

# THE NAMES FAMILY FOUNDATION GYMNASIUM

|      | MAY 18TH<br>MON       | MAY 19TH<br>TUE       | MAY 20TH<br>WED       | MAY 21ST<br>THU            | MAY 22ND<br>FRI       | MAY 23RD<br>SAT     | MAY 24TH<br>SUN     |
|------|-----------------------|-----------------------|-----------------------|----------------------------|-----------------------|---------------------|---------------------|
| 8AM  |                       |                       |                       |                            |                       |                     |                     |
| 9AM  | <b>DROP-IN*</b>       | <b>DROP-IN</b>        | <b>DROP-IN*</b>       | <b>DROP-IN</b>             | <b>DROP-IN*</b>       | <b>SKYHAWKS</b>     |                     |
| 10AM | <b>PICKLEBALL</b>     | <b>PING-PONG</b>      | <b>PICKLEBALL</b>     | <b>PING-PONG</b>           | <b>PICKLEBALL</b>     | <b>CLINICS</b>      |                     |
| 11AM | <b>8:30-11:30AM</b>   | <b>8:30-10:30AM</b>   | <b>8:30-11:30AM</b>   | <b>8:30-10:30AM</b>        | <b>8:30-11:30AM</b>   | <b>9-10AM</b>       |                     |
| 12PM | <b>ADULT DROP-IN*</b> | <b>TOT GYM</b>        | <b>ADULT DROP-IN*</b> | <b>TOT GYM</b>             | <b>ADULT DROP-IN*</b> |                     |                     |
| 1PM  | <b>BASKETBALL</b>     | <b>11-1:30PM</b>      | <b>BASKETBALL</b>     | <b>11-1:30PM</b>           | <b>BASKETBALL</b>     |                     |                     |
| 2PM  | <b>12-2PM</b>         | <b>16 &amp; UNDER</b> | <b>12-2PM</b>         | <b>16 &amp; UNDER</b>      | <b>12-2PM</b>         | <b>VOLLEYBALL</b>   | <b>FAMILY &amp;</b> |
| 3PM  | <b>OPEN GYM</b>       | <b>2-4:30PM</b>       | <b>2-4:30PM</b>       | <b>2-4PM</b>               | <b>2-4:30PM</b>       | <b>SKILLS &amp;</b> | <b>BEGINNER</b>     |
| 4PM  | <b>2-4PM</b>          | <b>2-4:30PM</b>       | <b>2-4:30PM</b>       | <b>2-4PM</b>               | <b>2-4:30PM</b>       | <b>DRILLS 2-4PM</b> | <b>PICKLEBALL</b>   |
| 5PM  | <b>SKYHAWKS</b>       | <b>DROP-IN*</b>       |                       | <b>VOLLEYBALL</b>          |                       |                     | <b>1:30-4:30PM</b>  |
| 6PM  | <b>BASKETBALL</b>     | <b>PICKLEBALL</b>     | <b>CLOSED FOR</b>     | <b>SKILLS &amp; DRILLS</b> | <b>DROP-IN</b>        |                     |                     |
| 7PM  | <b>4-7PM</b>          | <b>5:30-8:30PM</b>    | <b>RENTAL 6-8PM</b>   | <b>4:15-5:45PM</b>         | <b>VOLLEYBALL</b>     |                     |                     |
| 8PM  |                       |                       |                       | <b>6-8PM</b>               |                       |                     |                     |
| 9PM  |                       |                       |                       |                            |                       |                     |                     |



# THE TOM & MEG NAMES FAMILY FOUNDATION MULTI-PURPOSE ROOM



|      | MAY 18TH<br>MON                     | MAY 19TH<br>TUE                                                 | MAY 20TH<br>WED                        | MAY 21ST<br>THU                                              | MAY 22ND<br>FRI                        | MAY 23RD<br>SAT                        | MAY 24TH<br>SUN                        |
|------|-------------------------------------|-----------------------------------------------------------------|----------------------------------------|--------------------------------------------------------------|----------------------------------------|----------------------------------------|----------------------------------------|
| 8AM  |                                     |                                                                 |                                        |                                                              |                                        |                                        |                                        |
| 9AM  | <b>GENTLE YOGA<br/>9-10AM</b>       |                                                                 | <b>GENTLE YOGA<br/>9-10AM</b>          | <b>YOGA FUSION<br/>9-10AM</b>                                |                                        |                                        |                                        |
| 10AM |                                     |                                                                 |                                        |                                                              |                                        |                                        |                                        |
| 11AM | <b>CHAIR YOGA<br/>10:30-11:30AM</b> | <b>TOT STORY<br/>TIME<br/>10:30-11:00AM</b>                     | <b>CHAIR YOGA<br/>10:30-11:30AM</b>    |                                                              |                                        |                                        |                                        |
| 12PM |                                     |                                                                 |                                        |                                                              |                                        |                                        |                                        |
| 1PM  |                                     |                                                                 |                                        |                                                              |                                        |                                        |                                        |
| 2PM  |                                     |                                                                 |                                        |                                                              |                                        |                                        |                                        |
| 3PM  |                                     |                                                                 |                                        |                                                              |                                        | <b>CLOSED FOR<br/>RENTAL<br/>2-4PM</b> |                                        |
| 4PM  |                                     |                                                                 |                                        |                                                              |                                        |                                        |                                        |
| 5PM  |                                     |                                                                 | <b>DROP-IN<br/>PING-PONG<br/>3-7PM</b> |                                                              |                                        |                                        | <b>CLOSED FOR<br/>RENTAL<br/>1-5PM</b> |
| 6PM  |                                     | <b>CLOSED FOR<br/>RENTALS<br/>6-8:30PM (A)<br/>6:30-9PM (B)</b> |                                        |                                                              |                                        |                                        |                                        |
| 7PM  |                                     |                                                                 |                                        |                                                              |                                        |                                        |                                        |
| 8PM  |                                     |                                                                 |                                        | <b>CLOSED FOR<br/>RENTALS<br/>6-8:30PM (A)<br/>5-7PM (B)</b> | <b>CLOSED FOR<br/>RENTAL<br/>3-9PM</b> |                                        |                                        |
| 9PM  |                                     |                                                                 |                                        |                                                              |                                        |                                        |                                        |

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# THE NAMES FAMILY FOUNDATION FITNESS ROOM



|      | MAY 18TH<br>MON                       | MAY 19TH<br>TUE                                    | MAY 20TH<br>WED                             | MAY 21ST<br>THU                                 | MAY 22ND<br>FRI                | MAY 23RD<br>SAT | MAY 24TH<br>SUN |
|------|---------------------------------------|----------------------------------------------------|---------------------------------------------|-------------------------------------------------|--------------------------------|-----------------|-----------------|
| 8AM  |                                       |                                                    |                                             |                                                 |                                |                 |                 |
| 9AM  |                                       |                                                    |                                             | <b>BALLET</b>                                   |                                |                 |                 |
| 10AM |                                       |                                                    | <b>COMMIT DANCE<br/>FITNESS<br/>10-11AM</b> | <b>CREATIVE MOVEMENT<br/>10-10:45AM</b>         | <b>BARRE<br/>10:30-11:30AM</b> |                 |                 |
| 11AM |                                       |                                                    |                                             | <b>BEGINNING<br/>10:45-11:30AM</b>              |                                |                 |                 |
| 12PM |                                       |                                                    |                                             |                                                 |                                |                 |                 |
| 1PM  |                                       | <b>BEGINNING<br/>12:30-1:15PM BALLET</b>           |                                             |                                                 |                                |                 |                 |
| 2PM  |                                       |                                                    |                                             |                                                 |                                |                 |                 |
| 3PM  |                                       |                                                    |                                             |                                                 |                                |                 |                 |
| 4PM  |                                       |                                                    |                                             |                                                 |                                |                 |                 |
| 5PM  | <b>BEGINNING<br/>BALLET<br/>5-6PM</b> |                                                    | <b>BRIDGE<br/>3:30-5:30PM</b>               |                                                 |                                |                 |                 |
| 6PM  |                                       | <b>YOGA FLOW<br/>&amp; RESTORE<br/>5:30-6:30PM</b> | <b>BARRE<br/>6-7PM</b>                      |                                                 |                                |                 |                 |
| 7PM  |                                       |                                                    |                                             | <b>COMMIT DANCE<br/>FITNESS<br/>6:30-7:30PM</b> |                                |                 |                 |
| 8PM  |                                       |                                                    |                                             |                                                 |                                |                 |                 |
| 9PM  |                                       |                                                    |                                             |                                                 |                                |                 |                 |

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# GATHERING SPACE

|      | MAY 18TH<br>MON                   | MAY 19TH<br>TUE                 | MAY 20TH<br>WED                   | MAY 21ST<br>THU | MAY 22ND<br>FRI                   | MAY 23RD<br>SAT | MAY 24TH<br>SUN |
|------|-----------------------------------|---------------------------------|-----------------------------------|-----------------|-----------------------------------|-----------------|-----------------|
| 8AM  |                                   |                                 |                                   |                 |                                   |                 |                 |
| 9AM  | <b>SENIOR MORNINGS<br/>9-11AM</b> |                                 | <b>SENIOR MORNINGS<br/>9-11AM</b> |                 | <b>SENIOR MORNINGS<br/>9-11AM</b> |                 |                 |
| 10AM |                                   |                                 |                                   |                 |                                   |                 |                 |
| 11AM |                                   |                                 |                                   |                 |                                   |                 |                 |
| 12PM |                                   |                                 |                                   |                 |                                   |                 |                 |
| 1PM  |                                   |                                 |                                   |                 |                                   |                 |                 |
| 2PM  |                                   |                                 |                                   |                 | <b>PINOCHLE<br/>12-4PM</b>        |                 |                 |
| 3PM  |                                   |                                 |                                   |                 |                                   |                 |                 |
| 4PM  |                                   |                                 |                                   |                 |                                   |                 |                 |
| 5PM  |                                   |                                 |                                   |                 |                                   |                 |                 |
| 6PM  |                                   | <b>KNITTERS GROUP<br/>5-8PM</b> |                                   |                 |                                   |                 |                 |
| 7PM  |                                   |                                 |                                   |                 |                                   |                 |                 |
| 8PM  |                                   |                                 |                                   |                 |                                   |                 |                 |
| 9PM  |                                   |                                 |                                   |                 |                                   |                 |                 |

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# YOUTH ROOM

|      | MAY 18TH<br>MON                           | MAY 19TH<br>TUE | MAY 20TH<br>WED                           | MAY 21ST<br>THU | MAY 22ND<br>FRI | MAY 23RD<br>SAT | MAY 24TH<br>SUN |
|------|-------------------------------------------|-----------------|-------------------------------------------|-----------------|-----------------|-----------------|-----------------|
| 8AM  |                                           |                 |                                           |                 |                 |                 |                 |
| 9AM  |                                           |                 |                                           |                 |                 |                 |                 |
| 10AM |                                           |                 |                                           |                 |                 |                 |                 |
| 11AM |                                           |                 |                                           |                 |                 |                 |                 |
| 12PM |                                           |                 |                                           |                 |                 |                 |                 |
| 1PM  |                                           |                 |                                           |                 |                 |                 |                 |
| 2PM  |                                           |                 |                                           |                 |                 |                 |                 |
| 3PM  |                                           |                 |                                           |                 |                 |                 |                 |
| 4PM  | <b>WRK! VIDEO<br/>GAME CLUB<br/>3-6PM</b> |                 | <b>WRK! VIDEO<br/>GAME CLUB<br/>3-6PM</b> |                 |                 |                 |                 |
| 5PM  |                                           |                 |                                           |                 |                 |                 |                 |
| 6PM  |                                           |                 |                                           |                 |                 |                 |                 |
| 7PM  |                                           |                 |                                           |                 |                 |                 |                 |
| 8PM  |                                           |                 |                                           |                 |                 |                 |                 |
| 9PM  |                                           |                 |                                           |                 |                 |                 |                 |

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