



**YOUTH CROSS COUNTRY**

**FRIDAYS** September 5 - October 28  
 & some Tuesdays 4:00 PM @ Fircrest Park



**\$66** /resident  
**\$98** /non-resident

Have fun, be active, get fit!

REGISTER AT  
[fircrest.recdesk.com](http://fircrest.recdesk.com)  
 \*Opens July 14

**August Senior Trip**  
**Mariners Game**  
**Wednesday, August 27th**



**\$75**

Includes Hat!



MEET 10:45 AM  
 DEPART 11:00 AM  
 FIRST PITCH 1:05 PM

FIRCREST PARKS & RECREATION

UMPQUA BANK & FIRCREST PARKS & REC PRESENT

**CONCERT PICNIC MARKET**



**THURSDAY**  
**AUGUST 14**  
**5:00-8:30**  
 FIRCREST PARK  
 VENDORS & FOOD TRUCKS 5:00-8:30  
 CONCERT 6:00-8:00




**SENIOR BINGO PARTY**

**AUGUST 22**  
**FRIDAY** 12:30-3:30PM  
**2025**

In the Multi-Purpose Room  
 Lunch Provided!

**\$10**



SIGN UP AT [FIRCREST.RECDESK.COM](http://FIRCREST.RECDESK.COM)

**ROY H. MURPHY COMMUNITY CENTER**

**Hours:**

Monday-Friday	8AM-9PM
Saturday-Sunday	9AM-5PM

 253-564-8177

 555 Contra Costa Ave,  
 Fircrest, WA 98466

All programs & prices are subject to change.  
 For the most up to date information, please  
 call or visit our website:

**[cityoffircrest.net](http://cityoffircrest.net)**  
**[fircrest.recdesk.com](http://fircrest.recdesk.com)**



**FIRCREST PARKS & RECREATION**

**August**

**2025**





## Littles

### Tot Gym

Tu, Th 11-1:30PM

Free

Toys, games, sports, puzzles, activities, and more. Y0-5

### Tot Story Time

Returns Sept. 2nd

Free

Stories and fun with Ms. Dorothy. Ltd Capacity. Y0-5

### Creative Movement Ballet

Th - 10AM | Sept-Dec

\$156

Express the inner joy of movement through ballet. Y3-5

## Youth



Variety of youth camps  
skyhawks.com

### 16 & Under Open Gym

M-F - 2PM-5PM

Free

Open gym with rotating activities.

### Snapology

Register @ snapology.com

\$60+

Hands-on, engaging, and interactive activities. Y5+

### Summer Day Camps

July 7th-Aug 15th

\$190-

\$220

Join for a week of great summer fun!

### Beginning Ballet

Th - 10:45AM | Sept-Dec

\$156

Express the inner joy of movement through ballet. Y4-6

### Cross Country

Sept 5th-Oct 28th 4PM

\$66-

\$98

Fridays & some Tuesdays. Have fun, be active, get fit!

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## Family

### Family Pickleball

Su 1:30-4:30PM

Free

Try the game in a welcoming and supportive environment!

### Volleyball

Thursdays 6-8:30PM

\$2-4

or Pass

Drop-In volleyball, all experience levels welcome.

## Adult Athletics

### Basketball

Adult Drop-In

M, W, F 12-2PM

\$2-4

or Pass

Drop-In competitive or independent for 18+

### Pickleball

M, W, F 8:30-11:30AM

Tu 5:30-8:30PM

\$2-4

or Pass

Drop-In pickleball, all experience levels welcome.

### Ping Pong

Tu, Th 8:30-10:30AM

Free

Fun and competitive drop-in table tennis.



Fircrest Parks & Rec 2025

## UPCOMING EVENTS

NATIONAL NIGHT OUT

CONCERT & MARKET IN THE PARK

\*CENTENNIAL CELEBRATION WEEK

SCARECROWS & SKELETONS OF FIRCREST

HAUNTED TRAILS

LIGHTS OF FIRCREST

HOLIDAY MARKET & TREE LIGHTING

AUGUST 5

AUGUST 14

SEPTEMBER 14-20

OCTOBER 2025

OCTOBER 16

DECEMBER 2025

DECEMBER 7

[cityoffircrest.net](http://cityoffircrest.net)

## Adult Fitness

### Gentle Yoga

M, W, 1st & 3rd F 9AM

\$6-

\$50

Build strength, increase flexibility, & improve balance.

### Yoga Fusion

Thu - 9AM

\$6-

Included w/  
Gentle Yoga  
Fee

Dynamic blend of yoga, pilates, and functional movement.

### Chair Yoga

M, W 10:30AM

\$6-

\$35

Includes seated, standing, balance postures and breath practices.

### Barre Classes

Su 10:30AM W 6:00P

\$15-

\$50

Low-Impact work out comb. pilates, yoga, and ballet.

## Adult Activities

### Senior Mornings

M, W, F 9-11AM

Free

Rotating coffee, doughnuts, games, newspaper & community.

### Pinochle Group

F 12-4PM

Free

Pinochle Group in the Gathering Space.

### Bridge for Beginners

W 3:30-5:30PM

Free

Weekly meetup for anyone new or returning to bridge.

facebook & instagram  
[@fircrestparksandrec](https://www.facebook.com/cityoffircrest)