

THE NAMES FAMILY FOUNDATION GYMNASIUI



OCT 27TH OCT 28TH OCT 29TH OCT 30TH OCT 31ST MON TUE WED THU FRI 8AM **DROP-IN** 9AM **DROP-IN** DROP-IN* DROP-IN* DROP-IN* **PING-PONG PING-PONG** PICKLEBALL PICKLEBALL PICKLEBALL **10AM** 8:30-10:30AM 8:30-10:30AM 8:30-11:30AM 8:30-11:30AM 8:30-11:30AM 11AM **TOT GYM 12PM TOT GYM DROP-IN*** DROP-IN* DROP-IN* 11-1:30PM 11-1:30PM BASKETBALL BASKETBALL 1PM BASKETBALL 12-2PM 12-2PM 12-2PM 2PM 16&UNDER 16&UNDER 16&UNDER 16&UNDER 3PM **OPEN GYM** 16&UNDER **OPEN GYM OPEN GYM OPEN GYM OPEN GYM** 2-4PM 2-5PM 2-4PM **ДРМ** 2-5PM 2-5PM 1/2 GYM OPEN CROSS COUNTRY 4-5PM SKYHAWKS SKYHAWKS 5PM **BASKETBALL BASKETBALL** 4:30-5:30PM 5-6PM 6PM DROP-IN* **WEDNESDAY** DROP-IN* 7PM **WORKOUTS** PICKLEBALL VOLLEYBALL 6-8PM 5:30-8:30PM 5:30-8:30PM 8PM 9PM

SKYHAWKS 1/2 MINIHAWKS GYM 9:30-11AM OPEN

> **CLOSED FOR** RENTAL 2-4PM

NOV 1ST

SAT

FAMILY & BEGINNER PICKLEBALL 1:30-4:30PM

NOV 2ND

SUN

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM



MULTI-PURPOSE ROOM



OCT 27TH OCT 28TH OCT 29TH OCT 30TH OCT 31ST NOV 1ST NOV 2ND MON TUE WED THU FRI SAT SUN 8AM **GENTLE** 9AM **GENTLE** YOGA **GENTLE** YOGA FUSION YOGA YOGA 9-10AM **10AM** 9-10AM 9-10AM 9-10AM TOT STORY **CHAIR YOGA** CHAIR YOGA **11AM** 10:30-11:00AM 10:30-11:30AM 10:30-11:30AM **12PM AFTERNOON ART** 1PM **FOR SENIORS** MONSTER BUNCO MASH 12:30-3:30PM 12:30-2PM 2PM 3PM 4PM **DROP IN PING PONG** 5PM 3-7PM 6PM 7PM 8PM 9PM

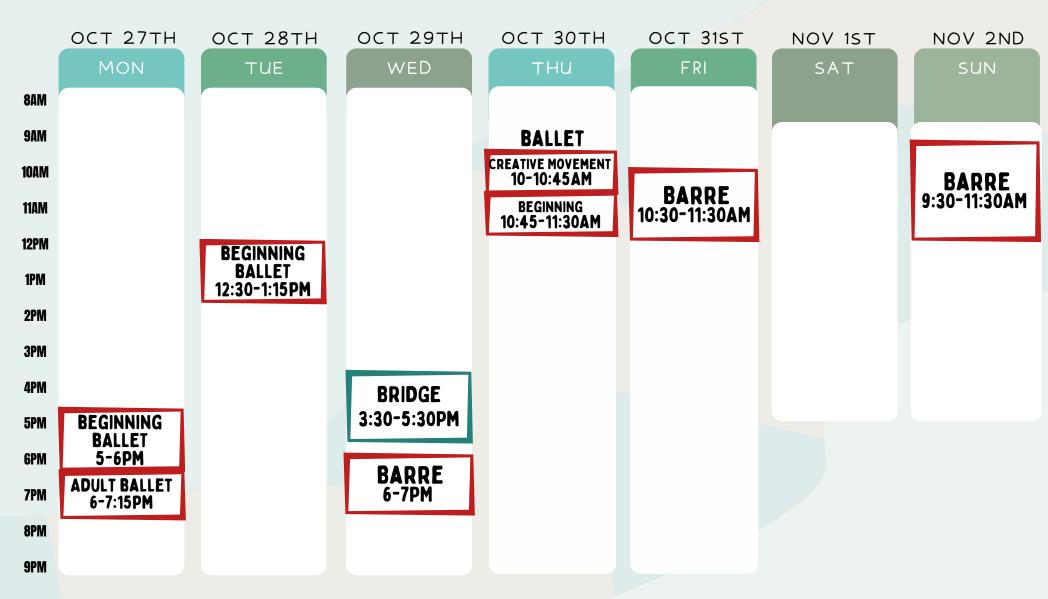
FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM



THE NAMES FAMILY FOUNDATION FITNESS ROOM





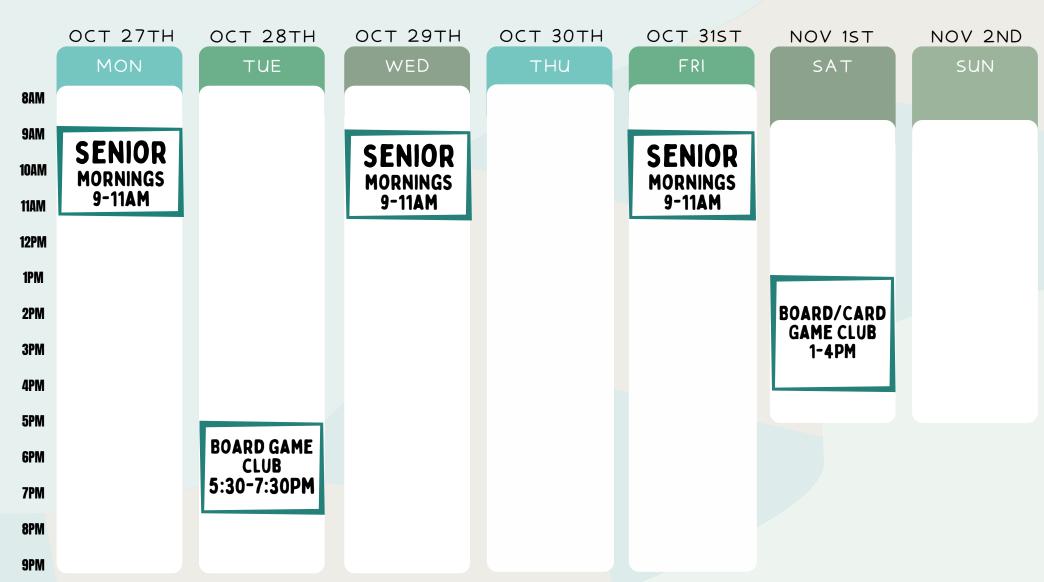
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GATHERING SPACE





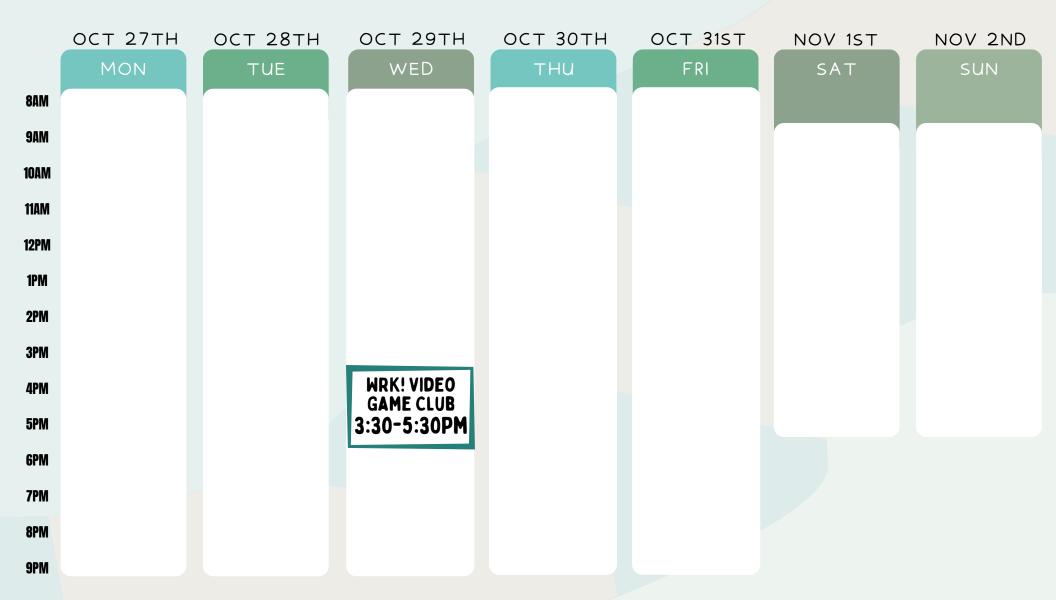
FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM



YOUTH ROOM





FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM