

	JAN 22ND MON	JAN 23RD TUE	JAN 24TH WED	JAN 25TH THU	JAN 26TH FRI	JAN 27TH SAT	JAN 28TH SUN
8AM							
9AM	DROP-IN* PICKLEBALL 8:30-11:30AM	DROP-IN PING-PONG 8:30-10:30AM	DROP-IN* PICKLEBALL 8:30-11:30AM	DROP-IN PING-PONG 8:30-10:30AM	DROP-IN* PICKLEBALL 8:30-11:30AM		CLOSED FOR RENTAL 9:30-12:30PM
10AM							
11AM							
12PM	DROP-IN* BASKETBALL 12-2PM	TOT GYM 11-1:30PM	DROP-IN* BASKETBALL 12-2PM	TOT GYM 11-1:30PM	DROP-IN* BASKETBALL 12-2PM	YOUTH BASKETBALL GAMES 8-6PM	
1PM							
2PM							
3PM	16&UNDER OPEN GYM 2-4PM	16&UNDER OPEN GYM 2-4PM	16&UNDER OPEN GYM 2-4PM	16&UNDER OPEN GYM 2-4PM	16&UNDER OPEN GYM 2-5PM		YOUTH BASKETBALL 2-4PM
4PM							
5PM							
6PM	YOUTH BASKETBALL 4:30-8:30PM	YOUTH BASKETBALL 4:30-8:30PM	YOUTH BASKETBALL 4:30-8:30PM	YOUTH BASKETBALL 4:30-8:30PM	YOUTH BASKETBALL 5-9PM		
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM





THE TOM & MEG NAMES FAMILY FOUNDATION MULTI-PURPOSE ROOM



	JAN 22ND MON	JAN 23RD TUE	JAN 24TH WED	JAN 25TH THU	JAN 26TH FRI	JAN 27TH SAT	JAN 28TH SUN
8AM							
9AM	GENTLE HATHA YOGA 9-10AM		GENTLE HATHA YOGA 9-10AM		YOGA 9-10AM		
10AM							
11AM	GENTLE HATHA CHAIR YOGA 10:30-11:30AM	TOT STORY TIME 10:30-11AM	GENTLE HATHA CHAIR YOGA 10:30-11:30AM				
12PM							
1PM							
2PM							
3PM							
4PM							
5PM			DROP-IN PING PONG 3-7PM				
6PM				CLOSED FOR RENTAL 6-9PM		CLOSED FOR RENTAL 5-9PM	
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

THE NAMES FAMILY FOUNDATION FITNESS ROOM

	JAN 22ND MON	JAN 23RD TUE	JAN 24TH WED	JAN 25TH THU	JAN 26TH FRI	JAN 27TH SAT	JAN 28TH SUN
8AM							
9AM							
10AM							
11AM				BALLET 10:30-11:15AM	BARRE/HIIT 10:30-11:30AM		BARRE/HIIT 9:30-11:30AM
12PM							
1PM							
2PM							
3PM							
4PM			BRIDGE FOR BEGINNERS 3:30-5:30PM				
5PM							
6PM							
7PM			BARRE 6-7PM	YIN YOGA 6-7:30PM			
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

	JAN 22ND MON	JAN 23RD TUE	JAN 24TH WED	JAN 25TH THU	JAN 26TH FRI	JAN 27TH SAT	JAN 28TH SUN
8AM							
9AM	SENIOR MORNINGS 9-11AM		SENIOR MORNINGS 9-11AM		SENIOR MORNINGS 9-11AM		
10AM							
11AM							
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

YOUTH ROOM



JAN 22ND

MON

JAN 23RD

TUE

JAN 24TH

WED

JAN 25TH

THU

JAN 26TH

FRI

JAN 27TH

SAT

JAN 28TH

SUN

8AM

9AM

10AM

11AM

12PM

1PM

2PM

3PM

4PM

5PM

6PM

7PM

8PM

9PM

**SNAPOLOGY
10-11:15AM**

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

