

THE NAMES FAMILY FOUNDATION



NOV 6TH

NOV 7TH

NOV 8TH

NOV 9TH

NOV 11TH

NOV 12TH

MON

DROP-IN*

PICKLEBALL

8:30-11:30AM

DROP-IN*

BASKETBALL

12-2PM

16&UNDER

OPEN GYM

2-4PM

TUE

THU

SAT

SUN

8AM

9AM

10AM

11AM

12PM

1PM

2PM

3PM

4PM

5PM

6PM

SPM

BASKETBALL **LEAGUE ADLT** 7-9PM

DROP-IN PING-PONG 8:30-10:30AM

TOT GYM 11-1:30PM

16&UNDER **OPEN GYM** 2-5PM

BASKETBALL LEAGUE ADLT 6-9PM

WED

DROP-IN* PICKLEBALL 8:30-11:30AM

DROP-IN* BASKETBALL 12-2PM

16&UNDER **OPEN GYM** 2-4PM

> SKYHAWKS **SOCCER** 4-6PM

TRIPLE IMPACT **NOV. CLINICS** 6:30-7:45PM

DROP-IN PING-PONG 8:30-10:30AM

TOT GYM 11-1:30PM

16&UNDER **OPEN GYM** 2-5PM



NOV 10TH

FRI

1 eterans J)ay



CLOSED FOR RENTAL 10-12PM

CLOSED FOR RENTAL 1:30-6:30PM



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM



THE TOM & MEG NAMES FAMILY FOUNDATION

ROOM

NOV 9TH





NOV 6TH MON

8AM GENTLE HATHA
YOGA 9AM

9-10AM **10AM**

CHAIR YOGA 10:30-11:30AM **12PM**

1PM 2PM

3PM

11AM

4PM

5PM

6PM

3PM

CHESS CLUB

6-8PM

NOV 7TH

TUE

TOT STORY TIME

10:30-11AM

CLOSED FOR RENTAL 6-8PM

NOV 8TH

WED

GENTLE HATHA
YOGA

9-10AM

10:30-11:30AM

CLOSED FOR RENTAL 6-9PM

NOV 10TH

FRI

THU

SAT

NOV 11TH

NOV 12TH

SUN

CLOSED FOR

1)eterans



CLOSED FOR RENTAL 12-2PM



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM



THE NAMES FAMILY FOUNDATION





NOV 7TH TUE

NOV 8TH

BRIDGE FOR BEGINNERS 3:30-5:30PM

WED

BARRE 6-7PM

NOV 9TH THU

CREATIVE MOVEMENT **BALLET** 10:30-11:15AM

CREATIVE MOVEMENT
BALLET
1-1:45PM

YIN YOGA 6:15-7:30PM

NOV 10TH

FRI

SAT

NOV 11TH

NOV 12TH

SUN

BEG. BARRE 9:30-10:30AM

BARRE 10:30-11:30AM







EREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM







NOV 6TH MON 8AM 9AM **SENIOR 10AM MORNINGS** 9-11AM **11AM 12PM** 1PM 2PM 3PM 4PM 5PM 6PM

NOV 7TH

NOV 8TH

NOV 9TH

NOV 10TH

FRI

NOV 11TH

NOV 12TH

TUE

WED

THU

SAT

SUN

SENIOR MORNINGS 9-11AM

CLOSED FOR





CLOSED FOR RENTAL 9-11AM

> **CLOSED FOR RENTAL** 11-1PM



EREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM



YOUTH ROOM



NOV 6TH MON 8AM 9AM **10AM** 11AM **12PM** 1PM 2PM 3PM 4PM 5PM 6PM

NOV 7TH TUE

NOV 8TH WED

NOV 9TH

NOV 10TH FRI

CLOSED FOR
Oleterans



NOV 11TH NOV 12TH

SAT SUN



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM