


	JAN 15TH MON	JAN 16TH TUE	JAN 17TH WED	JAN 19TH THU	JAN 20TH FRI	JAN 21ST SAT	JAN 22ND SUN
8AM	CLOSED FOR MARTIN LUTHER KING, JR. DAY 						
9AM		DROP-IN PING-PONG 8:30-10:30AM	DROP-IN* PICKLEBALL 8:30-11:30AM	DROP-IN PING-PONG 8:30-10:30AM	DROP-IN* PICKLEBALL 8:30-11:30AM		CLOSED FOR RENTAL 9:30-12:30PM
10AM							
11AM							
12PM		TOT GYM 11-1:30PM		TOT GYM 11-1:30PM			
1PM			DROP-IN* BASKETBALL 12-2PM		DROP-IN* BASKETBALL 12-2PM	YOUTH BASKETBALL GAMES 8-6PM	
2PM							
3PM		16&UNDER OPEN GYM 2-4PM	16&UNDER OPEN GYM 2-4PM	16&UNDER OPEN GYM 2-4PM	16&UNDER OPEN GYM 2-5PM		CLOSED FOR RENTAL 1:45-6:45PM
4PM							
5PM		YOUTH BASKETBALL 4:30-8:30PM	YOUTH BASKETBALL 4:30-8:30PM	YOUTH BASKETBALL 4:30-8:30PM	YOUTH BASKETBALL 5-9PM		
6PM							
7PM							
8PM							
9PM							




FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

THE TOM & MEG NAMES FAMILY FOUNDATION MULTI-PURPOSE ROOM


	JAN 15TH MON	JAN 16TH TUE	JAN 17TH WED	JAN 19TH THU	JAN 20TH FRI	JAN 21ST SAT	JAN 22ND SUN
8AM	CLOSED FOR MARTIN LUTHER KING, JR. DAY 		GENTLE HATHA YOGA 9-10AM		YOGA 9-10AM		
9AM						BASKETBALL TEAM PICTURES 8-2PM	
10AM		TOT STORY TIME 10:30-11AM	GENTLE HATHA CHAIR YOGA 10:30-11:30AM				
11AM							
12PM							
1PM							
2PM							
3PM							
4PM			DROP-IN PING PONG 3-7PM				
5PM							
6PM				CLOSED FOR RENTAL 5:30-8:30PM	CLOSED FOR RENTAL 6-9PM		
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

THE NAMES FAMILY FOUNDATION FITNESS ROOM

	JAN 15TH MON	JAN 16TH TUE	JAN 17TH WED	JAN 19TH THU	JAN 20TH FRI	JAN 21ST SAT	JAN 22ND SUN
8AM	CLOSED FOR MARTIN LUTHER KING, JR. DAY 						
9AM							
10AM							
11AM				BALLET 10:30-11:15AM	BARRE/HIIT 10:30-11:30AM		
12PM							
1PM							
2PM							
3PM							
4PM			BRIDGE FOR BEGINNERS 3:30-5:30PM				
5PM							
6PM			BARRE 6-7PM	YIN YOGA 6-7:30PM			
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

	JAN 15TH MON	JAN 16TH TUE	JAN 17TH WED	JAN 19TH THU	JAN 20TH FRI	JAN 21ST SAT	JAN 22ND SUN
8AM							
9AM							
10AM			SENIOR MORNINGS 9-11AM		SENIOR MORNINGS 9-11AM		
11AM							
12PM							
1PM	CLOSED FOR MARTIN LUTHER KING, JR. DAY						
2PM							
3PM	MLK JR. DAY I HAVE A DREAM						
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

YOUTH ROOM



JAN 15TH

MON

8AM

9AM

10AM

11AM

12PM

1PM

2PM

3PM

4PM

5PM

6PM

7PM

8PM

9PM

**CLOSED FOR
MARTIN
LUTHER KING,
JR. DAY**



JAN 16TH

TUE

JAN 17TH

WED

JAN 19TH

THU

JAN 20TH

FRI

JAN 21ST

SAT

JAN 22ND

SUN

**SNAPOLOGY
10-11:15AM**



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM