

	SEPT 21ST MON	SEPT 22ND TUE	SEPT 23RD WED	SEPT 24TH THU	SEPT 25TH FRI	SEPT 26TH SAT	SEPT 27TH SUN
8AM							
9AM	DROP-IN*	DROP-IN	DROP-IN*	DROP-IN	DROP-IN*		
10AM	PICKLEBALL	PING-PONG	PICKLEBALL	PING-PONG	PICKLEBALL		
11AM	8:30-11:30AM	8:30-10:30AM	8:30-11:30AM	8:30-10:30AM	8:30-11:30AM		
12PM	ADULT DROP-IN*	TOT GYM	ADULT DROP-IN*	TOT GYM	ADULT DROP-IN*		
1PM	BASKETBALL	11-1:30PM	BASKETBALL	11-1:30PM	BASKETBALL		
2PM	12-2PM		12-2PM		12-2PM		
3PM	16 & UNDER	16 & UNDER	16 & UNDER	16 & UNDER	16 & UNDER		FAMILY & BEGINNER
4PM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		PICKLEBALL
5PM	2-5PM	2-5PM	2-4:30PM	2-5PM	2-5PM		1:30-4:30PM
6PM		DROP-IN*	SQUATCH				
7PM		PICKLEBALL	SPORTS CLINIC	DROP-IN			
8PM		5:30-8:30PM	5-7PM	VOLLEYBALL			
9PM			ADULT DROP-IN*	6-8:30PM			
			BASKETBALL				
			7-9PM				

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

THE TOM & MEG NAMES FAMILY FOUNDATION MULTI-PURPOSE ROOM

	SEPT 21ST MON	SEPT 22ND TUE	SEPT 23RD WED	SEPT 24TH THU	SEPT 25TH FRI	SEPT 26TH SAT	SEPT 27TH SUN
8AM							
9AM	GENTLE YOGA 9-10AM		GENTLE YOGA 9-10AM	YOGA FUSION 9-10AM	GENTLE YOGA 9-10AM		
10AM							
11AM	CHAIR YOGA 10:30-11:30AM		CHAIR YOGA 10:30-11:30AM				
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

**CLOSED FOR
RENTALS
10-2PM (A)
11-3PM (B)**

**CLOSED FOR
RENTAL
1-7PM**

**CLOSED FOR
RENTAL
12-5PM**

**CLOSED FOR
RENTAL (B)
6-9PM**



THE NAMES FAMILY FOUNDATION FITNESS ROOM



	SEPT 21ST MON	SEPT 22ND TUE	SEPT 23RD WED	SEPT 24TH THU	SEPT 25TH FRI	SEPT 26TH SAT	SEPT 27TH SUN
8AM							
9AM							
10AM				BALLET			
11AM				10-10:45AM 10:45-11:30AM	BARRE 10:30-11:30AM		
12PM		BALLET 5-7 12:15-1PM					
1PM							
2PM							
3PM							
4PM			BRIDGE 3:30-5:30PM				
5PM							
6PM			BARRE 6-7PM				
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM

GATHERING SPACE

	SEPT 21ST MON	SEPT 22ND TUE	SEPT 23RD WED	SEPT 24TH THU	SEPT 25TH FRI	SEPT 26TH SAT	SEPT 27TH SUN
8AM							
9AM	SENIOR MORNINGS 9-11AM		SENIOR MORNINGS 9-11AM		SENIOR MORNINGS 9-11AM		
10AM							
11AM							
12PM							
1PM							
2PM					PINOCHLE 12-4PM		
3PM							
4PM							
5PM							
6PM		KNITTERS GROUP 5-8PM					
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM



YOUTH ROOM



	SEPT 21ST MON	SEPT 22ND TUE	SEPT 23RD WED	SEPT 24TH THU	SEPT 25TH FRI	SEPT 26TH SAT	SEPT 27TH SUN
8AM							
9AM							
10AM							
11AM							
12PM							
1PM							
2PM							
3PM							
4PM							
5PM							
6PM							
7PM							
8PM							
9PM							

FREE COMMUNITY PROGRAM

INSTRUCTOR PROGRAM

FEE BASED PROGRAM