

	SEPT 9TH MON	SEPT 10TH TUE	SEPT 11TH WED	SEPT 12TH THU	SEPT 13TH FRI	SEPT 14TH SAT	SEPT 15TH SUN
8AM							
9AM	DROP-IN* PICKLEBALL 8:30-11:30AM	DROP-IN PING-PONG 8:30-10:30AM	DROP-IN* PICKLEBALL 8:30-11:30AM	DROP-IN PING-PONG 8:30-10:30AM	DROP-IN* PICKLEBALL 8:30-11:30AM	CLOSED FOR SKYHAWKS CLINIC 9-12PM	
10AM							
11AM							
12PM	DROP-IN* BASKETBALL 12-2PM	TOT GYM 11-1:30PM	DROP-IN* BASKETBALL 12-2PM	TOT GYM 11-1PM	DROP-IN* BASKETBALL 12-2PM		
1PM							
2PM	16&UNDER OPEN GYM 2-4PM	16&UNDER OPEN GYM 2-5PM	16&UNDER OPEN GYM 2-5PM		16&UNDER OPEN GYM 2-5PM		BEGINNER PICKLEBALL 1-5PM
3PM							
4PM							
5PM	CLOSED FOR SKYHAWKS CLINIC 4-7PM	CLOSED FOR RENTAL 5:30-6:30PM		CLOSED FOR LEVEL UP! NATIONAL VIDEO GAME DAY 1-9PM			
6PM			WEDNESDAY WORKOUTS 6-8PM				
7PM							
8PM	CLOSED FOR RENTAL 7:30-9PM				CLOSED FOR RENTAL 7:30-9PM		
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

THE TOM & MEG NAMES FAMILY FOUNDATION MULTI-PURPOSE ROOM

	SEPT 9TH MON	SEPT 10TH TUE	SEPT 11TH WED	SEPT 12TH THU	SEPT 13TH FRI	SEPT 14TH SAT	SEPT 15TH SUN
8AM							
9AM	GENTLE YOGA 9-10AM		GENTLE YOGA 9-10AM		GENTLE YOGA 9-10AM		
10AM							
11AM	CHAIR YOGA 10:30-11:30AM		CHAIR YOGA 10:30-11:30AM				
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM



THE NAMES FAMILY FOUNDATION FITNESS ROOM



	SEPT 9TH MON	SEPT 10TH TUE	SEPT 11TH WED	SEPT 12TH THU	SEPT 13TH FRI	SEPT 14TH SAT	SEPT 15TH SUN
8AM							
9AM							
10AM					BARRE 9:30-11:30AM		BARRE 9:30-11:30AM
11AM							
12PM							
1PM							
2PM			BRIDGE FOR BEGINNERS 3:30-5:30PM				
3PM				CLOSED FOR LEVEL UP! NATIONAL VIDEO GAME DAY 1-9PM			
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

GATHERING SPACE

	SEPT 9TH MON	SEPT 10TH TUE	SEPT 11TH WED	SEPT 12TH THU	SEPT 13TH FRI	SEPT 14TH SAT	SEPT 15TH SUN
8AM							
9AM	SENIOR MORNINGS 9-11AM		SENIOR MORNINGS 9-11AM		SENIOR MORNINGS 9-11AM		
10AM							
11AM					PINOCHLE 12-4PM		
12PM							
1PM				CLOSED FOR LEVEL UP! NATIONAL VIDEO GAME DAY 1-9PM			
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM



YOUTH ROOM



	SEPT 9TH MON	SEPT 10TH TUE	SEPT 11TH WED	SEPT 12TH THU	SEPT 13TH FRI	SEPT 14TH SAT	SEPT 15TH SUN
8AM							
9AM							
10AM							
11AM							
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM