

	AUG 24TH MON	AUG 25TH TUE	AUG 26TH WED	AUG 27TH THU	AUG 28TH FRI	AUG 29TH SAT	AUG 30TH SUN
8AM							
9AM	DROP-IN* PICKLEBALL 8:30-11:30AM	DROP-IN PING-PONG 8:30-10:30AM	DROP-IN* PICKLEBALL 8:30-11:30AM	DROP-IN PING-PONG 8:30-10:30AM	DROP-IN* PICKLEBALL 8:30-11:30AM		
10AM							
11AM							
12PM	ADULT DROP-IN* BASKETBALL 12-2PM	TOT GYM 11-1:30PM	ADULT DROP-IN* BASKETBALL 12-2PM	TOT GYM 11-1:30PM	ADULT DROP-IN* BASKETBALL 12-2PM		
1PM						CLOSED FOR RENTAL 1-2PM	
2PM							
3PM	16 & UNDER OPEN GYM 2-4:45PM	16 & UNDER OPEN GYM 2-5PM	16 & UNDER OPEN GYM 2-5PM	16 & UNDER OPEN GYM 2-5PM	16 & UNDER OPEN GYM 2-5PM		FAMILY & BEGINNER PICKLEBALL 1:30-4:30PM
4PM							
5PM							
6PM	SQUATCH SPORTS CLINIC 5-8:30PM						
7PM							
8PM			ADULT BASKETBALL 3-ON-3 7-9PM	DROP-IN VOLLEYBALL 6-8:30PM			
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

THE TOM & MEG NAMES FAMILY FOUNDATION MULTI-PURPOSE ROOM

	AUG 24TH MON	AUG 25TH TUE	AUG 26TH WED	AUG 27TH THU	AUG 28TH FRI	AUG 29TH SAT	AUG 30TH SUN
8AM							
9AM	GENTLE YOGA 9-10AM		GENTLE YOGA 9-10AM	YOGA FUSION 9-10AM			
10AM							
11AM	CHAIR YOGA 10:30-11:30AM		CHAIR YOGA 10:30-11:30AM				
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM		CLOSED FOR RENTAL 6-9PM					
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM



THE NAMES FAMILY FOUNDATION FITNESS ROOM



	AUG 24TH MON	AUG 25TH TUE	AUG 26TH WED	AUG 27TH THU	AUG 28TH FRI	AUG 29TH SAT	AUG 30TH SUN
8AM							
9AM							
10AM							
11AM							
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							

BARRE
10:30-11:30AM

BRIDGE
3:30-5:30PM

BARRE
6-7PM

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

GATHERING SPACE

	AUG 24TH MON	AUG 25TH TUE	AUG 26TH WED	AUG 27TH THU	AUG 28TH FRI	AUG 29TH SAT	AUG 30TH SUN
8AM							
9AM	SENIOR MORNINGS 9-11AM		SENIOR MORNINGS 9-11AM		SENIOR MORNINGS 9-11AM		
10AM							
11AM							
12PM							
1PM					PINOCHLE 12-4PM		
2PM							
3PM							
4PM							
5PM							
6PM		KNITTERS GROUP 5-8PM					
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM



YOUTH ROOM



	AUG 24TH MON	AUG 25TH TUE	AUG 26TH WED	AUG 27TH THU	AUG 28TH FRI	AUG 29TH SAT	AUG 30TH SUN
8AM							
9AM							
10AM							
11AM							
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							