

THE NAMES FAMILY FOUNDATION GYMNASIUI



OCT 20TH MON 8AM 9AM DROP-IN* PICKLEBALL **10AM** 8:30-11:30AM 11AM **12PM DROP-IN*** BASKETBALL 1PM 12-2PM 2PM 16&UNDER 3PM **OPEN GYM** 2-4PM 4PM 1/2 GYM OPEN SKYHAWKS 5PM **BASKETBALL** 5-6PM 6PM 7PM 8PM 9PM

CROSS COUNTRY 4-5PM DROP-IN* PICKLEBALL 5:30-8:30PM

OCT 21ST OCT 22ND TUE WED **DROP-IN** DROP-IN* **PING-PONG** PICKLEBALL 8:30-10:30AM 8:30-11:30AM **TOT GYM** DROP-IN* 11-1:30PM BASKETBALL 12-2PM 16&UNDER 16&UNDER **OPEN GYM OPEN GYM** 2-5PM 2-5PM

> **WEDNESDAY WORKOUTS** 6-8PM

OCT 23RD THU

DROP-IN PING-PONG 8:30-10:30AM

TOT GYM 11-1:30PM

16&UNDER **OPEN GYM** 2-4PM

SKYHAWKS **BASKETBALL** 4:30-5:30PM

DROP-IN* VOLLEYBALL 5:30-8:30PM

OCT 24TH

FRI

OCT 25TH

SAT

OCT 26TH

SUN

DROP-IN* PICKLEBALL 8:30-11:30AM

DROP-IN* BASKETBALL 12-2PM

16&UNDER **OPEN GYM** 2-5PM

FAMILY & BEGINNER PICKLEBALL 1:30-4:30PM

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM



MULTI-PURPOSE ROOM



OCT 20TH OCT 21ST OCT 22ND OCT 23RD OCT 24TH OCT 25TH OCT 26TH MON TUE WED THU FRI SAT SUN 8AM **GENTLE** 9AM **GENTLE** YOGA **GENTLE** YOGA YOGA **FUSION** YOGA 9-10AM **10AM** 9-10AM 9-10AM 9-10AM TOT STORY **CLOSED FOR CHAIR YOGA** CHAIR YOGA RENTALS **11AM** 10:30-11:00AM 10:30-11:30AM 10:30-11:30AM 9:30-1PM **12PM AFTERNOON ART** 1PM **FOR SENIORS** 12:30-2PM 2PM **CLOSED FOR** 3PM RENTAL **DROP IN** 1-5PM **PING PONG** 4PM 3-5PM 5PM 6PM **CLOSED FOR CLOSED FOR CLOSED FOR CLOSED FOR CLOSED FOR** RENTAL 7PM RENTAL RENTAL RENTAL RENTAL (B) 5-9PM 5-9PM 6-8PM 5:30-8:30PM 8PM 6-9PM 9PM

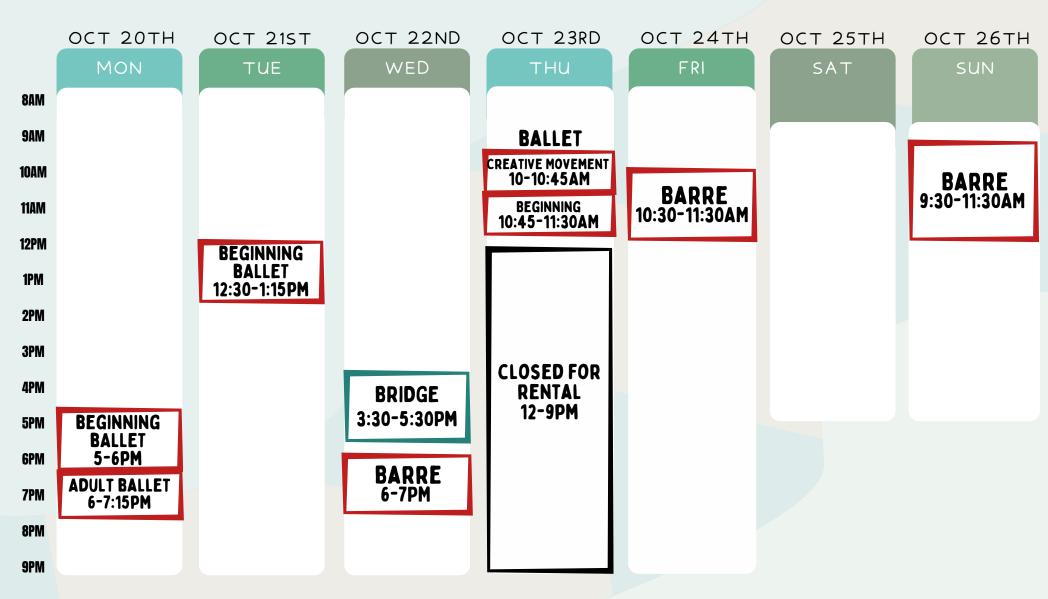
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THE NAMES FAMILY FOUNDATION FITNESS ROOM





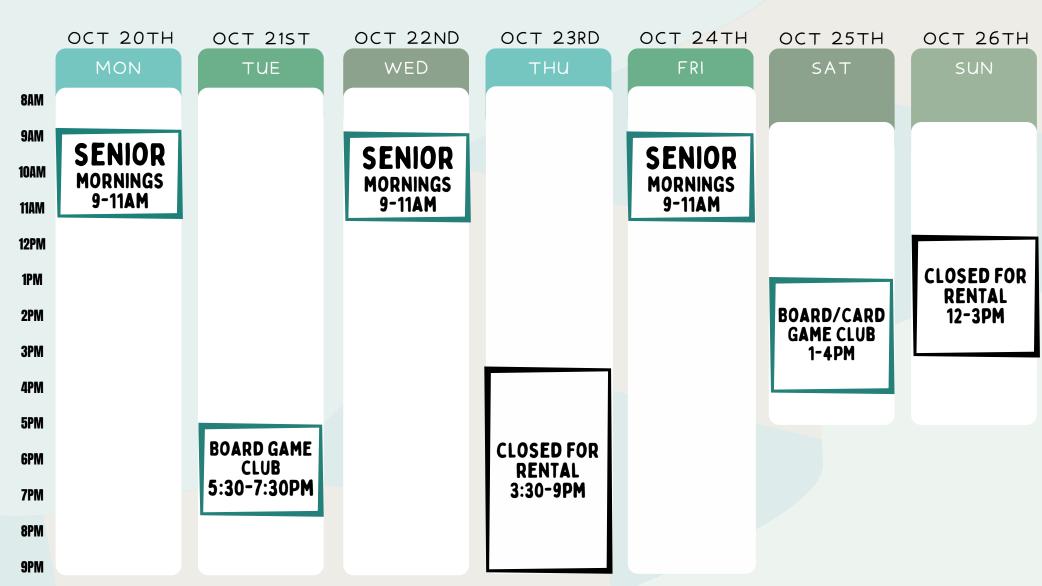
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GATHERING SPACE





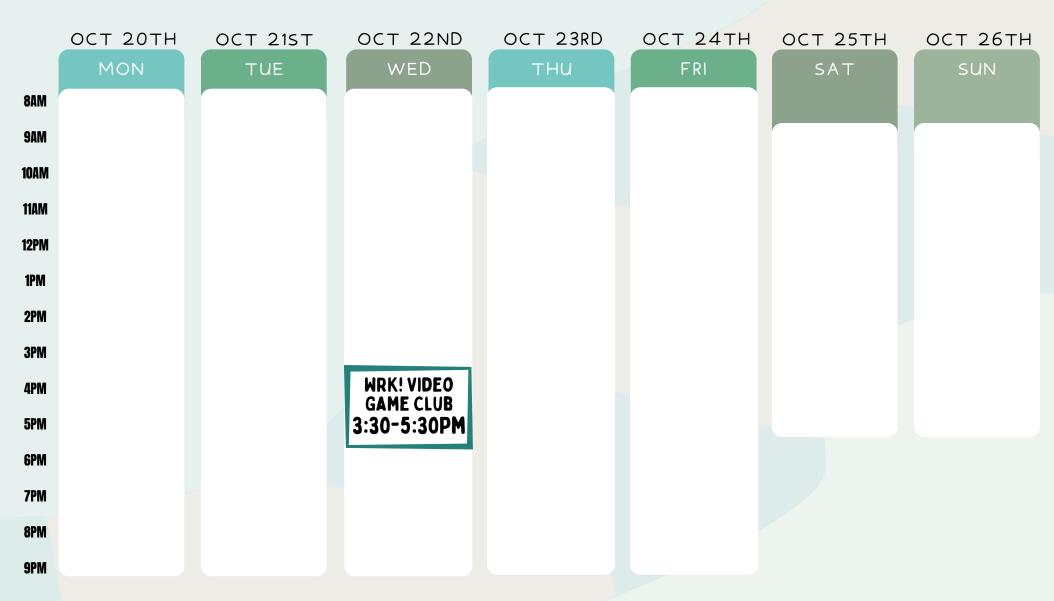
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YOUTH ROOM





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