

9PM

# THE NAMES FAMILY FOUNDATION GYMNASIUM





FREE COMMUNITY PROGRAM

**INSTRUCTOR PROGRAM** 



# MULTI-PURPOSE ROOM



JUL 28TH JUL 29TH JUL 30TH JUL 31ST AUG 1ST AUG 2ND AUG 3RD SUN MON THU TUE WED FRI SAT 8AM **DROP-IN** GENTLE 9AM **GENTLE** YOGA **GENTLE** PING-PONG YOGA FUSION YOGA YOGA 9-10AM 8:30-10:30AM 9-10AM **10AM** 9-10AM 9-10AM CHAIR YOGA CHAIR YOGA **11AM** 10:30-11:30AM 10:30-11:30AM **12PM** 1PM 2PM 3PM 4PM **DROP IN PING PONG** 5PM 3-7PM 6PM 7PM 8PM 9PM

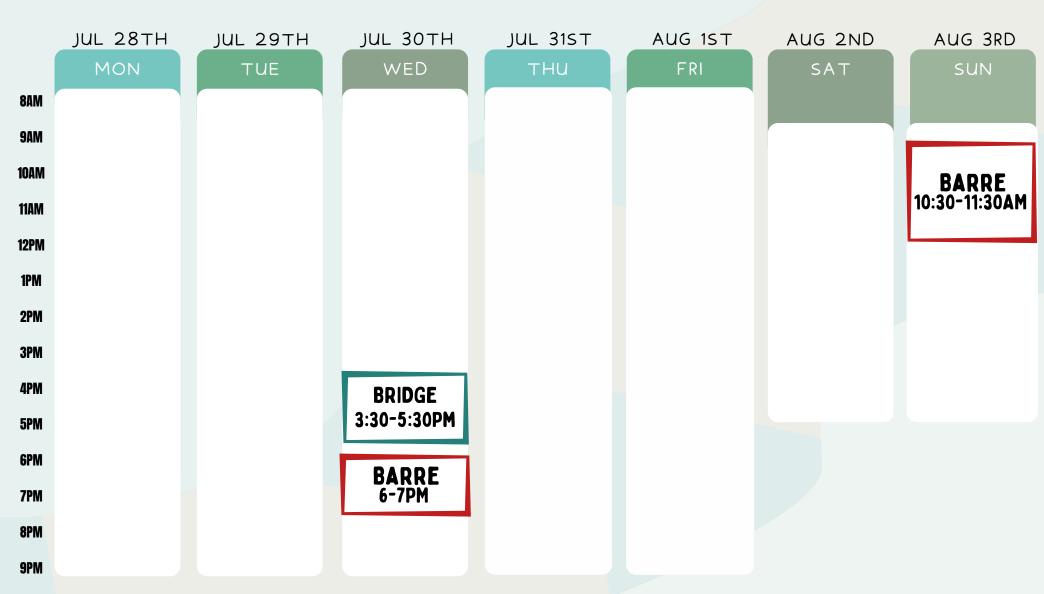
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## FITNESS ROOM





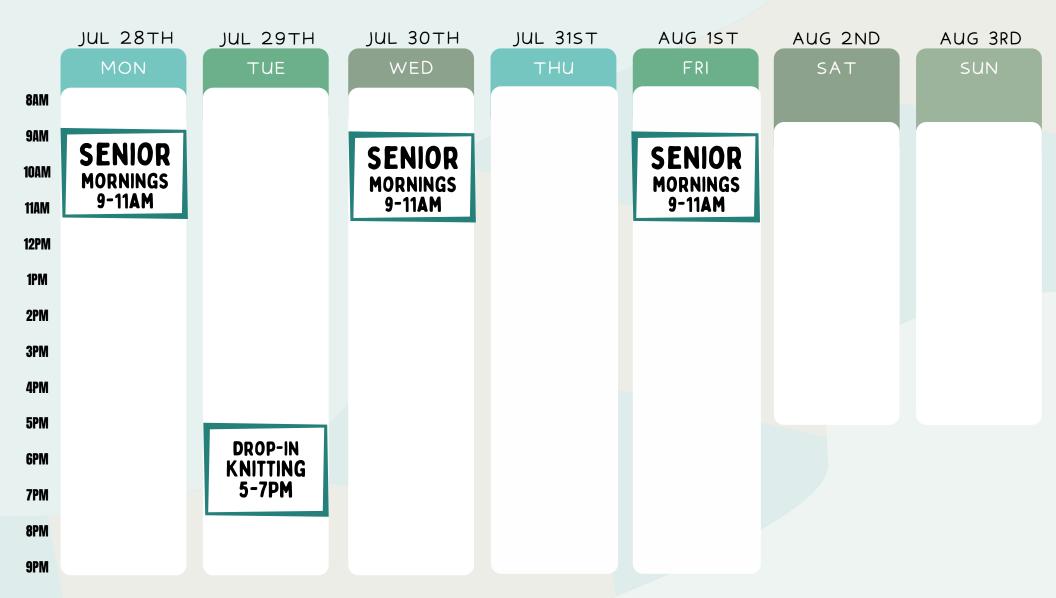
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#### GATHERING SPACE





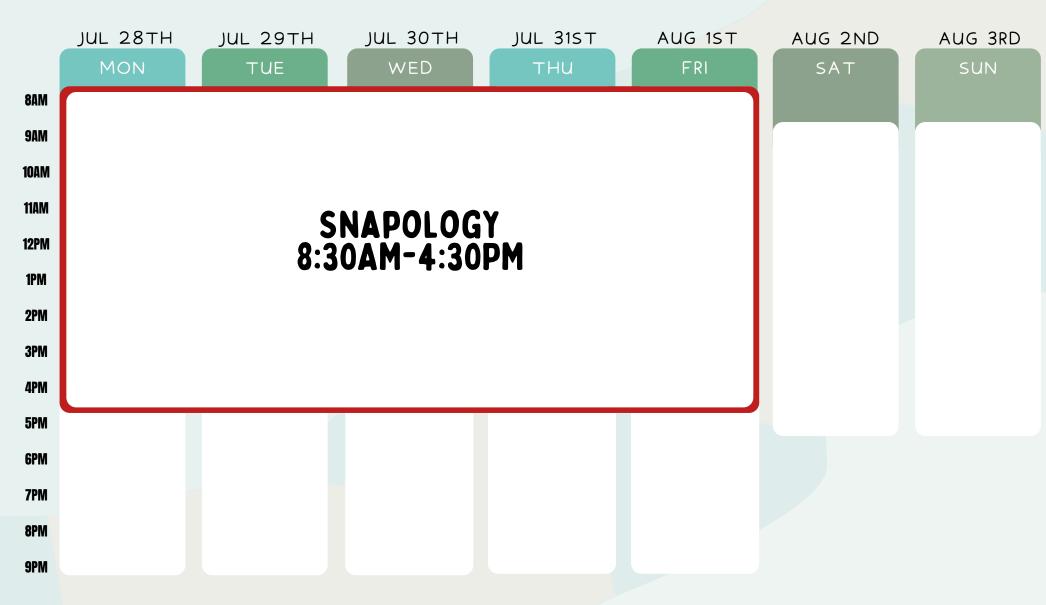
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### YOUTH ROOM





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