

# THE NAMES FAMILY FOUNDATION GYMNASIUM

	JULY 6TH MON	JULY 7TH TUE	JULY 8TH WED	JULY 9TH THU	JULY 10TH FRI	JULY 11TH SAT	JULY 12TH SUN
8AM							
9AM	<b>DROP-IN*</b>	<b>DROP-IN</b>	<b>DROP-IN*</b>	<b>DROP-IN</b>	<b>DROP-IN*</b>		
10AM	<b>PICKLEBALL</b>	<b>PING-PONG</b>	<b>PICKLEBALL</b>	<b>PING-PONG</b>	<b>PICKLEBALL</b>		
11AM	<b>8:30-11:30AM</b>	<b>8:30-10:30AM</b>	<b>8:30-11:30AM</b>	<b>8:30-10:30AM</b>	<b>8:30-11:30AM</b>		
12PM	<b>ADULT DROP-IN*</b>	<b>TOT GYM</b>	<b>ADULT DROP-IN*</b>	<b>TOT GYM</b>	<b>ADULT DROP-IN*</b>		
1PM	<b>BASKETBALL</b>	<b>11-1:30PM</b>	<b>BASKETBALL</b>	<b>11-1:30PM</b>	<b>BASKETBALL</b>		
2PM	<b>12-2PM</b>		<b>12-2PM</b>		<b>12-2PM</b>		
3PM	<b>16 &amp; UNDER</b>	<b>16 &amp; UNDER</b>	<b>16 &amp; UNDER</b>	<b>16 &amp; UNDER</b>	<b>16 &amp; UNDER</b>	<b>CLOSED FOR</b>	
4PM	<b>OPEN GYM</b>	<b>OPEN GYM</b>	<b>OPEN GYM</b>	<b>OPEN GYM</b>	<b>OPEN GYM</b>	<b>RENTAL</b>	
5PM	<b>2-5PM</b>	<b>2-5PM</b>	<b>2-5PM</b>	<b>2-5PM</b>	<b>2-5PM</b>	<b>2-4PM</b>	
6PM		<b>DROP-IN*</b>					
7PM	<b>SQUATCH</b>	<b>PICKLEBALL</b>		<b>DROP-IN</b>			
8PM	<b>SPORTS CLINIC</b>	<b>5:30-8:30PM</b>		<b>VOLLEYBALL</b>			
9PM	<b>6-8PM</b>			<b>6-8:30PM</b>			

**FREE COMMUNITY PROGRAM**

**INSTRUCTOR PROGRAM**

**FEE BASED PROGRAM**



# THE TOM & MEG NAMES FAMILY FOUNDATION MULTI-PURPOSE ROOM



	JULY 6TH MON	JULY 7TH TUE	JULY 8TH WED	JULY 9TH THU	JULY 10TH FRI	JULY 11TH SAT	JULY 12TH SUN
8AM							
9AM	<b>GENTLE YOGA 9-10AM</b>		<b>GENTLE YOGA 9-10AM</b>	<b>YOGA FUSION 9-10AM</b>	<b>GENTLE YOGA 9-10AM</b>		
10AM							
11AM	<b>CHAIR YOGA 10:30-11:30AM</b>		<b>CHAIR YOGA 10:30-11:30AM</b>				
12PM							
1PM							
2PM							
3PM							
4PM							
5PM			<b>CLOSED FOR RENTAL 3-8PM</b>			<b>CLOSED FOR RENTAL 3-7PM</b>	
6PM							
7PM							
8PM				<b>CLOSED FOR RENTAL (B) 6-9PM</b>			
9PM							

**FREE COMMUNITY PROGRAM**

**INSTRUCTOR PROGRAM**

**FEE BASED PROGRAM**



# THE NAMES FAMILY FOUNDATION FITNESS ROOM



	JULY 6TH MON	JULY 7TH TUE	JULY 8TH WED	JULY 9TH THU	JULY 10TH FRI	JULY 11TH SAT	JULY 12TH SUN
8AM							
9AM							
10AM							
11AM					<b>BARRE 10:30-11:30AM</b>		
12PM							
1PM							
2PM							
3PM							
4PM			<b>BRIDGE 3:30-5:30PM</b>				
5PM							
6PM			<b>BARRE 6-7PM</b>				
7PM							
8PM							
9PM							

**FREE COMMUNITY PROGRAM**

**INSTRUCTOR PROGRAM**

**FEE BASED PROGRAM**

# GATHERING SPACE

	JULY 6TH MON	JULY 7TH TUE	JULY 8TH WED	JULY 9TH THU	JULY 10TH FRI	JULY 11TH SAT	JULY 12TH SUN
8AM							
9AM	<b>SENIOR MORNINGS 9-11AM</b>		<b>SENIOR MORNINGS 9-11AM</b>		<b>SENIOR MORNINGS 9-11AM</b>		
10AM							
11AM							
12PM					<b>PINOCHLE 12-4PM</b>		
1PM							
2PM							
3PM							
4PM							
5PM							
6PM	<b>CLOSED FOR RENTAL 6-9PM</b>	<b>KNITTERS GROUP 5-8PM</b>					
7PM							
8PM							
9PM							

**FREE COMMUNITY PROGRAM**

**INSTRUCTOR PROGRAM**

**FEE BASED PROGRAM**

# YOUTH ROOM

	JULY 6TH MON	JULY 7TH TUE	JULY 8TH WED	JULY 9TH THU	JULY 10TH FRI	JULY 11TH SAT	JULY 12TH SUN
8AM							
9AM							
10AM							
11AM							
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							

**FREE COMMUNITY PROGRAM**

**INSTRUCTOR PROGRAM**

**FEE BASED PROGRAM**