

# THE NAMES FAMILY FOUNDATION GYMNASIUM

MAY 25TH

MAY 26TH

MAY 27TH

MAY 28TH

MAY 29TH

MAY 30TH

MAY 31ST

MON

TUE

WED

THU

FRI

SAT

SUN

8AM

9AM

10AM

11AM

12PM

1PM

2PM

3PM

4PM

5PM

6PM

7PM

8PM

9PM

**CLOSED FOR  
MEMORIAL  
DAY**



**DROP-IN  
PING-PONG  
8:30-10:30AM**

**TOT GYM  
11-1:30PM**

**16 & UNDER  
OPEN GYM  
2-4:30PM**

**DROP-IN\*  
PICKLEBALL  
5:30-8:30PM**

**DROP-IN\*  
PICKLEBALL  
8:30-11:30AM**

**SENIOR  
HEALTH &  
FITNESS FAIR  
11:30-4:30PM**



**CLOSED FOR  
RENTAL 6-8PM**

**DROP-IN  
PING-PONG  
8:30-10:30AM**

**TOT GYM  
11-1:30PM**

**16 & UNDER  
OPEN GYM  
2-4:30PM**

**DROP-IN  
VOLLEYBALL  
6-8PM**

**DROP-IN\*  
PICKLEBALL  
8:30-11:30AM**

**ADULT DROP-IN\*  
BASKETBALL  
12-2PM**

**16 & UNDER  
OPEN GYM  
2-4:30PM**

**SKYHAWKS  
CLINICS  
9-10AM**

**FAMILY &  
BEGINNER  
PICKLEBALL  
1:30-4:30PM**

**FREE COMMUNITY PROGRAM**

**INSTRUCTOR PROGRAM**

**FEE BASED PROGRAM**



# THE TOM & MEG NAMES FAMILY FOUNDATION MULTI-PURPOSE ROOM



	MAY 25TH MON	MAY 26TH TUE	MAY 27TH WED	MAY 28TH THU	MAY 29TH FRI	MAY 30TH SAT	MAY 31ST SUN
8AM	<b>CLOSED FOR MEMORIAL DAY</b> ★ ★ ★ ★ ★ ★ ★ ★						
9AM			<b>GENTLE YOGA</b> 9-10AM	<b>YOGA FUSION</b> 9-10AM	<b>GENTLE YOGA</b> 9-10AM		
10AM			<b>TOT STORY TIME</b> 10:30-11:00AM				
11AM			<b>CHAIR YOGA</b> 10:30-11:30AM				
12PM							
1PM						<b>CLOSED FOR RENTAL</b> 12-3PM (A)	<b>CLOSED FOR RENTAL</b> 11-2PM
2PM							
3PM							
4PM			<b>DROP-IN PING-PONG</b> 3-7PM				
5PM						<b>CLOSED FOR RENTAL</b> 4-8PM	<b>CLOSED FOR RENTAL</b> 5-7PM
6PM				<b>CLOSED FOR RENTALS</b> 6:15-9PM (A) 6-9PM (B)			
7PM							
8PM							
9PM							

**FREE COMMUNITY PROGRAM**

**INSTRUCTOR PROGRAM**

**FEE BASED PROGRAM**

# THE NAMES FAMILY FOUNDATION FITNESS ROOM

	MAY 25TH MON	MAY 26TH TUE	MAY 27TH WED	MAY 28TH THU	MAY 29TH FRI	MAY 30TH SAT	MAY 31ST SUN
8AM							
9AM							
10AM			<b>COMMIT DANCE FITNESS 10-11AM</b>	<b>BALLET</b> <b>CREATIVE MOVEMENT 10-10:45AM</b>	<b>BARRE 10:30-11:30AM</b>		
11AM				<b>BEGINNING 10:45-11:30AM</b>			
12PM							
1PM	<b>CLOSED FOR MEMORIAL DAY</b>	<b>BEGINNING 12:30-1:15PM</b> <b>BALLET</b>					
2PM	★ ★ ★ ★ ★ ★ ★ ★						
3PM							
4PM			<b>BRIDGE 3:30-5:30PM</b>				
5PM							
6PM			<b>BARRE 6-7PM</b>				
7PM				<b>COMMIT DANCE FITNESS 6:30-7:30PM</b>			
8PM							
9PM							

**FREE COMMUNITY PROGRAM**

**INSTRUCTOR PROGRAM**

**FEE BASED PROGRAM**

# GATHERING SPACE

	MAY 25TH MON	MAY 26TH TUE	MAY 27TH WED	MAY 28TH THU	MAY 29TH FRI	MAY 30TH SAT	MAY 31ST SUN
8AM							
9AM			<b>SENIOR MORNINGS 9-11AM</b>		<b>SENIOR MORNINGS 9-11AM</b>		
10AM							
11AM							
12PM							
1PM	<b>CLOSED FOR MEMORIAL DAY</b>				<b>PINOCHLE 12-4PM</b>		
2PM	★ ★ ★ ★ ★ ★ ★ ★						
3PM							
4PM							
5PM							
6PM		<b>KNITTERS GROUP 5-8PM</b>					
7PM							
8PM							
9PM							

**FREE COMMUNITY PROGRAM**

**INSTRUCTOR PROGRAM**

**FEE BASED PROGRAM**

# YOUTH ROOM

	MAY 25TH MON	MAY 26TH TUE	MAY 27TH WED	MAY 28TH THU	MAY 29TH FRI	MAY 30TH SAT	MAY 31ST SUN
8AM	<p><b>CLOSED FOR MEMORIAL DAY</b></p> <p>★ ★ ★ ★ ★ ★ ★ ★</p>						
9AM							
10AM							
11AM							
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM			<p><b>WRK! VIDEO GAME CLUB 3-6PM</b></p>				
7PM							
8PM							
9PM							

**FREE COMMUNITY PROGRAM**

**INSTRUCTOR PROGRAM**

**FEE BASED PROGRAM**