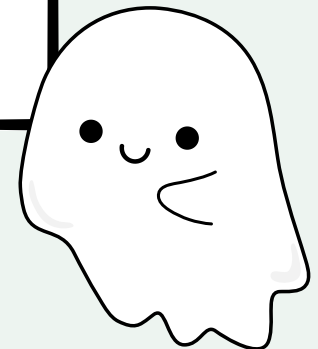


THE NAMES FAMILY FOUNDATION GYMNASIUM

	OCT 23RD MON	OCT 24TH TUE	OCT 25TH WED	OCT 26TH THU	OCT 27TH FRI	OCT 28TH SAT	OCT 29TH SUN
8AM							
9AM	DROP-IN* PICKLEBALL 8:30-11:30AM	DROP-IN PING-PONG 8:30-10:30AM	DROP-IN* PICKLEBALL 8:30-11:30AM		DROP-IN* PICKLEBALL 8:30-11:30AM		DROP-IN VOLLEYBALL 9:30-12PM
10AM							
11AM							
12PM	DROP-IN* BASKETBALL 12-2PM	TOT GYM 11-1:30PM	DROP-IN* BASKETBALL 12-2PM	TOT GYM 11-1:30PM	DROP-IN* BASKETBALL 12-2PM	CLOSED FOR RENTAL 11-9PM	
1PM							
2PM	16&UNDER OPEN GYM 2-4PM	16&UNDER OPEN GYM 2-5PM	16&UNDER OPEN GYM 2-4PM	16&UNDER OPEN GYM 2-5PM	16&UNDER OPEN GYM 2-5PM		
3PM							
4PM							
5PM	SKYHAWKS BASKETBALL 4-7PM		SKYHAWKS SOCCER 4-6PM				CLOSED FOR RENTAL 2-4PM
6PM							
7PM	BASKETBALL LEAGUE ADLT 7-9PM	BASKETBALL LEAGUE ADLT 6-9PM	TRIPLE IMPACT WED. WORKOUTS 6-8PM	DROP-IN VOLLEYBALL 5:30-8PM			
8PM							
9PM							



THE TOM & MEG NAMES FAMILY FOUNDATION
**MULTI-PURPOSE
ROOM**

	OCT 23RD MON	OCT 24TH TUE	OCT 25TH WED	OCT 26TH THU	OCT 27TH FRI	OCT 28TH SAT	OCT 29TH SUN
8AM							
9AM	GENTLE HATHA YOGA 9-10AM		GENTLE HATHA YOGA 9-10AM	DROP-IN PING-PONG 8:30-10:30AM	GENTLE HATHA YOGA 9-10AM		
10AM							
11AM	GENTLE HATHA CHAIR YOGA 10:30-11:30AM	TOT STORY TIME 10:30-11AM	GENTLE HATHA CHAIR YOGA 10:30-11:30AM			CLOSED FOR RENTAL 11-1PM	
12PM							
1PM							
2PM							
3PM						CLOSED FOR RENTAL 2-9PM	
4PM							
5PM			DROP-IN PING-PONG 3-7PM				
6PM		CHESS CLUB 6-8PM					
7PM							
8PM				CLOSED FOR RENTAL 6-9PM			
9PM							



FREE COMMUNITY PROGRAM **INSTRUCTOR PROGRAM** **FEE BASED PROGRAM**

THE NAMES FAMILY FOUNDATION FITNESS ROOM

	OCT 23RD MON	OCT 24TH TUE	OCT 25TH WED	OCT 26TH THU	OCT 27TH FRI	OCT 28TH SAT	OCT 29TH SUN
8AM							
9AM							
10AM					STRETCH/STRENGTHEN 9:30-10:30AM		BEG. BARRE 9:30-10:30AM
11AM				CREATIVE MOVEMENT BALLET 10:30-11:15AM	BARRE/HIIT 10:30-11:30AM		BARRE 10:30-11:30AM
12PM							
1PM							
2PM				CREATIVE MOVEMENT BALLET 1-1:45PM			CLOSED FOR RENTAL 12-2PM
3PM							
4PM							
5PM							
6PM			BRIDGE FOR BEGINNERS 4-6PM				
7PM			BARRE 6-7PM	YIN YOGA 6:15-7:30PM			
8PM							
9PM							



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

GATHERING SPACE

OCT 23RD

MON

OCT 24TH

TUE

OCT 25TH

WED

OCT 26TH

THU

OCT 27TH

FRI

OCT 28TH

SAT

OCT 29TH

SUN

8AM

9AM

10AM

11AM

12PM

1PM

2PM

3PM

4PM

5PM

6PM

7PM

8PM

9PM

**SENIOR
MORNINGS
9-11AM**

**SENIOR
MORNINGS
9-11AM**

**SENIOR
MORNINGS
9-11AM**

**PINOCHLE
GROUP
12-4PM**



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM



YOUTH ROOM

	OCT 23RD MON	OCT 24TH TUE	OCT 25TH WED	OCT 26TH THU	OCT 27TH FRI	OCT 28TH SAT	OCT 29TH SUN
8AM							
9AM							
10AM						SNAPOLOGY 10-11:15AM	
11AM							
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM