

THE NAMES FAMILY FOUNDATION GYMNASIUM



SEPT 15TH

SEPT 16TH

SEPT 17TH

SEPT 18TH

SEPT 19TH

FRI

SEPT 20TH SEPT 21ST

MON

DROP-IN*

TUE

WED

THU

DROP-IN

PING-PONG

8:30-10:30AM

SAT **CENTENNIAL** SUN

8AM

9AM

10AM PICKLEBALL

8:30-11:30AM

12PM

DROP-IN*

1PM BASKETBALL

12-2PM

16&UNDER

OPEN GYM

2-5PM

CLOSED FOR

RENTAL

6-8PM

2PM

3PM

4PM

5PM

6PM

7PM

8PM

9PM

DROP-IN PING-PONG 8:30-10:30AM

TOT GYM 11-1:30PM

16&UNDER OPEN GYM 2-5PM

DROP-IN*
PICKLEBALL
6-8:30PM

DROP-IN* PICKLEBALL

8:30-11:30AM

DROP-IN*
BASKETBALL
12-2PM

16&UNDER OPEN GYM 2-5PM 16&UNDER OPEN GYM 2-5PM

DROP-IN*
VOLLEYBALL
6-8:30PM

DROP-IN*
PICKLEBALL
8:30-11:30AM

TOT GYM 11-1:30PM

CLOSED FOR CENTENNIAL DANCE THROUGH THE

AGES 12-9PM



PICKLEBALL 11:45-2:45PM

SPORTS DAY!

VOLLEYBALL

9-11:30AM

BASKETBALL 3-5PM FAMILY & BEGINNER PICKLEBALL 1:30-4:30PM

CENTENNIAL CELEBRATION WEEK!



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM



9PM

MULTI-PURPOSE ROOM



SEPT 15TH SEPT 16TH SEPT 17TH SEPT 18TH SEPT 19TH SEPT 20TH SEPT 21ST MON TUE WED THU FRI SAT SUN 8AM **GENTLE GENTLE** 9AM **GENTLE** YOGA YOGA YOGA FUSION YOGA 9-10AM 9-10AM **10AM** 9-10AM 9-10AM TOT STORY **CHAIR YOGA** CHAIR YOGA **PING PONG** 11AM 10:30-11:00AM 10:30-11:30AM 10:30-11:30AM 9-2PM **12PM** 1PM 2PM 3PM 4PM **DROP IN PING PONG** 5PM 3-7PM 6PM 7PM **CLOSED FOR** 8PM RENTAL

FREE COMMUNITY PROGRAM

7-9PM

INSTRUCTOR PROGRAM





THE NAMES FAMILY FOUNDATION FITNESS ROOM



SEPT 15TH SEPT 16TH SEPT 17TH SEPT 18TH SEPT 19TH SEPT 20TH SEPT 21ST MON TUE WED THU FRI SAT SUN 8AM 9AM BALLET REATIVE MOVEMENT **10AM** 10-10:45AM BARRE BARRE 9:30-11:30AM **BEGINNING** 11AM 10:30-11:30AM 10:45-11:30AM **12PM BEGINNING** BALLET 1PM 12:30-1:15PM 2PM 3PM 4PM **BRIDGE** 3:30-5:30PM **BEGINNING** 5PM BALLET 5-6PM 6PM BARRE **ADULT BALLET** 6-7PM 7PM 6-7:15PM 8PM 9PM

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM





9PM

GATHERING SPACE



SEPT 15TH SEPT 16TH SEPT 17TH SEPT 18TH SEPT 19TH SEPT 20TH SEPT 21ST MON THU SUN TUE WED FRI SAT 8AM 9AM **SENIOR SENIOR SENIOR 10AM MORNINGS MORNINGS MORNINGS** 9-11AM 9-11AM 9-11AM **11AM FIRCREST 12PM AUTHOR MEET** & GREET 1PM 11-1PM 2PM 3PM 4PM 5PM **DROP-IN** 6PM **KNITTING** 5-7PM 7PM 8PM

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM





YOUTH ROOM



	SEPT 15TH	SEPT 16TH	SEPT 17TH	SEPT 18TH	SEPT 19TH	SEPT 20TH	SEPT 21ST
	MON	TUE	WED	THU	FRI	SAT	SUN
8AM							_
9AM							
10AM							
11AM							
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM						CENTE	ENNIAL TION WEEK!
8PM						CELEDINA	OF FIRO
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

