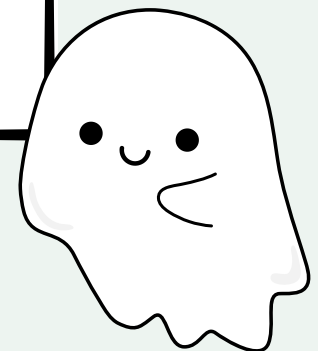


THE NAMES FAMILY FOUNDATION GYMNASIUM

| | OCT 9TH MON | OCT 10TH TUE | OCT 11TH WED | OCT 12TH THU | OCT 13TH FRI | OCT 14TH SAT | OCT 15TH SUN |
|------|---|---|--|---|---|---|---|
| 8AM | | | | | | | |
| 9AM | DROP-IN* PICKLEBALL 8:30-11:30AM | DROP-IN PING-PONG 8:30-10:30AM | DROP-IN* PICKLEBALL 8:30-11:30AM | DROP-IN PING-PONG 8:30-10:30AM | DROP-IN* PICKLEBALL 8:30-11:30AM | BEGINNER & FAMILY PICKLEBALL 9:30-12PM | DROP-IN VOLLEYBALL 9:30-12PM |
| 10AM | | | | | | | |
| 11AM | | | | | | | |
| 12PM | DROP-IN* BASKETBALL 12-2PM | TOT GYM 11-1:30PM | DROP-IN* BASKETBALL 12-2PM | TOT GYM 11-1:30PM | DROP-IN* BASKETBALL 12-2PM | | |
| 1PM | | | | | | | |
| 2PM | 16&UNDER OPEN GYM 2-4PM | 16&UNDER OPEN GYM 2-5PM | 16&UNDER OPEN GYM 2-4PM | 16&UNDER OPEN GYM 2-5PM | 16&UNDER OPEN GYM 2-5PM | | CLOSED FOR RENTAL 2-4PM |
| 3PM | | | | | | | |
| 4PM | SKYHAWKS BASKETBALL 4-7PM | | SKYHAWKS SOCCER 4-6PM | | | | |
| 5PM | BASKETBALL LEAGUE ADLT 7-9PM | BASKETBALL LEAGUE ADLT 6-9PM | TRIPLE IMPACT WED. WORKOUTS 6-8PM | DROP-IN VOLLEYBALL 5:30-8PM | GYM 1 CLOSED 5:30-7PM | CLOSED FOR RENTAL 4-8PM | |
| 6PM | | | | | | | |
| 7PM | | | | | | | |
| 8PM | | | | | | | |
| 9PM | | | | | | | |



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

THE TOM & MEG NAMES FAMILY FOUNDATION MULTI-PURPOSE ROOM

| | OCT 9TH MON | OCT 10TH TUE | OCT 11TH WED | OCT 12TH THU | OCT 13TH FRI | OCT 14TH SAT | OCT 15TH SUN |
|------|--|--------------------------------------|--|--|--|---|--|
| 8AM | | | | | | | |
| 9AM | GENTLE HATHA YOGA 9-10AM | | GENTLE HATHA YOGA 9-10AM | | GENTLE HATHA YOGA 9-10AM | | |
| 10AM | | | | | | | |
| 11AM | GENTLE HATHA CHAIR YOGA 10:30-11:30AM | TOT STORY TIME 10:30-11AM | GENTLE HATHA CHAIR YOGA 10:30-11:30AM | | | | |
| 12PM | | | | | | | |
| 1PM | | | | | | | |
| 2PM | | | | | | | |
| 3PM | | | | | | | |
| 4PM | | | DROP-IN PING-PONG 3-7PM | | | CLOSED FOR RENTAL 12-4PM | CLOSED FOR RENTAL 2-5PM |
| 5PM | | | | | | | |
| 6PM | | CHESS CLUB 6-8PM | | | SPOOKY SCARY SUGAR COOKIE CLASS 5-8PM | | |
| 7PM | | | | CLOSED FOR RENTAL 6-9PM | | | |
| 8PM | | | | | | | |
| 9PM | | | | | | | |



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

THE NAMES FAMILY FOUNDATION FITNESS ROOM

ROY H. MURPHY COMMUNITY CENTER

| | OCT 9TH MON | OCT 10TH TUE | OCT 11TH WED | OCT 12TH THU | OCT 13TH FRI | OCT 14TH SAT | OCT 15TH SUN |
|------|----------------|-----------------|---|---|--|-----------------|------------------------------------|
| 8AM | | | | | | | |
| 9AM | | | | | | | |
| 10AM | | | | | STRETCH/STRENGTHEN 9:30-10:30PM | | BEG. BARRE 9:30-10:30PM |
| 11AM | | | | CREATIVE MOVEMENT BALLET 10:30-11:15PM | BARRE/HIIT 10:30-11:30PM | | |
| 12PM | | | | | | | |
| 1PM | | | | CREATIVE MOVEMENT BALLET 1-1:45PM | | | |
| 2PM | | | | | | | |
| 3PM | | | | | | | |
| 4PM | | | | | | | |
| 5PM | | | BRIDGE FOR BEGINNERS 4-6PM | | | | |
| 6PM | | | BARRE 6-7PM | | | | |
| 7PM | | | | YIN YOGA 6:15-7:30PM | | | |
| 8PM | | | | | | | |
| 9PM | | | | | | | |



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM



| | OCT 9TH MON | OCT 10TH TUE | OCT 11TH WED | OCT 12TH THU | OCT 13TH FRI | OCT 14TH SAT | OCT 15TH SUN |
|------|---------------------------------------|-----------------|---------------------------------------|-----------------|---------------------------------------|-----------------|-----------------|
| 8AM | | | | | | | |
| 9AM | SENIOR MORNINGS 9-11AM | | SENIOR MORNINGS 9-11AM | | SENIOR MORNINGS 9-11AM | | |
| 10AM | | | | | | | |
| 11AM | | | | | | | |
| 12PM | | | | | PINOCHLE GROUP 12-4PM | | |
| 1PM | | | | | | | |
| 2PM | | | | | | | |
| 3PM | | | | | | | |
| 4PM | | | | | | | |
| 5PM | | | | | | | |
| 6PM | | | | | | | |
| 7PM | | | | | | | |
| 8PM | | | | | | | |
| 9PM | | | | | | | |



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM



YOUTH ROOM

| | OCT 9TH MON | OCT 10TH TUE | OCT 11TH WED | OCT 12TH THU | OCT 13TH FRI | OCT 14TH SAT | OCT 15TH SUN |
|------|----------------|-----------------|-----------------|-----------------|-----------------|---------------------------------|-----------------|
| 8AM | | | | | | | |
| 9AM | | | | | | | |
| 10AM | | | | | | SNAPOLOGY 10-11:15AM | |
| 11AM | | | | | | | |
| 12PM | | | | | | | |
| 1PM | | | | | | | |
| 2PM | | | | | | | |
| 3PM | | | | | | | |
| 4PM | | | | | | | |
| 5PM | | | | | | | |
| 6PM | | | | | | | |
| 7PM | | | | | | | |
| 8PM | | | | | | | |
| 9PM | | | | | | | |



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM