

	JAN 8TH MON	JAN 9TH TUE	JAN 10TH WED	JAN 11TH THU	JAN 12TH FRI	JAN 13TH SAT	JAN 14TH SUN
8AM							
9AM	DROP-IN* PICKLEBALL 8:30-11:30AM	DROP-IN PING-PONG 8:30-10:30AM	DROP-IN* PICKLEBALL 8:30-11:30AM	DROP-IN PING-PONG 8:30-10:30AM	DROP-IN* PICKLEBALL 8:30-11:30AM		DROP-IN* VOLLEYBALL 9:30-12PM
10AM							
11AM							
12PM	DROP-IN* BASKETBALL 12-2PM	TOT GYM 11-1:30PM	DROP-IN* BASKETBALL 12-2PM	TOT GYM 11-1:30PM	DROP-IN* BASKETBALL 12-2PM	YOUTH BASKETBALL GAMES 8-6PM	
1PM							
2PM	16&UNDER OPEN GYM 2-4PM	16&UNDER OPEN GYM 2-4PM	16&UNDER OPEN GYM 2-4PM	16&UNDER OPEN GYM 2-4PM	16&UNDER OPEN GYM 2-5PM		
3PM							
4PM							
5PM							
6PM	YOUTH BASKETBALL 4:30-8:30PM	YOUTH BASKETBALL 4:30-8:30PM	YOUTH BASKETBALL 4:30-8:30PM	YOUTH BASKETBALL 4:30-8:30PM	YOUTH BASKETBALL 5-9PM		
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM



THE TOM & MEG NAMES FAMILY FOUNDATION MULTI-PURPOSE ROOM

	JAN 8TH MON	JAN 9TH TUE	JAN 10TH WED	JAN 11TH THU	JAN 12TH FRI	JAN 13TH SAT	JAN 14TH SUN
8AM							
9AM	GENTLE HATHA YOGA 9-10AM		GENTLE HATHA YOGA 9-10AM		YOGA 9-10AM	CLOSED FOR RENTAL 9-12PM	CLOSED FOR RENTAL 9-1PM
10AM	GENTLE HATHA CHAIR YOGA 10:30-11:30AM	TOT STORY TIME 10:30-11AM	GENTLE HATHA CHAIR YOGA 10:30-11:30AM				
11AM							
12PM	CLOSED FOR RENTAL 12-4PM						
1PM							
2PM						CLOSED FOR RENTAL 1:30-4:30PM	CLOSED FOR RENTAL 2-5PM
3PM							
4PM			DROP-IN PING PONG 3-7PM				
5PM							
6PM		CLOSED FOR RENTAL 6-9PM		CLOSED FOR RENTAL 6-9PM			
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

THE NAMES FAMILY FOUNDATION FITNESS ROOM

	JAN 8TH MON	JAN 9TH TUE	JAN 10TH WED	JAN 11TH THU	JAN 12TH FRI	JAN 13TH SAT	JAN 14TH SUN
8AM							
9AM							
10AM							BEG BARRE 9:30-10:30AM
11AM				BALLET 10:30-11:15AM	BARRE/HIIT 10:30-11:30AM		BARRE 10:30-11:30AM
12PM							
1PM							
2PM				BALLET 1-1:45PM			
3PM							
4PM			BRIDGE FOR BEGINNERS 3:30-5:30PM				
5PM							
6PM							
7PM			BARRE 6-7PM	YIN YOGA 6-7:30PM			
8PM							
9PM							



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

	JAN 8TH MON	JAN 9TH TUE	JAN 10TH WED	JAN 11TH THU	JAN 12TH FRI	JAN 13TH SAT	JAN 14TH SUN
8AM							
9AM	SENIOR MORNINGS 9-11AM		SENIOR MORNINGS 9-11AM		SENIOR MORNINGS 9-11AM		
10AM							
11AM							
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

YOUTH ROOM



JAN 8TH

MON

JAN 9TH

TUE

JAN 10TH

WED

JAN 11TH

THU

JAN 12TH

FRI

JAN 13TH

SAT

JAN 14TH

SUN

8AM

9AM

10AM

11AM

12PM

1PM

2PM

3PM

4PM

5PM

6PM

7PM

8PM

9PM

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

