

THE NAMES FAMILY FOUNDATION GYMNASIU



JUL 14TH

MON

DROP-IN*

8:30-11:30AM

12PM DROP-IN* 1PM

2PM 3PM

4PM 2-5PM

5PM

6PM

7PM

8PM

9PM

JUL 15TH

TUE

DROP-IN

JUL 16TH

WED

JUL 17TH

THU

DROP-IN

PING-PONG

8:30-10:30AM

JUL 18TH

FRI

JUL 19TH

SAT

JUL 20TH

SUN

8AM

9AM

11**A**M

PICKLEBALL 10AM

BASKETBALL 12-2PM

16&UNDER **OPEN GYM**

> DROP-IN* PICKLEBALL 5:30-8:30PM

PING-PONG 8:30-10:30AM

TOT GYM 11-1:30PM

16&UNDER **OPEN GYM** 2-5PM

DROP-IN* PICKLEBALL 8:30-11:30AM

DROP-IN* BASKETBALL 12-2PM

16&UNDER **OPEN GYM** 2-5PM

16&UNDER **OPEN GYM** 2-5PM

DROP-IN* **VOLLEYBALL** 6:00-8:30PM

PICKLEBALL 8:30-11:30AM

TOT GYM 11-1:30PM

> **CLOSED FOR FIRCREST FUN DAYS** 12-9PM



DROP-IN*

CLOSED FOR FIRCREST FUN DAYS



CLOSED FOR RENTAL 10-12PM

FAMILY & PICKLEBALL 1:30-4:30PM

HALF **OPEN**

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM



MULTI-PURPOSE ROOM



JUL 16TH JUL 18TH JUL 20TH JUL 14TH JUL 15TH JUL 17TH JUL 19TH MON TUE THU SUN WED FRI SAT 8AM **GENTLE GENTLE** 9AM **GENTLE** YOGA YOGA YOGA FUSION YOGA 9-10AM 9-10AM **10AM** 9-10AM 9-10AM CHAIR YOGA CHAIR YOGA **11AM** 10:30-11:30AM 10:30-11:30AM **12PM** 1PM **CLOSED FOR FIRCREST** 2PM **FUN DAYS CLOSED FOR** 3PM **FIRCREST FUN DAYS** 4PM **DROP IN** 12-9PM **PING PONG** 5PM 3-7PM 6PM 7PM 8PM 9PM

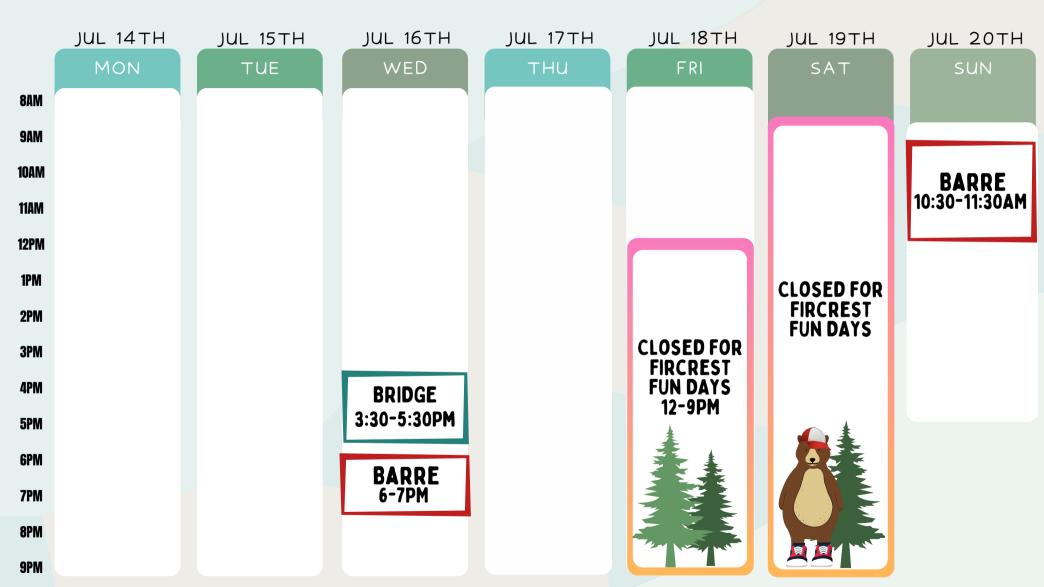
FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM



THE NAMES FAMILY FOUNDATION FITNESS ROOM





FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM



GATHERING



JUL 16TH JUL 17TH JUL 18TH JUL 14TH JUL 15TH JUL 19TH JUL 20TH MON TUE WED THU SUN FRI SAT 8AM 9AM **SENIOR SENIOR SENIOR 10AM MORNINGS MORNINGS MORNINGS** 9-11AM 9-11AM 9-11AM **11AM 12PM** 1PM **CLOSED FOR FIRCREST** 2PM **FUN DAYS CLOSED FOR FIRCREST** 3PM **FUN DAYS** 4PM 12-9PM 5PM **DROP-IN** 6PM **KNITTING** 5-7PM 7PM 8PM 9PM

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM



PARKS & RECREATION YOUTH ROOM



	JUL 14TH	JUL 15TH	JUL 16TH	JUL 17TH	JUL 18TH	JUL 19TH	JUL 20TH
	MON	TUE	WED	THU	FRI	SAT	SUN
8AM							
9AM							
10AM							
11AM							
12PM							
1PM						CLOSED FOR	
2PM						FIRCREST FUN DAYS	
3PM					CLOSED FOR FIRCREST		
4PM					FUN DAYS 12-9PM		
5PM					<u></u> 3		
6PM							
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM