

THE NAMES FAMILY FOUNDATION GYMNASIUM



NOV 20TH

MON

9AM DROP-IN*

10AM PICKLEBALL

8:30-11:30AM

DROP-IN*
BASKETBALL
12-2PM

2PM

4PM

5PM

6PM

7PM

8PM

9PM

8AM

11AM

3PM 16&UNDER OPEN GYM 2-4PM

SKYHAWKS BASKETBALL CLINICS 4-7PM

CLOSED FOR RENTAL 7-8:30PM NOV 21ST

TUE

DROP-IN PING-PONG 8:30-10:30AM

TOT GYM 11-1:30PM

16&UNDER OPEN GYM 2-4:30PM

CLOSED FOR RENTAL 4:30-6PM NOV 22ND

WED

DROP-IN*
PICKLEBALL
8:30-11:30AM

DROP-IN* BASKETBALL 12-2PM

> 16&UNDER OPEN GYM 2-4PM

SOCCERTOTS 4:15-5:45PM NOV 23RD

THU

NOV 24TH

FRI

W X X X X X X



CLOSED FOR THANKSGIVING



NOV 25TH

SAT

NOV 26TH

SUN

DROP-IN*
PICKLEBALL
9:30-12PM

DROP-IN
VOLLEYBALL
9:30-12PM



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM



THE TOM & MEG NAMES FAMILY FOUNDATION ROOM



NOV 20TH

NOV 21ST TUE

TOT STORY TIME

10:30-11AM

NOV 22ND WED

NOV 23RD

NOV 24TH

NOV 25TH NOV 26TH

SUN

SAT

MON

8AM

GENTLE HATHA
YOGA 9AM **10AM**

CHAIR YOGA **11AM** 10:30-11:30AM

12PM

1PM

2PM

3PM

4PM

5PM

6PM

CLOSED FOR RENTAL 7-9PM

CHAIR YOGA 10:30-11:30AM





FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM



THE NAMES FAMILY FOUNDATION



NOV 20TH MON

8AM

9AM

10AM

11AM

12PM

1PM

2PM

3PM

4PM

5PM

6PM

NOV 21ST

TUE

NOV 22ND

WED

NOV 23RD

THU

NOV 24TH

FRI

SAT

NOV 25TH

NOV 26TH

SUN

BEG. BARRE 9:30-10:30AM

BARRE 10:30-11:30AM

CLOSED FOR THANKSGIVING

BRIDGE FOR BEGINNERS 3:30-5:30PM

> BARRE 6-7PM



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM







NOV 20TH MON 8AM 9AM **SENIOR 10AM MORNINGS** 9-11AM **11AM 12PM** 1PM 2PM 3PM 4PM 5PM 6PM

NOV 21ST TUE CHESS CLUB 6-8PM

NOV 22ND
WED

SENIOR MORNINGS 9-11AM



NOV 25TH NOV 26TH SAT SUN

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM







NOV 20TH

NOV 21ST TUE

NOV 22ND WED

NOV 23RD

NOV 24TH

NOV 25TH SAT

NOV 26TH

SUN

MON

8AM

9AM

10AM

11AM

12PM

1PM

2PM

3PM

4PM

5PM

6PM

THU FRI **CLOSED FOR THANKSGIVING**

SNAPOLOGY 10-11:15AM



EREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM