

THE NAMES FAMILY FOUNDATION GYMNASIUM

	NOV 27TH MON	NOV 28TH TUE	NOV 29TH WED	NOV 30TH THU	DEC 1ST FRI	DEC 2ND SAT	DEC 3RD SUN
8AM							
9AM	1 COURT DROP-IN* PICKLE- BALL 8:30- 11:30AM	DROP-IN* PING PONG 8:30- 10:30AM	1 COURT DROP-IN* PICKLE- BALL 8:30- 11:30AM	DROP-IN PING-PONG 8:30-10:30AM	DROP-IN* PICKLEBALL 8:30-11:30AM		CLOSED FOR EVENT SETUP
10AM							
11AM							
12PM	1/2 GYM DROP-IN* BASKET- BALL 12-2PM	TOT GYM 11- 1:30PM	1/2 GYM DROP-IN* BASKET- BALL 12-2PM	TOT GYM 11-1:30PM	DROP-IN* BASKETBALL 12-2PM	DROP-IN* PICKLEBALL 9:30-12PM	
1PM							
2PM	16 & UNDER OPEN GYM 2-4PM	16 & UNDER OPEN GYM 2-4:30PM	16 & UNDER OPEN GYM 2-5	16&UNDER OPEN GYM 2-4:30PM	16&UNDER OPEN GYM 2-4:30PM		
3PM	HALF GYM CLOSED FOR REPAIR	HALF GYM CLOSED FOR REPAIR	HALF GYM CLOSED FOR REPAIR				
4PM							
5PM	SKY- HAWKS BASKET- BALL CLINICS 4-7PM	CLOSED FOR RENTAL 4:30-6PM		GYM 2 CLOSED FOR RENTAL 4:30-6PM	GYM 2 CLOSED FOR RENTAL 4:30-6:30PM		
6PM							
7PM			CLOSED FOR RENTAL 7-8:30PM	GYM 2 CLOSED FOR RENTAL 6:15-8:15PM			
8PM							
9PM							

**FIRCREST
HOLIDAY MARKET
& TREE LIGHTING**

DECEMBER 3, 2023
12:00 - 8:00 PM
TREE LIGHTING: 6:00 PM

FIRCREST COMMUNITY CENTER
555 CONTRA COSTA AVENUE

ARTISTS
MAKERS
TREATS
FOOD TRUCKS
FRESH WREATHS
ENTERTAINMENT
SANTA PHOTOS
DICKENS CAROLERS
AND
MURPHY LIVE IN PERSON



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

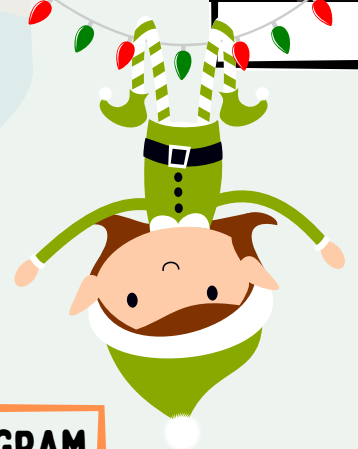
THE TOM & MEG NAMES FAMILY FOUNDATION MULTI-PURPOSE ROOM

	NOV 27TH MON	NOV 28TH TUE	NOV 29TH WED	NOV 30TH THU	DEC 1ST FRI	DEC 2ND SAT	DEC 3RD SUN
8AM							
9AM	GENTLE HATHA YOGA 9-10AM		GENTLE HATHA YOGA 9-10AM		YOGA 9-10AM		CLOSED FOR EVENT SETUP
10AM	GENTLE HATHA CHAIR YOGA 10:30-11:30AM		GENTLE HATHA CHAIR YOGA 10:30-11:30AM				
11AM		TOT STORY TIME 10:30-11AM					
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM



THE NAMES FAMILY FOUNDATION FITNESS ROOM

NOV 27TH
MON

NOV 28TH
TUE

NOV 29TH
WED

NOV 30TH
THU

DEC 1ST
FRI

DEC 2ND
SAT

DEC 3RD
SUN

8AM

9AM

10AM

11AM

12PM

1PM

2PM

3PM

4PM

5PM

6PM

7PM

8PM

9PM

**CREATIVE
MOVEMENT BALLET
10:30-1:45PM**

**CREATIVE
MOVEMENT BALLET
1-1:45PM**

**BRIDGE FOR
BEGINNERS
3:30-5:30PM**

**BARRE
6-7PM**

**YIN YOGA
6:15-7:30PM**

**BARRE
9:30-11:30AM**

**CLOSED FOR
EVENT SETUP**



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM



	NOV 27TH MON	NOV 28TH TUE	NOV 29TH WED	NOV 30TH THU	DEC 1ST FRI	DEC 2ND SAT	DEC 3RD SUN
8AM							
9AM	SENIOR MORNINGS 9-11AM		SENIOR MORNINGS 9-11AM		SENIOR MORNINGS 9-11AM		GYM CLOSED FOR EVENT SETUP CLOSED FOR
10AM							
11AM							
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							

**GYM CLOSED
FOR EVENT
SETUP
CLOSED FOR**



**FIRCREST
HOLIDAY MARKET
& TREE LIGHTING**

DECEMBER 3, 2023
12:00 - 8:00 PM
TREE LIGHTING: 6:00 PM

**FIRCREST COMMUNITY CENTER
555 CONTRA COSTA AVENUE**

WITH:
ARTISTS
MAKERS
TREATS
FOOD TRUCKS
FRESH WREATHS
ENTERTAINMENT
SANTA PHOTOS
DICKENS CAROLERS
AND
MURPHY LIVE IN PERSON



YOUTH ROOM

	NOV 27TH MON	NOV 28TH TUE	NOV 29TH WED	NOV 30TH THU	DEC 1ST FRI	DEC 2ND SAT	DEC 3RD SUN
8AM							
9AM							
10AM							
11AM						SNAPOLOGY 10-11:15AM	GYM CLOSED FOR EVENT SETUP
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							
	FREE COMMUNITY PROGRAM			INSTRUCTOR PROGRAM		FEE BASED PROGRAM	

**GYM CLOSED
FOR EVENT
SETUP**

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