

	AUG 11TH MON	AUG 12TH TUE	AUG 13TH WED	AUG 14TH THU	AUG 15TH FRI	AUG 16TH SAT	AUG 17TH SUN
8AM							
9AM	DROP-IN* PICKLEBALL 8:30-11:30AM	DROP-IN PING-PONG 8:30-10:30AM	DROP-IN* PICKLEBALL 8:30-11:30AM	DROP-IN PING-PONG 8:30-10:30AM	DROP-IN* PICKLEBALL 8:30-11:30AM		
10AM							
11AM							
12PM	DROP-IN* BASKETBALL 12-2PM	TOT GYM 11-1:30PM	DROP-IN* BASKETBALL 12-2PM	TOT GYM 11-1:30PM	DROP-IN* BASKETBALL 12-2PM		CLOSED FOR RENTAL 10-12PM
1PM							HALF OPEN
2PM	16&UNDER OPEN GYM 2-5PM	16&UNDER OPEN GYM 2-5PM	16&UNDER OPEN GYM 2-5PM	16&UNDER OPEN GYM W/ VOLLEYBALL 2-5PM	16&UNDER OPEN GYM 2-5PM		FAMILY & BEGINNER PICKLEBALL 1:30-4:30PM
3PM							
4PM							
5PM							
6PM		DROP-IN* PICKLEBALL 5:30-8:30PM		DROP-IN* VOLLEYBALL 6:00-8:30PM			
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

THE TOM & MEG NAMES FAMILY FOUNDATION MULTI-PURPOSE ROOM

	AUG 11TH MON	AUG 12TH TUE	AUG 13TH WED	AUG 14TH THU	AUG 15TH FRI	AUG 16TH SAT	AUG 17TH SUN
8AM							
9AM	GENTLE YOGA 9-10AM		GENTLE YOGA 9-10AM	YOGA FUSION 9-10AM	GENTLE YOGA 9-10AM		
10AM							
11AM	CHAIR YOGA 10:30-11:30AM		CHAIR YOGA 10:30-11:30AM				
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM



THE NAMES FAMILY FOUNDATION FITNESS ROOM



	AUG 11TH MON	AUG 12TH TUE	AUG 13TH WED	AUG 14TH THU	AUG 15TH FRI	AUG 16TH SAT	AUG 17TH SUN
8AM							
9AM							
10AM							
11AM							
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							

BARRE
10:30-11:30AM

BRIDGE
3:30-5:30PM

BARRE
6-7PM

**CLOSED FOR
CONCERT IN
THE PARK
12-9PM**

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

GATHERING SPACE

	AUG 11TH MON	AUG 12TH TUE	AUG 13TH WED	AUG 14TH THU	AUG 15TH FRI	AUG 16TH SAT	AUG 17TH SUN
8AM							
9AM	SENIOR MORNINGS 9-11AM		SENIOR MORNINGS 9-11AM		SENIOR MORNINGS 9-11AM		
10AM							
11AM							
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM		DROP-IN KNITTING 5-7PM					
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM



YOUTH ROOM



	AUG 11TH MON	AUG 12TH TUE	AUG 13TH WED	AUG 14TH THU	AUG 15TH FRI	AUG 16TH SAT	AUG 17TH SUN
8AM							
9AM							
10AM							
11AM							
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM