

### THE NAMES FAMILY FOUNDATION GYMNASIU



DEC 29TH

DEC 30TH

DEC 31ST

JAN 2ND

JAN 3RD

DROP-IN\*

PICKLEBALL

8:30-11:30AM

**DROP-IN\*** 

BASKETBALL

12-2PM

**16 & UNDER** 

**OPEN GYM** 

2-4PM

**CLOSED FOR** 

RENTAL

5-9PM

MON

TUE

WED

THU

JAN 1ST

FRI

SAT

SUN

JAN 4TH

8AM

9AM

**10AM** 

11AM

**12PM** 

1PM

2PM

3PM

4PM

5PM

6PM

7PM

8PM

9PM

**DROP-IN PING-PONG** 8:30-10:30AM

**TOT GYM** 11-1:30PM

**16 & UNDER OPEN GYM** 2-4PM

**CLOSED FOR** RENTAL 7-9PM

DROP-IN\*

DROP-IN\* BASKETBALL 12-2PM

PICKLEBALL 8:30-11:30AM



DROP-IN\* PICKLEBALL 8:30-11:30AM

DROP-IN\* BASKETBALL 12-2PM

**16 & UNDER OPEN GYM** 2-4PM

YOUTH BASKETBALL 9-1PM

**CLOSED FOR** RENTAL 6-9PM

FREE COMMUNITY PROGRAM

**INSTRUCTOR PROGRAM** 



# THE TOM & MEG NAMES FAMILY FOUNDATION MULTI-PURPOSE ROOM



DEC 29TH MON 8AM **GENTLE** 9AM YOGA 9-10AM **10AM CHAIR YOGA 11AM** 10:30-11:30AM **12PM** 1PM 2PM 3PM 4PM 5PM **CLOSED FOR** RENTAL 6PM 3-9PM 7PM 8PM

9PM

WINTER DAY CAMP: BAKING BASICS 9-2PM

DEC 30TH

TUE

DEC 31ST WED **GENTLE** YOGA 9-10AM CHAIR YOGA 10:30-11:30AM **CLOSED FOR** NEW YEARS EVE 2-9PM

JAN 1ST THU

JAN 2ND FRI **GENTLE** YOGA 9-10AM

JAN 3RD SAT JAN 4TH SUN

FREE COMMUNITY PROGRAM

**INSTRUCTOR PROGRAM** 



## FITNESS ROOM



DEC 29TH DEC 30TH DEC 31ST JAN 1ST JAN 2ND JAN 3RD JAN 4TH MON TUE WED THU FRI SAT SUN 8AM 9AM **10AM** BARRE BARRE **11AM** 10:30-11:30AM 10:30-11:30AM **12PM** 1PM 2PM 3PM 4PM CLOSED FOR NEW YEARS 5PM EVE 2=9PM 6PM 7PM 8PM 9PM

FREE COMMUNITY PROGRAM

**INSTRUCTOR PROGRAM** 



#### **GATHERING** SPACE



DEC 29TH DEC 30TH MON 8AM 9AM **SENIOR 10AM MORNINGS** 9-11AM **11AM 12PM** 1PM 2PM 3PM 4PM 5PM 6PM 7PM 8PM

9PM

**KNITTERS GROUP** 5-8PM

TUE

CLOSED FOR NEW YEARS EVE 2-9PM

DEC 31ST

WED

**SENIOR** 

**MORNINGS** 

9-11AM

THU

JAN 1ST

JAN 2ND FRI **SENIOR** 

**MORNINGS** 

9-11AM

**PINOCHLE** 12-4PM

JAN 3RD SAT

JAN 4TH SUN

FREE COMMUNITY PROGRAM

**INSTRUCTOR PROGRAM** 



9PM

### YOUTH ROOM



DEC 30TH DEC 31ST JAN 2ND DEC 29TH JAN 1ST JAN 3RD JAN 4TH MON TUE WED THU FRI SAT SUN 8AM 9AM **10AM** 11AM **12PM** 1PM 2PM 3PM **WRK! VIDEO** 4PM **GAME CLUB** CLOSED FOR NEW YEARS 3-6PM 5PM EVE 2-9PM 6PM 7PM 8PM

FREE COMMUNITY PROGRAM

**INSTRUCTOR PROGRAM**