

# THE NAMES FAMILY FOUNDATION GYMNASIUM

	DEC 4TH MON	DEC 5TH TUE	DEC 6TH WED	DEC 7TH THU	DEC 8TH FRI	DEC 9TH SAT	DEC 10TH SUN
8AM							
9AM	<b>DROP-IN* PICKLEBALL 8:30-11:30AM</b>	<b>DROP-IN PING-PONG 8:30-10:30AM</b>	<b>DROP-IN* PICKLEBALL 8:30-11:30AM</b>	<b>DROP-IN PING-PONG 8:30-10:30AM</b>	<b>DROP-IN* PICKLEBALL 8:30-11:30AM</b>	<b>DROP-IN* PICKLEBALL 9:30-12PM</b>	<b>DROP-IN* VOLLEYBALL 9:30-12PM</b>
10AM							
11AM							
12PM	<b>DROP-IN* BASKETBALL 12-2PM</b>	<b>TOT GYM 11-1:30PM</b>	<b>DROP-IN* BASKETBALL 12-2PM</b>	<b>TOT GYM 11-1:30PM</b>	<b>DROP-IN* BASKETBALL 12-2PM</b>		
1PM							
2PM	<b>16&amp;UNDER OPEN GYM 2-4PM</b>	<b>16&amp;UNDER OPEN GYM 2-4:30PM</b>	<b>16&amp;UNDER OPEN GYM 2-4PM</b>	<b>16&amp;UNDER OPEN GYM 2-4:30PM</b>	<b>16&amp;UNDER OPEN GYM 2-4:30PM</b>		
3PM							
4PM	<b>SKYHAWKS BASKETBALL CLINICS 4-7PM</b>		<b>SOCCERTOTS 4:15-5:45PM</b>				
5PM							
6PM							
7PM	<b>CLOSED FOR RENTAL 7-8:30PM</b>		<b>CLOSED FOR RENTAL 7-8:30PM</b>				<b>CLOSED FOR RENTAL 1-7:30PM</b>
8PM							
9PM							



**FREE COMMUNITY PROGRAM**

**INSTRUCTOR PROGRAM**

**FEE BASED PROGRAM**

# THE TOM & MEG NAMES FAMILY FOUNDATION MULTI-PURPOSE ROOM

	DEC 4TH MON	DEC 5TH TUE	DEC 6TH WED	DEC 7TH THU	DEC 8TH FRI	DEC 9TH SAT	DEC 10TH SUN
8AM							
9AM	<b>GENTLE HATHA YOGA 9-10AM</b>		<b>GENTLE HATHA YOGA 9-10AM</b>		<b>YOGA 9-10AM</b>		
10AM							
11AM	<b>GENTLE HATHA CHAIR YOGA 10:30-11:30AM</b>	<b>TOT STORY TIME 10:30-11AM</b>	<b>GENTLE HATHA CHAIR YOGA 10:30-11:30AM</b>				
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM		<b>CHRISTMAS COOKIE DECORATING CLASS WITH MAGGIE MAGEE 6:30-8:30PM</b>					
8PM							
9PM							



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# THE NAMES FAMILY FOUNDATION FITNESS ROOM

	DEC 4TH MON	DEC 5TH TUE	DEC 6TH WED	DEC 7TH THU	DEC 8TH FRI	DEC 9TH SAT	DEC 10TH SUN
8AM							
9AM							
10AM							<b>BEG. BARRE 9:30-10:30AM</b>
11AM				<b>CREATIVE MOVEMENT BALLET 10:30-11:15PM</b>	<b>BARRE/HIIT 10:30-11:30AM</b>		<b>BARRE 10:30-11:30AM</b>
12PM							
1PM							
2PM				<b>CREATIVE MOVEMENT BALLET 1-1:45PM</b>			
3PM							
4PM			<b>BRIDGE FOR BEGINNERS 3:30-5:30PM</b>				
5PM							
6PM							
7PM			<b>BARRE 6-7PM</b>	<b>YIN YOGA 6:15-7:30PM</b>			
8PM							
9PM							



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**FEE BASED PROGRAM**

# GATHERING SPACE

	DEC 4TH MON	DEC 5TH TUE	DEC 6TH WED	DEC 7TH THU	DEC 8TH FRI	DEC 9TH SAT	DEC 10TH SUN
8AM							
9AM	<b>SENIOR MORNINGS 9-11AM</b>		<b>SENIOR MORNINGS 9-11AM</b>		<b>SENIOR MORNINGS 9-11AM</b>		
10AM							
11AM							
12PM							
1PM							
2PM							
3PM							
4PM							
5PM		<b>CLOSED FOR RENTAL 4-8PM</b>		<b>CLOSED FOR RENTAL 5-8PM</b>			
6PM							
7PM							
8PM							
9PM							

**CLOSED  
FOR RENTAL  
12-4PM**

**CLOSED  
FOR RENTAL  
4-8PM**

**CLOSED  
FOR RENTAL  
5-8PM**

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**FEE BASED PROGRAM**



# YOUTH ROOM

DEC 4TH  
MON

DEC 5TH  
TUE

DEC 6TH  
WED

DEC 7TH  
THU

DEC 8TH  
FRI

DEC 9TH  
SAT

DEC 10TH  
SUN

8AM  
9AM  
10AM  
11AM  
12PM  
1PM  
2PM  
3PM  
4PM  
5PM  
6PM  
7PM  
8PM  
9PM

**SNAPOLOGY  
10-11:15AM**



**FREE COMMUNITY PROGRAM**

**INSTRUCTOR PROGRAM**

**FEE BASED PROGRAM**

