


THE NAMES FAMILY FOUNDATION GYMNASIUM

	MAY 4TH MON	MAY 5TH TUE	MAY 6TH WED	MAY 7TH THU	MAY 8TH FRI	MAY 9TH SAT	MAY 10TH SUN
8AM							
9AM	DROP-IN* PICKLEBALL 8:30-11:30AM	DROP-IN PING-PONG 8:30-10:30AM	DROP-IN* PICKLEBALL 8:30-11:30AM	DROP-IN PING-PONG 8:30-10:30AM	DROP-IN* PICKLEBALL 8:30-11:30AM		
10AM							
11AM							
12PM	ADULT DROP-IN* BASKETBALL 12-2PM	TOT GYM 11-1:30PM	ADULT DROP-IN* BASKETBALL 12-2PM	TOT GYM 11-1:30PM	 <p>CLOSED FOR MOM & SON DANCE 12-10PM</p>		
1PM							
2PM	16 & UNDER OPEN GYM 2-4PM	16 & UNDER OPEN GYM 2-4:30PM	16 & UNDER OPEN GYM 2-4:30PM	16 & UNDER OPEN GYM 2-4PM			FAMILY & BEGINNER PICKLEBALL 1:30-4:30PM
3PM							VOLLEYBALL SKILLS & DRILLS 2-4PM
4PM							
5PM	SKYHAWKS BASKETBALL 4-7PM			VOLLEYBALL SKILLS & DRILLS 4-5:45PM			
6PM				DROP-IN VOLLEYBALL 6-8PM			
7PM			CLOSED FOR RENTAL 6-8PM				
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

**THE TOM & MEG NAMES FAMILY FOUNDATION
MULTI-PURPOSE
ROOM**

	MAY 4TH MON	MAY 5TH TUE	MAY 6TH WED	MAY 7TH THU	MAY 8TH FRI	MAY 9TH SAT	MAY 10TH SUN
8AM							
9AM	GENTLE YOGA 9-10AM		GENTLE YOGA 9-10AM	YOGA FUSION 9-10AM	GENTLE YOGA 9-10AM		
10AM							
11AM	CHAIR YOGA 10:30-11:30AM	TOT STORY TIME 10:30-11:00AM	CHAIR YOGA 10:30-11:30AM				
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM		CLOSED FOR RENTAL (B) 5-7PM					
7PM							
8PM							
9PM							



FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

THE NAMES FAMILY FOUNDATION FITNESS ROOM

	MAY 4TH MON	MAY 5TH TUE	MAY 6TH WED	MAY 7TH THU	MAY 8TH FRI	MAY 9TH SAT	MAY 10TH SUN
8AM							
9AM							
10AM				BALLET			
11AM				CREATIVE MOVEMENT 10-10:45AM	BARRE 10:30-11:30AM		BARRE 10:30-11:30AM
12PM				BEGINNING 10:45-11:30AM			
1PM		BEGINNING BALLET 12:30-1:15PM					
2PM							
3PM							
4PM							
5PM	BEGINNING BALLET 5-6PM		BRIDGE 3:30-5:30PM		CLOSED FOR MOM & SON DANCE 4-10PM		
6PM		YOGA FLOW & RESTORE 5:30-6:30PM	BARRE 6-7PM				
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

GATHERING SPACE

	MAY 4TH MON	MAY 5TH TUE	MAY 6TH WED	MAY 7TH THU	MAY 8TH FRI	MAY 9TH SAT	MAY 10TH SUN
8AM							
9AM	SENIOR MORNINGS 9-11AM		SENIOR MORNINGS 9-11AM		SENIOR MORNINGS 9-11AM		
10AM							
11AM							
12PM					PINOCHLE 12-4PM		
1PM							
2PM							
3PM							
4PM							
5PM		KNITTERS GROUP 5-8PM			CLOSED FOR MOM & SON DANCE 4-10PM		
6PM							
7PM							
8PM				SCRAPBOOKING MADE SIMPLE 6-8PM			
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

YOUTH ROOM

	MAY 4TH MON	MAY 5TH TUE	MAY 6TH WED	MAY 7TH THU	MAY 8TH FRI	MAY 9TH SAT	MAY 10TH SUN
8AM							
9AM							
10AM							
11AM							
12PM							
1PM							
2PM							
3PM							
4PM	WRK! VIDEO GAME CLUB 3-6PM		WRK! VIDEO GAME CLUB 3-6PM				
5PM							
6PM							
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM