH SAT	OCT 8TH SUN
8AM							
9AM	DROP-IN* PICKLEBALL 8:30-11:30AM	DROP-IN PING-PONG 8:30-10:30AM	DROP-IN* PICKLEBALL 8:30-11:30AM	DROP-IN PING-PONG 8:30-10:30AM	DROP-IN* PICKLEBALL 8:30-11:30AM	BEGINNER & FAMILY PICKLEBALL 9:30-12PM	DROP-IN VOLLEYBALL 9:30-12PM
10AM							
11AM							
12PM	DROP-IN* BASKETBALL 12-2PM	TOT GYM 11-1:30PM	DROP-IN* BASKETBALL 12-2PM	TOT GYM 11-1:30PM	DROP-IN* BASKETBALL 12-2PM		
1PM							
2PM							
3PM	16&UNDER OPEN GYM 2-4PM	16&UNDER OPEN GYM 2-5PM	16&UNDER OPEN GYM 2-4PM	16&UNDER OPEN GYM 2-5PM	16&UNDER OPEN GYM 2-5PM		CLOSED FOR RENTAL 2-4PM
4PM							
5PM	SKYHAWKS BASKETBALL 4-7PM		SKYHAWKS SOCCER 4-6PM				
6PM							
7PM	BASKETBALL LEAGUE ADLT 7-9PM	BASKETBALL LEAGUE ADLT 6-9PM	TRIPLE IMPACT WED. WORKOUTS 6-8PM	DROP-IN VOLLEYBALL 5:30-8PM			
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM



THE TOM & MEG NAMES FAMILY FOUNDATION MULTI-PURPOSE ROOM

	OCT 2ND MON	OCT 3RD TUE	OCT 4TH WED	OCT 5TH THU	OCT 6TH FRI	OCT 7TH SAT	OCT 8TH SUN
8AM							
9AM	GENTLE HATHA YOGA 9-10AM		GENTLE HATHA YOGA 9-10AM		CLOSED FOR RENTAL 8-12PM	CLOSED FOR RENTAL 9-12PM	
10AM							
11AM	GENTLE HATHA CHAIR YOGA 10:30-11:30AM	TOT STORY TIME 10:30-11AM	GENTLE HATHA CHAIR YOGA 10:30-11:30AM				
12PM							
1PM							
2PM				CLOSED FOR RENTAL 12-9PM			
3PM							
4PM			DROP-IN PING-PONG 3-7PM				
5PM							
6PM		CHESS CLUB 6-8PM					
7PM							
8PM							
9PM							



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

THE NAMES FAMILY FOUNDATION FITNESS ROOM

	OCT 2ND MON	OCT 3RD TUE	OCT 4TH WED	OCT 5TH THU	OCT 6TH FRI	OCT 7TH SAT	OCT 8TH SUN
8AM							
9AM							
10AM					STRETCH/STRENGTHEN 9:30-10:30PM		BEG. BARRE 9:30-10:30PM
11AM				CREATIVE MOVEMENT BALLET 10:30-11:15PM	BARRE/HIIT 10:30-11:30PM		
12PM							
1PM							
2PM				CREATIVE MOVEMENT BALLET 1-1:45PM			
3PM							
4PM							
5PM			BRIDGE FOR BEGINNERS 4-6PM				
6PM							
7PM			BARRE 6-7PM	YIN YOGA 6:15-7:30PM			
8PM							
9PM							



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

GATHERING SPACE

	OCT 2ND MON	OCT 3RD TUE	OCT 4TH WED	OCT 5TH THU	OCT 6TH FRI	OCT 7TH SAT	OCT 8TH SUN
8AM							
9AM	SENIOR MORNINGS 9-11AM		SENIOR MORNINGS 9-11AM		SENIOR MORNINGS 9-11AM		
10AM							
11AM							
12PM							
1PM							
2PM							
3PM							
4PM					PINOCHLE GROUP 12-4PM		
5PM							
6PM							
7PM							
8PM							
9PM							



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

YOUTH ROOM

	OCT 2ND MON	OCT 3RD TUE	OCT 4TH WED	OCT 5TH THU	OCT 6TH FRI	OCT 7TH SAT	OCT 8TH SUN
8AM							
9AM							
10AM						SNAPOLOGY 10-11:15AM	
11AM							
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM